**BS in Kinesiology - Option in Physical Education-Teacher Education**

**Major Requirements Worksheet**

**2019-2020 Catalog**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
</tr>
</thead>
</table>

**Complete ALL of the specified core courses:**

- **KIN 201: Introduction to Kinesiology (3)**
  - KIN and Pre-KIN majors

- **KIN 300: Biomechanics of Human Movement (3)**
  - a 'C' or better in BIOL 208
  - corequisite: KIN 201

- **KIN 301: Exercise Physiology (3)**
  - a 'C' or better in BIOL 207
  - corequisite: KIN 201

- **KIN 312: Motor Control & Learning (3)**
  - a 'C' or better in all of the following: BIOL 207, 208; PSY 100

- **KIN 332: Sociocultural Dimensions of Sport & Human Movement (3)**
  - GE foundations; junior standing; completion of GWAR; open to Pre-KIN majors; corequisite: KIN 201

**Complete ALL of the following lower division courses:**

- **BIOL 207: Human Physiology (4)**
  - GE foundations

- **BIOL 208: Human Anatomy (4)**
  - a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140 or DANC 261

- **PSY 100: General Psychology (3)**
  - GE composition ready

- **KIN 149A: Self Defense (1)**
  - open to Pre-KIN majors

- **KIN 237: Techniques & Analysis of Aquatic Skills (2)**
  - American Red Cross Community First Aid and CPR certifications; see catalog for full details

- **KIN 261: Techniques & Analysis of Fundamental Rhythms (2)**
  - none

- **KIN 270: Professional Practices in Public School Physical Education (3)**
  - GE A2 course
  - corequisite: Community CPR/First Aid/Safety or current certification; see catalog for full details

- **KIN 250: Techniques of Basketball (1)**
  - none

- **KIN 251: Techniques of Flag Football (1)**
  - none

- **KIN 253: Techniques of Soccer (1)**
  - none

- **KIN 255: Techniques of Softball (1)**
  - none

- **KIN 257: Techniques of Volleyball (1)**
  - none

- **KIN 264: Techniques of Golf (1)**
  - none

- **KIN 265: Techniques of Gymnastics (1)**
  - none

- **KIN 266: Techniques of Badminton (1)**
  - none

- **KIN 267: Techniques of Tennis (1)**
  - none

- **KIN 268: Techniques of Track & Field (1)**
  - none

**Complete ALL of the following upper division courses:**

- **KIN 315: Motor Development (3)**
  - BIOL 207; BIOL 208; PSY 100

- **KIN 320: Adapted Physical Education (3)**
  - BIOL 208

- **KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)**
  - KIN 270

- **KIN 370: Movement Theory & Practice of Elementary Physical Education (3)**
  - KIN 270

  - KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 300, 301, 312, 343, 370
  - recommended corequisite: EDSS 300P

- **KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)**
  - KIN 370; senior standing
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**Choose & complete ONE concentration**

- **Concentration in Adapted Physical Education:** Complete the following courses:

  - KIN 387: Physical Activities for the Disabled (3)
  - KIN 388: Program Planning & Instruction in Adapted Physical Education (3)
  - KIN 427: Physical & Motor Assessment (3)

  **Prerequisites:**
  - KIN 320
  - KIN 427
  - Recommended corequisite: KIN 489A

- **Concentration in K-12 Physical Education:** Complete the following courses:

  - KIN 457: Applied Theory of Teaching Team Sports (3)
  - KIN 461: Applied Theory of Teaching Individual & Dual Sports (3)
  - KIN 477: Measurement & Curriculum in Physical Education (3)

  **Prerequisites:**
  - KIN 250, 251, 253, 255, 257, 270; senior standing
  - KIN 237, 264, 265, 266, 267, 268, 270; senior standing
  - KIN 343, 370

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses

✓ All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

✓ Total units required for PETE option: 69