All departments in the Division of Student Affairs are working remotely to serve students. A full list can be accessed here: CLICK HERE FOR LINK

Our most requested and accessed departments and services are listed below. Please note that when contacting any of our departments you may be connected to voicemail. Please leave a detailed message, and your call will be returned.

**STUDENT AFFAIRS DIVISION OFFICE**
www.csulb.edu/students
(562) 985-5587

**BASIC NEEDS**
www.csulb.edu/basicneeds
(562) 985-2038
supportingstudents@csulb.edu

**BOB MURPHY ACCESS CENTER (BMAC)**
www.csulb.edu/bmac
(562) 985-5401
bmac@csulb.edu

**CALWORKS PROGRAM**
wgec@csulb.edu
(562) 985-8576

**COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)**
www.csulb.edu/caps
(562) 985-4001

**DEAN OF STUDENTS OFFICE**
www.csulb.edu/studentdean
(562) 985-8670
studentdean@csulb.edu

**DREAM SUCCESS CENTER**
www.csulb.edu/dream
(562) 985-5869
dream@csulb.edu

**HOUSING & RESIDENTIAL LIFE**
www.csulb.edu/housing
(562) 985-4187
housing@csulb.edu

**STUDENT HEALTH SERVICES**
www.csulb.edu/shs
(562) 985-4771
wellness@csulb.edu

**TRIO STUDENT SUPPORT SERVICES (SSS) PROGRAM**
www.csulb.edu/sssp
(562) 985-2185
sssp@csulb.edu

**UNIVERSITY OUTREACH AND SCHOOL RELATIONS**
www.csulb.edu/uosr
(562) 985-5358
outreach@csulb.edu
HEALTH & WELLNESS RESOURCES

CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

cdph.ca.gov/covid19
Daily COVID-19 updates

CALIFORNIA PEER-RUN WARM LINE

www.mentalhealthsf.org/peer-run-warmline/
Non-emergency resource for anyone in California seeking emotional support via phone and webchat

CENTER FOR THE STUDY OF TRAUMATIC STRESS

Click Here
Fact sheets and other resources to support the health and well-being of communities impacted by COVID-19

COVERED CALIFORNIA/ MEDI-CAL

www.coveredca.com
Offers information to receive Medi-Cal and search for other health care options

CENTERS FOR DISEASE CONTROL & PREVENTION (CDC)

www.cdc.gov
Information on identifying COVID-19 symptoms and how to protect yourself

DISASTER DISTRESS HELPLINE

www.samhsa.gov/find-help/disaster-distress-helpline
(800) 985-5990
Free, 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster

LA COUNTY DEPARTMENT OF MENTAL HEALTH

dmh.lacounty.gov/covid-19-information/
Materials to address mental health & wellbeing needs and concerns

LA COUNTY DEPARTMENT OF PUBLIC HEALTH

www.publichealth.lacounty.gov
Information on COVID-19 in LA County

LONG BEACH DEPARTMENT OF PUBLIC HEALTH

www.longbeach.gov/health
Information on COVID-19 in the city of Long Beach

MENTAL HEALTH AMERICA

mhanational.org/covid19
Mental health information and resources

NATIONAL ALLIANCE ON MENTAL ILLNESS

namila.org/
Updates, tips, and resources for coping with COVID-19

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

www.samhsa.gov/find-help/national-helpline
(800) 662-HELP (4357)
Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders

WORLD HEALTH ORGANIZATION

www.who.int/emergencies/diseases/novel-coronavirus-2019
Advice, guidance, and resources related to COVID-19
FOOD RESOURCES

DREAM CENTER
www.dreamcenter.org/relief
(562) 283-1400
Mobile food banks located in Los Angeles

FOOD FINDERS
www.foodfinders.org
(562) 283-1400
Food Finders is a 501 c3 food rescue organization connecting donated perishable food to hundreds of nonprofit pantries and shelters throughout Southern California

LAUSD GRAB n GO FOOD CENTERS
https://achieve.lausd.net/Page/16904
Includes LAUSD students & their parents - adults do not need a bar code

USDA NATIONAL HUNGER HOTLINE
www.fns.usda.gov
English: (866) 3-HUNGRY (6479)
Spanish: (877) 8-HAMBRE (6273)
Text: #97779
Resources for people of all ages

WIC (WOMEN, INFANTS, & CHILDREN)
m.wic.ca.gov
(888) 942-2229
WIC services are available to all eligible families affected by COVID-19

HOLY REDEEMER LUTHERAN CHURCH
(562) 867-0714
BELLFLOWER

SALVATION ARMY
BELLFLOWER
(562) 804-0808
BELLFLOWER

ST. BERNARD’S FOOD PANTRY/PARISH
(562) 867-2337
BELLFLOWER

LONG BEACH COMMUNITY TABLE
(562) 548-0774
BELLFLOWER

CORONA SETTLEMENT HOUSE
(951) 737-3504
CORONA

ST. IRENAEUS H.O.P.E.
(714) 826-0760
CYPRESS
<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
<th>Location</th>
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<tbody>
<tr>
<td>DESERT REIGN</td>
<td>(562) 861-6011</td>
<td>DOWNEY</td>
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<tr>
<td>FOOD HELP</td>
<td>(562) 862-2438</td>
<td>DOWNEY</td>
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<td>PATHWAYS OF HOPE</td>
<td>(714) 680-3691</td>
<td>FULLERTON</td>
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<tr>
<td>ST. ANDREW’S CHURCH</td>
<td>(714) 870-4350</td>
<td>FULLERTON</td>
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<tr>
<td>WILSHIRE AVE COMMUNITY CHURCH</td>
<td>(714) 526-2265</td>
<td>FULLERTON</td>
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<td>CHRIST CATHEDRAL COMMUNITY OUTREACH</td>
<td>(714) 282-3097</td>
<td>GARDEN GROVE</td>
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<tr>
<td>FIRST PRESBYTERIAN CHURCH OF GG</td>
<td>(714) 534-2269</td>
<td>GARDEN GROVE</td>
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<tr>
<td>GARDEN GROVE FRIENDS CHURCH</td>
<td>(714) 539-7735</td>
<td>GARDEN GROVE</td>
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<tr>
<td>LUTHERAN SOCIAL SERVICES</td>
<td>(714) 534-6450</td>
<td>GARDEN GROVE</td>
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<tr>
<td>ST. COLUMBAN-ST. VINCENT DE PAUL</td>
<td>(714) 539-9133</td>
<td>GARDEN GROVE</td>
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<tr>
<td>INTERNATIONAL FAMILIES ASSOCIATION</td>
<td>(818) 770-0779</td>
<td>GLENDALE</td>
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<tr>
<td>SALVATION ARMY STILLMAN Sawyer Center</td>
<td>(310) 835-1986</td>
<td>HARBOR CITY</td>
</tr>
<tr>
<td>HAWAIIAN GARDENS FOOD BANK</td>
<td>(562) 425-4001</td>
<td>HAWAIIAN GARDENS</td>
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<tr>
<td>FOOD PANTRY LAX</td>
<td>(310) 677-5597</td>
<td>INGLEWOOD</td>
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<tr>
<td>SOUTH COUNTY OUTREACH</td>
<td>(949) 380-8144</td>
<td>IRVINE</td>
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<tr>
<td>BROKEN LOAF FOOD PANTRY @ LAKEWOOD FIRST UNITED METHODIST</td>
<td>(562) 425-1219</td>
<td>LAKESCHOOL</td>
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<td>ANTELOPE VALLEY PARTNERS FOR HEALTH</td>
<td>(661) 942-4719</td>
<td>LANCASTER</td>
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<tr>
<td>AIDS FOOD STORE OF LONG BEACH (MUST REGISTER)</td>
<td>(562) 676-4554</td>
<td>LONG BEACH</td>
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<tr>
<td>ARMS REACHING OUT TO THE COMMUNITY (MUST CALL)</td>
<td>(562) 528-9385</td>
<td>LONG BEACH</td>
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<tr>
<td>ST. MARGARET MARY ROMAN CATHOLIC CHURCH</td>
<td>(310) 326-3364</td>
<td>LOMITA</td>
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<tr>
<td>BEACON FOR HIM</td>
<td>(562) 537-6327</td>
<td>LONG BEACH</td>
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<tr>
<td>Organization</td>
<td>Phone Number</td>
<td>Location</td>
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<tr>
<td>Helping Hands Pantry</td>
<td>(909) 796-4222</td>
<td>San Bernardino</td>
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<tr>
<td>Salvation Army San Pedro</td>
<td>(310) 832-7228</td>
<td>San Pedro</td>
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<tr>
<td>Annie Mae Tripp Southwest</td>
<td>(714) 547-4073</td>
<td>Santa Ana</td>
</tr>
<tr>
<td>Salvation Army Simi Valley</td>
<td>(805) 527-1070</td>
<td>Simi Valley</td>
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<tr>
<td>Toberman Neighborhood Center</td>
<td>(310) 832-1145 x10</td>
<td>San Pedro</td>
</tr>
<tr>
<td>St. Peter and Paul’s Poverty Program</td>
<td>(310) 952-0144</td>
<td>Wilmington</td>
</tr>
<tr>
<td>Beacon Light Mission</td>
<td>(310) 830-7063</td>
<td>Wilmington</td>
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</tbody>
</table>
LOCAL & STATE RESOURCES

LOCAL

COUNTY OF RIVERSIDE DEPARTMENT OF PUBLIC SOCIAL SERVICES
dpss.co.riverside.ca.us/

LA COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES
dpss.lacounty.gov

LEGAL AID FOUNDATION OF LOS ANGELES
lafia.org/
(800) 399-4529
Free legal assistance, including tenant protections and immigration support

OC LINKS INFORMATION AND REFERRAL LINE
www.ochealthinfo.com/bhs/about/nit/oclins/
(855) 625-4657
Provides support for anyone seeking information or linkage to any of the Health Care Agency’s Behavioral Health Services (mental health, alcohol and drug inpatient and outpatient, crisis programs, and prevention and early intervention services)

ORANGE COUNTY SOCIAL SERVICES AGENCY
ssa.ocgov.com/

STATE

2-1-1 CA
www.211ca.org/
2-1-1 is a free information and referral service that makes it easy to find food, housing, job training, after-school programs and much more.

CALIFORNIA CORONAVIRUS RESPONSE
covid19.ca.gov/
Information and resources on numerous topics for various communities in response to COVID-19

MEDI-CAL
Click Here
Public health insurance program which provides needed health care services for low-income individuals

STATE OF CALIFORNIA EMPLOYMENT DEVELOPMENT DEPARTMENT
Click Here
Unemployment and disability benefits, information about available program and services
Undocumented & Immigration Resources

Immigrants Rising
Click Here

Immigrants Rising is committed to serving undocumented communities.

Informed Immigrant
www.informedimmigrant.com/guides/coronavirus/

Dedicated to increasing access to resources and knowledge for the undocumented community.

One Fair Wage Emergency Fund
ofwemergencyfund.org/help

Assistance for service workers.

Vietrise
www.vietrise.org/immigrantrelieffund/

Immigrant Community Relief Fund will provide cash assistance of $800 per individual for undocumented and impacted Vietnamese immigrants in Orange County who are experiencing financial hardship due to the COVID-19 pandemic.
<table>
<thead>
<tr>
<th><strong>APLA HEALTH</strong></th>
<th><strong>LOS ANGELES LGBT CENTER (MULTIPLE LOCATIONS)</strong></th>
<th><strong>THE LGBTQ CENTER OF LONG BEACH</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>aplahealth.org/</td>
<td>lalgbtcenter.org/health-services</td>
<td><a href="http://www.centerlb.org/">www.centerlb.org/</a></td>
</tr>
<tr>
<td>(213) 201-1600</td>
<td></td>
<td>(562) 434-4455</td>
</tr>
<tr>
<td><strong>Services focus on LGBTQ+ individuals and low-cost medical care</strong></td>
<td><strong>The Los Angeles LGBT Center is one of the largest and most experienced providers of LGBTQ health and mental healthcare</strong></td>
<td><strong>Provides health, mental health, legal, and educational services</strong></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>LGBT NATIONAL HOTLINE</strong></th>
<th><strong>POINT OF PRIDE EMERGENCY FUND</strong></th>
<th><strong>TRANSLIFELINE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(888) 843-4564</td>
<td></td>
<td>(877) 565-8860</td>
</tr>
<tr>
<td><strong>A safe space that is anonymous and confidential</strong></td>
<td><strong>Point of Pride has established the COVID-19 Emergency Fund to offset the unexpected costs and hardships that have impacted our trans community in response to the COVID-19 crisis.</strong></td>
<td><strong>Connects trans people to the community, support, and resources</strong></td>
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<tr>
<th><strong>THE TREvor PROJECT</strong></th>
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<tr>
<td><a href="http://www.thetrevorproject.org/get-help-now/">www.thetrevorproject.org/get-help-now/</a></td>
</tr>
<tr>
<td>(866) 488-7386</td>
</tr>
<tr>
<td><strong>Mental health, counseling, peer support, and crisis services available 24/7</strong></td>
</tr>
</tbody>
</table>
POMONA CHILD CARE INFORMATION SERVICE
CLICK HERE
ONTARIO | WEST COVINA

RIVERSIDE COUNTY
CLICK HERE

VENTURA COUNTY
www.cdrv.org/

Y CAMP ACADEMY
LBymca.org
(562) 423-0491
LONG BEACH

RESOURCES FOR ESSENTIAL WORKERS

CHILDCARE RESOURCE CENTER
CLICK HERE
(866) 67-4KIDS
N. LOS ANGELES | SAN BERNARDINO

CHILDREN'S HOME SOCIETY
CLICK HERE
LONG BEACH | ORANGE COUNTY

CRYSTAL STAIRS
www.crystalstairs.org
(888) KIDS-247
SUTTER/YUBA | YOLO

CSULB'S PREGNANT & PARENTING STUDENT
CLICK HERE
(949) 490.9192

WEECARE
CLICK HERE
(323) 421-7479

WORK LB
www.CALFLEXI.com
(562) 294-4500
LONG BEACH

YMCA
www.ymcaoc.org
LONG BEACH | ORANGE COUNTY

CSULB'S PREGNANT & PARENTING STUDENT
CLICK HERE
(949) 490.9192

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