

Isolation and Quarantine Requirements and Recommendations

PERSONS WITH COVID-19: ISOLATION

Everyone, regardless of vaccination status, previous infection, or lack of symptoms. Persons are considered to have COVID-19 if they have a positive viral test and/or their healthcare provider thinks they have COVID-19.

Stay home for at least 5 days. • Isolation can end after Day 5* ONLY if all of the following criteria are met: 1. A COVID-19 viral test** collected on Day 5 or later is negative 2. No fever for at least 24 hours without the use of fever reducing medicine 3. Other symptoms are not present or are improving --or-- • Isolation can end after Day 10 if both these criteria are met: 1. No fever for at least 24 hours without the use of fever reducing medicine 2. Other symptoms are not present or are improving Wear a well-fitting medical grade mask around others for a total of 10 days, especially in indoor settings. • Children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire. • See ph.lacounty.gov/masks for more information. Tell your close contacts that they have been exposed and need to follow instructions for close contacts at ph.lacounty.gov/covidquarantine.

PERSONS WHO WERE EXPOSED TO SOMEONE WITH COVID-19: QUARANTINE

People who are not up to date with their COVID-19 vaccination: • Unvaccinated/incompletely vaccinated; OR • Fully vaccinated and booster-eligible but have not yet received their booster dose.*

Stay home for at least 5 days, after your last contact with a person who has COVID-19. • Test on Day 5. In addition, consider testing immediately, especially if you or anyone who lives with you is at increased risk for severe illness. • Quarantine can end after Day 5 only if symptoms are not present, and a COVID-19 viral test collected on Day 5 or later is negative. • If a test is not done on Day 5 or later, and symptoms are not present, quarantine can end after Day 10. Monitor your health for 10 days. If symptoms develop, test, and stay home. If you test positive, follow isolation requirements at ph.lacounty.gov/covidisolation. Wear a well-fitting medical grade mask around others for 10 days after your last exposure, especially in indoor settings; children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire.

PERSONS WHO ARE EXPOSED TO SOMEONE WITH COVID-19: NO QUARANTINE

No symptoms AND Up to date on all COVID-19 vaccines (Boosted or Fully Vaccinated but not yet booster-eligible) OR Recovered from lab confirmed COVID-19 within the last 90 days

Required: Monitor your health for 10 days. If symptoms develop, stay home and test. If you test positive, follow isolation requirements on ph.lacounty.gov/covidisolation. Wear a well-fitting medical grade mask around others for 10 days, especially in indoor settings; children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire. Recommended: Consider testing immediately, especially if you or anyone who lives with you is at increased risk for severe illness, and if negative, again on day 5. (If you recently recovered from COVID-19 testing is not recommended unless you develop symptoms.) See full Quarantine and Other Instructions for Close Contacts at ph.lacounty.gov/covidquarantine

***AS OF JANUARY 2022**