5 Key Practices When Supporting a Survivor of Sexual Misconduct

- **LISTEN** to your friend. Survivors, at times, need to talk about what happened. See if they want to speak to a Campus Confidential Advocate at Advocate@csulb.edu.
- **DON’T PUSH** your friend. Give them the freedom to decide when, where and how to talk about their trauma.
- **BELIEVE** your friend. Reinforce that survivors are never to blame, and avoid language that implies it.
- **BE PATIENT**, your friend will need your support to get through this. Be present and create a safe and nonjudgmental space.
- **ADVOCATE**, contact your Campus Confidential Advocate @ 562-985-2668 OR Advocate@csulb.edu if they are a survivor of sexual misconduct.

**Be a BEACH IX ALLY:**

**Practice Bystander Intervention**

- **DIRECT** Interrupt the situation and clearly express your concerns to the involved parties. Make sure they understand Affirmative Consent.
- **DISTRACT** Use distraction or make up an excuse to interrupt the situation.
- **DELEGATE** Enlist the help of others to help you interrupt a potentially dangerous situation.

There are several options, depending on the situation. If you see your friend engaging in at-risk behavior, involving sexual misconduct:

1. **Clear Communications**: If you feel safe to do so, share your concerns directly with your friend.
2. **Refer to an Expert**: If they are a survivor of sexual misconduct, refer them to the Campus Confidential Advocate at Advocate@csulb.edu or 562-985-2668.
3. **Notify Someone for Resources**: Let someone know.
   - Notify your Resident Advisor
   - Contact the Title IX Coordinator at OED@csulb.edu or call 562-985-8256.
4. **Safety**: If there are safety concerns, let University Police know by calling 562-985-4101. If an emergency dial 9-1-1.