## BS in Kinesiology - Option in Physical Education-Teacher Education

### Major Requirements Worksheet

#### 2018-2019 Catalog

<table>
<thead>
<tr>
<th>Name: __________________________________________________________________________________</th>
<th>Student ID: ____________________________________</th>
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</thead>
</table>

### Grade Course Number & Title (units) | Need to Take | Prerequisites† |
| --- | --- | --- |

#### Complete ALL of the specified core courses:

- **KIN 201:** Introduction to Kinesiology (3)  
  - KIN and Pre-KIN majors only
- **KIN 300:** Biomechanics of Human Movement (3)  
  - A 'C' or better in BIOL 208; declared KIN majors only  
  - Corequisite: KIN 201
- **KIN 301:** Exercise Physiology (3)  
  - A 'C' or better in BIOL 207; declared KIN majors only  
  - Corequisite: KIN 201
- **KIN 312:** Motor Control & Learning (3)  
  - A 'C' or better in all of the following: BIOL 207, 208; PSY 100; declared KIN majors only  
  - Corequisite: KIN 201
- **KIN 332:** Sociocultural Dimensions of Sport & Human Movement (3)  
  - GE foundations; junior standing; completion of GWAR  
  - Corequisite: KIN 201

#### Complete ALL of the following lower division courses:

- **BIOL 207:** Human Physiology (4)  
  - GE foundations
- **BIOL 208:** Human Anatomy (4)  
  - A 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200
- **PSY 100:** General Psychology (3)  
  - GE composition ready
- **KIN 149A:** Self Defense (1)  
  - None
- **KIN 237:** Techniques & Analysis of Aquatic Skills (2)  
  - American Red Cross Community First Aid and CPR certifications; see catalog for full details
- **KIN 261:** Techniques & Analysis of Fundamental Rhythms (2)  
  - None
- **KIN 270:** Professional Practices in Public School Physical Education (3)  
  - GE A1 course  
  - Corequisite: Community CPR/First Aid/Safety or current certification; see catalog for full details
- **KIN 250:** Techniques of Basketball (1)  
  - None
- **KIN 251:** Techniques of Flag Football (1)  
  - None
- **KIN 253:** Techniques of Soccer (1)  
  - None
- **KIN 255:** Techniques of Softball (1)  
  - None
- **KIN 257:** Techniques of Volleyball (1)  
  - None
- **KIN 264:** Techniques of Golf (1)  
  - None
- **KIN 265:** Techniques of Gymnastics (1)  
  - None
- **KIN 266:** Techniques of Badminton (1)  
  - None
- **KIN 267:** Techniques of Tennis (1)  
  - None
- **KIN 268:** Techniques of Track & Field (1)  
  - None

#### Complete ALL of the following upper division courses:

- **KIN 315:** Motor Development (3)  
  - BIOL 207; BIOL 208; PSY 100
- **KIN 320:** Adapted Physical Education (3)  
  - BIOL 208
- **KIN 343:** Techniques & Analysis of Physical Fitness & Activity (2)  
  - KIN 270
- **KIN 370:** Movement Theory & Practice of Elementary Physical Education (3)  
  - KIN 270
- **KIN 380:** Principles, Organization & Management of Secondary School Physical Education (3)  
  - KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 300, 301, 312, 343, 370  
  - Recommended corequisite: EDSS 300P
- **KIN 460:** Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)  
  - KIN 370; senior standing
Choose & complete ONE concentration

**Concentration in Adapted Physical Education: Complete the following courses:**

<table>
<thead>
<tr>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 387: Physical Activities for the Disabled (3)</td>
<td></td>
<td>KIN 320, KIN 427 (corequisite)</td>
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<td></td>
<td></td>
<td>recommended corequisite: KIN 489A</td>
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<tr>
<td>KIN 388: Program Planning &amp; Instruction in Adapted Physical Education (3)</td>
<td></td>
<td>KIN 387 recommended corequisite: KIN 489A</td>
</tr>
<tr>
<td>KIN 427: Physical &amp; Motor Assessment (3)</td>
<td></td>
<td>KIN 315, 320; junior standing</td>
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**Concentration in K-12 Physical Education: Complete the following courses:**

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<th>Need to Take</th>
<th>Prerequisites†</th>
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<tr>
<td>KIN 457: Applied Theory of Teaching Team Sports (3)</td>
<td></td>
<td>KIN 250, 251, 253, 255, 257, 270; senior standing</td>
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<tr>
<td>KIN 461: Applied Theory of Teaching Individual &amp; Dual Sports (3)</td>
<td></td>
<td>KIN 237, 264, 265, 266, 267, 268, 270; senior standing</td>
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<tr>
<td>KIN 477: Measurement &amp; Curriculum in Physical Education (3)</td>
<td></td>
<td>KIN 343, 370</td>
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†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses

✓ Total units required for PETE option: 69