

COVID-19 RESOURCES FOR STUDENTS



DIVISION OF STUDENT AFFAIRS





STUDENT AFFAIRS RESOURCES

All departments in the Division of Student Affairs are working remotely to serve students, except as noted below. A full list can be accessed here: **DSA PROGRAMS & SERVICES**
Our most requested and accessed departments and services are listed below. Please note that when contacting any of our departments you may be connected to voicemail.
Please leave a detailed message, and your call will be returned.

STUDENT AFFAIRS DIVISION OFFICE

www.csulb.edu/students
In Person: 10:00 AM – 3:00 PM
Phone: 8:00 AM – 5:00 PM
(562) 985-5587

BASIC NEEDS PROGRAM

www.csulb.edu/basicneeds
(562) 985-2038
supportingstudents@csulb.edu

BOB MURPHY ACCESS CENTER (BMAC)

www.csulb.edu/bmac
(562) 985-5401
bmac@csulb.edu

CALWORKS PROGRAM

wgec@csulb.edu
(562) 985-8576

COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

www.csulb.edu/caps
(562) 985-4001

DEAN OF STUDENTS OFFICE

www.csulb.edu/studentdean
(562) 985-8670
studentdean@csulb.edu

DREAM SUCCESS CENTER

www.csulb.edu/dream
(562) 985-5869
dream@csulb.edu

HOUSING & RESIDENTIAL LIFE

www.csulb.edu/housing
(562) 985-4187
housing@csulb.edu

STUDENT HEALTH SERVICES

www.csulb.edu/shs
Monday - Thursday: 10:00 AM - 2:00 PM
Friday: Remote working
(562) 985-4771
wellness@csulb.edu

TRIO STUDENT SUPPORT SERVICES (SSS) PROGRAM

www.csulb.edu/sssp
(562) 985-2185
sssp@csulb.edu

UNIVERSITY OUTREACH AND SCHOOL RELATIONS

www.csulb.edu/uosr
(562) 985-5358
outreach@csulb.edu





HEALTH & WELLNESS RESOURCES

CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

cdph.ca.gov/covid19

Daily COVID-19 updates

CALIFORNIA PEER-RUN WARM LINE

www.mentalhealthsf.org/peer-run-warmline/

Non-emergency resource for anyone in California seeking emotional support via phone and webchat

CENTERS FOR DISEASE CONTROL & PREVENTION (CDC)

www.cdc.gov

Information on identifying COVID-19 symptoms and how to protect yourself

CENTER FOR THE STUDY OF TRAUMATIC STRESS

[Click Here](#)

Fact sheets and other resources to support the health and well-being of communities impacted by COVID-19

DISASTER DISTRESS HELPLINE

www.samhsa.gov/find-help/disaster-distress-helpline

(800) 985-5990

Free, 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster

LA COUNTY DEPARTMENT OF MENTAL HEALTH

dmh.lacounty.gov/covid-19-information/

Materials to address mental health & wellbeing needs and concerns

LA COUNTY DEPARTMENT OF PUBLIC HEALTH

www.publichealth.lacounty.gov

Information on COVID-19 in LA County

LONG BEACH DEPARTMENT OF PUBLIC HEALTH

www.longbeach.gov/health

Information on COVID-19 in the city of Long Beach

MENTAL HEALTH AMERICA

mhanational.org/covid19

Mental health information and resources

NATIONAL ALLIANCE ON MENTAL ILLNESS

namila.org/

Updates, tips, and resources for coping with COVID-19

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

www.samhsa.gov/find-help/national-helpline

(800) 662-HELP (4357)

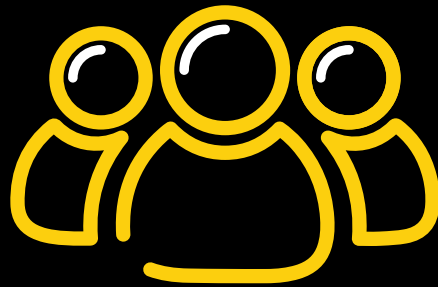
Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders

WORLD HEALTH ORGANIZATION

www.who.int/emergencies/diseases/novel-coronavirus-2019

Advice, guidance, and resources related to COVID-19





FOOD RESOURCES

FOOD FINDERS

www.foodfinders.org

(562) 283-1400

Food Finders is a 501 c3 food rescue organization connecting donated perishable food to hundreds of nonprofit pantries and shelters throughout Southern California

USDA NATIONAL HUNGER HOTLINE

www.fns.usda.gov

English: (866) 3-HUNGRY (6479)
Spanish: (877) 8-HAMBRE (6273)
Text: #97779

Resources for people of all ages

WIC (WOMEN, INFANTS, & CHILDREN)

m.wic.ca.gov

(888) 942-2229

WIC services are available to all eligible families affected by COVID-19

ICNA RELIEF USA

(714) 399-4571

ANAHEIM

HOLY REDEEMER LUTHERAN CHURCH

(562) 867-0714

BELLFLOWER

SALVATION ARMY BELLFLOWER

(562) 804-0808

BELLFLOWER

ST. BERNARD'S FOOD PANTRY/PARISH

(562) 867-2337

BELLFLOWER

LONG BEACH COMMUNITY TABLE

(562) 548-0774

BELLFLOWER

PROCLAIM INTERNATIONAL MINISTRIES

(310) 763-5003

COMPTON

CORONA SETTLEMENT HOUSE

(951) 737-3504

CORONA

SOMEONE CARES SOUP KITCHEN

(949) 548-8861

COSTA MESA

ST. JOACHIM-ST. VINCENT DE PAUL

(949) 574-7400

COSTA MESA



CALIFORNIA STATE UNIVERSITY LONG BEACH

**PATHWAYS OF HOPE
(MUST BE A STUDENT)**

(714) 680-3691
CYPRESS

**ST. IRENAEUS
H.O.P.E.**

(714) 826-0760
CYPRESS

**DESERT
REIGN**

(562) 861-6011
DOWNEY

**FOOD
HELP**

(562) 862-2438
DOWNEY

**PATHWAYS
OF HOPE**

(714) 680-3691
FULLERTON

**ST. ANDREW'S
CHURCH**

(714) 870-4350
FULLERTON

**WILSHIRE AVE
COMMUNITY CHURCH**

(714) 526-2265
FULLERTON

**CHRIST CATHEDRAL
COMMUNITY OUTREACH**

(714) 282-3097
GARDEN GROVE

**FIRST PRESBYTERIAN
CHURCH OF GG**

(714) 534-2269
GARDEN GROVE

**GARDEN GROVE FRIENDS
CHURCH**

(714) 539-7735
GARDEN GROVE

**LUTHERAN SOCIAL
SERVICES**

(714) 534-6450
GARDEN GROVE

**ST. COLUMBAN-ST. VINCENT
DE PAUL**

(714) 539-9133
GARDEN GROVE

**INTERNATIONAL
FAMILIES ASSOCIATION**

(818) 770-0779
GLENDALE

**SALVATION ARMY STILLMAN
SAWYER CENTER**

(310) 835-1986
HARBOR CITY

**HAWAIIAN GARDENS
FOOD BANK**

(562) 425-4001
HAWAIIAN GARDENS

**ALL SAINTS
ANGLICAN CHURCH**

(310) 644-0100
HAWTHORNE

**ATHERTON BAPTIST
CHURCH**

(323) 757-3133 x11
HAWTHORNE

**HOPE
CHAPEL**

(310) 374-4673 x145
HERMOSA BEACH

**BREATH
OF LIFE**

(310) 674-4061
INGLEWOOD

**FOOD PANTRY
LAX**

(310) 677-5597
INGLEWOOD

**SALVATION ARMY
INGLEWOOD**

(310) 677-3375
INGLEWOOD



CALIFORNIA STATE UNIVERSITY LONG BEACH

SOUTH COUNTY OUTREACH

(949) 380-8144
IRVINE

VISTA COMMUNITY CLINIC THE GARY CENTER

(562) 691-3263
LA HABRA

FOUNTAIN OF LIFE CHURCH

(562) 941-4610
LA MIRADA

BROKEN LOAF FOOD PANTRY @LAKEWOOD FIRST UNITED METHODIST

(562) 425-1219
LAKEWOOD

SSS GOOD SAMARITAN ASSOCIATION

(562) 467-8926
LAKEWOOD

ANTELOPE VALLEY PARTNERS FOR HEALTH

(661) 942-4719
LANCASTER

ST. MARGARET MARY ROMAN CATHOLIC CHURCH

(310) 326-3364
LOMITA

AIDS FOOD STORE OF LONG BEACH (MUST REGISTER)

(562) 676-4554
LONG BEACH

ARMS REACHING OUT TO THE COMMUNITY (MUST CALL)

(562) 528-9385
LONG BEACH

BEACON FOR HIM

(562) 537-6327
LONG BEACH

CATHOLIC CHARITIES

(213) 251- 3432
LONG BEACH

CHRIST SECOND BAPTIST CHURCH

(562) 599-3421
LONG BEACH

CHRISTIAN OUTREACH IN ACTION

(562) 432-1440
LONG BEACH

CROSSROADS CHURCH

(562) 428-4611
LONG BEACH

HARBOR BAPTIST CHURCH

(562) 427-8046
LONG BEACH

LONG BEACH RESCUE MISSION

(562) 591-1292
LONG BEACH

LUTHERAN SOCIAL SERVICES

(562) 599-1321
LONG BEACH

MARIAN OUTREACH CENTER @ ST. LUCY CHURCH

(562) 989-1954
LONG BEACH

NEW GENERATIONS

(562) 363-6457
LONG BEACH

NORTH LONG BEACH MINISTRY CENTER (MUST REGISTER)

(562) 422-5090
LONG BEACH

PARKCREST CHRISTIAN CHURCH

(562) 421-9374
LONG BEACH



CALIFORNIA STATE UNIVERSITY LONG BEACH

SALVATION ARMY CITADEL

(562) 426-7637
LONG BEACH

SKIDROW ADVOCACY GROUP

(562) 304-5002
LONG BEACH

ST. MARY MEDICAL CENTER CARE PROGRAM CENTER

(562) 624-4996
LONG BEACH

TEMPLE BAPTIST CHURCH

(562) 434-3217
LONG BEACH

URBAN COMMUNITY OUTREACH - DROP-IN CENTER

(562) 582-1000
LONG BEACH

WOMEN IN ACTION REACHING OUT

(562) 253-8078
LONG BEACH

WE CARE OF LOS ALAMITOS (MUST REGISTER)

(562) 598-9790
LOS ALAMITOS

CATHOLIC CHARITIES-EL SANTO NINO

(213) 318-5702
LOS ANGELES

CHRISTIAN FELLOWSHIP FOURSQUARE CHURCH

(323) 292-9091
LOS ANGELES

DOWNTOWN WOMEN'S CENTER

(213) 980-0600
LOS ANGELES

FAITH IN CHRIST MINISTRIES

(323) 291-9636
LOS ANGELES

FAITHFUL WALK MINISTRIES

(323) 531-2026
LOS ANGELES

FELLOWSHIP OF THE LIGHT

(323) 952-0844
LOS ANGELES

FRED JORDAN MISSION

(626) 915-1981
LOS ANGELES

HOLLYWOOD FOOD COALITION

(323) 462-2032
LOS ANGELES

LA DREAM CENTER

(213) 273-7000
LOS ANGELES

LOS ANGELES MISSION

(213) 629-1227
LOS ANGELES

LOS ANGELES REGIONAL FOOD BANK

(323) 234-3030
LOS ANGELES

MIDNIGHT MISSION

(213) 624-9258
LOS ANGELES

OUR LADY OF VICTORY CATHOLIC CHURCH

(323) 268-9502
LOS ANGELES

PATHWAYS TO HOME/VOLUNTEERS OF AMERICA OF LOS ANGELES

(213) 389-1500
LOS ANGELES



CALIFORNIA STATE UNIVERSITY LONG BEACH

PRAISE CHAPEL FLORENCE COMMUNITY CHURCH

(626) 483-5728
LOS ANGELES

PROYECTO PASTORAL AT DOLORES MISSION

(323) 881-0018
LOS ANGELES

ST. VINCENT DE PAUL CHURCH

(213) 749-8950
LOS ANGELES

UNION RESCUE MISSION

(213) 347-6300
LOS ANGELES

LYNWOOD UNITED METHODIST CHURCH

(310) 638-5163
LYNWOOD

HELP THE CHILDREN

(323) 980-9870
MONTEBELLO

SALVATION ARMY ONTARIO

(909) 986-6748
ONTARIO

MARY'S KITCHEN

(714) 633-0444
ORANGE

VENTURA COUNTY RESCUE MISSION

(805) 487-1234
OXNARD

SALVATION ARMY PASADENA

(626) 773-4400
PASADENA

SAN FRANCISCO SOLANO CHURCH FOOD BANK

(949) 589-7767
RANCHO SANTA MARGARITA

ST. LAWRENCE MARTYR CHURCH

(310) 540-0329
REDONDO BEACH

HELPING HANDS PANTRY

(909) 796-4222
SAN BERNARDINO

SALVATION ARMY SAN PEDRO

(310) 832-7228
SAN PEDRO

TOBERMAN NEIGHBORHOOD CENTER

(310) 832-1145 x10
SAN PEDRO

TRINITY LUTHERAN CHURCH

(310) 832-1189
SAN PEDRO

ANNIE MAE TRIPP SOUTHWEST COMMUNITY CENTER

(714) 547-4073
SANTA ANA

CITY NET

(562) 774-1902
SANTA ANA

SALVATION ARMY SANTA ANA

(714) 542-9576
SANTA ANA

CARE FOR THE CHILDREN (MUST REGISTER)

(888) 490-9751
SANTA FE SPRINGS

INTERFAITH FOOD CENTER (MUST REGISTER)

(562) 903-1478
SANTA FE SPRINGS



CALIFORNIA STATE UNIVERSITY **LONG BEACH**

**HOPE UNITED
LA**

(310) 393-5763
SANTA MONICA

**SALVATION ARMY
SIMI VALLEY**

(805) 527-1070
SIMI VALLEY

**NEW CHALLENGE
MINISTRIES, INC.**

(310) 320-4171
TORRANCE

**ST. PAUL'S
EPISCOPAL CHURCH**

(714) 544-3141
TUSTIN

**THE MEN WITH
VISION FOUNDATION**

(714) 476-0371
WESTMINSTER

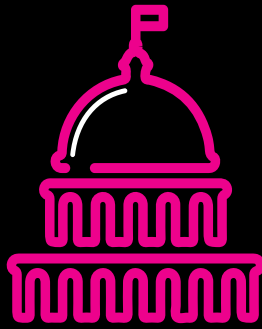
**BEACON LIGHT
MISSION**

(310) 830-7063
WILMINGTON

**ST. PETER AND PAUL'S
POVERTY PROGRAM**

(310) 952-0144
WILMINGTON





LOCAL, STATE, & NATIONAL RESOURCES

LOCAL

CITY OF LONG BEACH HOUSING AUTHORITY

[Click Here](#)

(562) 570-6985

The latest information on COVID-19
tenant protections for Long Beach

COUNTY OF RIVERSIDE DEPARTMENT OF PUBLIC SOCIAL SERVICES

dpss.co.riverside.ca.us/

LA COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES

dpss.lacounty.gov

LEGAL AID FOUNDATION OF LOS ANGELES

lafla.org/

(800) 399-4529

Free legal assistance, including tenant
protections and immigration support

LONG BEACH FORWARD

www.lbforward.org/covid19

(562) 436-4800

Provides a wide-range of resources
and information across internet access,
legal aid, and public health

OC LINKS INFORMATION AND REFERRAL LINE

[www.ochealthinfo.com/bhs/about/nit/
oclinks/](http://www.ochealthinfo.com/bhs/about/nit/oclinks/)

(855) 625-4657

Provides support for anyone seeking
information or linkage to any of the
Health Care Agency's Behavioral Health
Services (mental health, alcohol and drug
inpatient and outpatient, crisis programs,
and prevention and early intervention
services)

ORANGE COUNTY SOCIAL SERVICES AGENCY

ssa.ocgov.com/

STATE

CALIFORNIA CORONAVIRUS RESPONSE

covid19.ca.gov/

Information and resources on
numerous topics for various
communities in response to COVID-19

MEDI-CAL

[Click Here](#)

Public health insurance program which
provides needed health care services
for low-income individuals

STATE OF CALIFORNIA EMPLOYMENT DEVELOPMENT DEPARTMENT

[Click Here](#)

Unemployment and disability benefits,
information about available program
and services



NATIONAL

COMCAST

[Click Here](#)

Free internet services for 60 days

COX

[Click Here](#)

Limited-time, first two months free of Connect2Compete internet service, \$9.95/month thereafter

ENTERPRISE

[Click Here](#)

Enterprise wants to make it easier for students to get home to their families by reducing the age minimum and waiving young renter fees for rentals through May 31, 2020

SPECTRUM

[Click Here](#)

(844) 488-8395

Free internet services for 60 days, free hotspots, & waives installation fee for new students

U-HAUL

www.uhaul.com/Storage/

The free month applies to new customers with college IDs and is a limited-time offer subject to availability





UNDOCUMENTED & IMMIGRATION RESOURCES

BETANCOURT MACIAS FAMILY SCHOLARSHIP FOUNDATION

www.undocuscholars.com/

(360) 524-3664

Emergency funds available and links to national resources

CALIFORNIA IMMIGRANT YOUTH JUSTICE ALLIANCE

ciyja.org/covid19/

(213) 629-2512 x134

Resources and information for undocumented Californians

IMMIGRANTS RISING

[Click Here](#)

Immigrants Rising is committed to serving undocumented communities

INFORMED IMMIGRANT

www.informedimmigrant.com/guides/coronavirus/

Dedicated to increasing access to resources and knowledge for the undocumented community

MAYOR'S FUND ANGELENO CARD

[Click Here](#)

Financial assistance for households in the City of Los Angeles who meet additional criteria

ONE FAIR WAGE EMERGENCY FUND

ofwemergencyfund.org/help

Assistance for service workers

RESTAURANT WORKERS' COMMUNITY FOUNDATION

[Click Here](#)

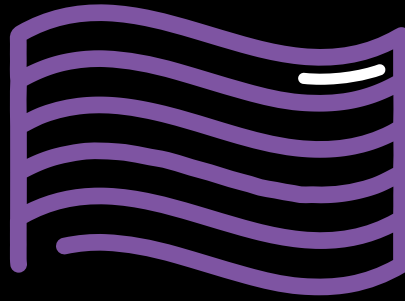
Assistance for those employed by restaurants or bars or employed by a restaurant or bar supplier

UNITED WE DREAM

[Click Here](#)

Healthcare access for undocumented immigrants in the time of COVID19





LGBTQIA+ RESOURCES

APLA HEALTH

aplahealth.org/

(213) 201-1600

Services focus on LGBTQ+ individuals
and low-cost medical care

HUMAN RIGHTS CAMPAIGN

www.hrc.org/campaigns/covid-19

Resources and information

LOS ANGELES LGBT CENTER (MULTIPLE LOCATIONS)

lgbtcenter.org/health-services

The Los Angeles LGBT Center is one
of the largest and most experienced
providers of LGBT health and
mental healthcare

NATIONAL CENTER FOR TRANSGENDER EQUALITY

transequality.org/covid19/resources

Information and resources for
healthcare, housing, mental health,
social support, financial assistance, and
workers rights

THE LGBTQ CENTER OF LONG BEACH

www.centerlb.org/

(562) 434-4455

Provides health, mental health, legal,
and educational services

LGBT NATIONAL HOTLINE

www.glbthotline.org/hotline

(888) 843-4564

A safe space that is anonymous and
confidential

TRANSLIFELINE

www.translifeline.org/

(877) 565-8860

Connects trans people to the
community, support, and resources

THE TREVOR PROJECT

www.thetrevorproject.org/get-help-now/

(866) 488-7386

Mental health, counseling, peer support,
and crisis services available 24/7

