



# Winter 2021 January 4 - February 27

## Lecture/Activity Classes

MONDAYS, Jan. 4 - Feb. 22	
8:30-9:50	Stand Tall, Stand Strong
8:30-10:00	What's New in iOS 14 3 wks
10:00-11:30	You've Been Pop-Cultured
10:00-12:00	Harmonica - All levels
10:00-11:30	Secrets of the Bible 6 wks
11:00-12:30	Social Realism/Hispanic Art 6 wks
1:00-3:00	Skills for Paper Crafting Pt 2
1:00-2:30	We're Talking Food
1:30-3:00	Samsung Smartphone Basics
2:00-4:00	Folk Guitar 1

TUESDAYS, Jan. 5 - Feb. 23	
8:30-10:00	Beginning iPhone
9:30-11:30	Bridge 1 LBBC
10:00-11:30	Anti-Semitism 4 wks Feb
12:00-2:00	Watercolor Painting
12:00-1:30	Spanish Story Time
1:30-3:00	Intro to iPad
2:00-3:30	Queens & Empresses of Asia
2:00-3:30	Reiki II: Adv. Self Healing 5 wks
3:30-5:00	Writing Creative Non-Fiction
3:30-5:00	Smart Home Basics 3 wks
3:30-5:00	Digital Privacy /Security 5 wks

WEDNESDAYS, Jan. 6 - Feb. 24	
8:30-9:50	Stand Tall, Stand Strong (2)
10:00-11:30	Healthy Not High 6 wks
10:00-11:30	Foundations of Investing
10:15-11:45	Geopolitics: Part 3
12:00-2:00	Artists Meet-up
12:30-2:00	Organic/Sustainable Gardening
1:00-2:45	6 Stories, 6 Weeks
1:00-2:30	Vocabulary from Greek Roots
2:00-3:30	Folk Guitar II: Beyond...
2:00-3:30	Estate Planning 101
2:00-3:30	File Mgmt for Win 10 4 wks
2:30-4:00	First Ladies Revealed 4 wks
3:00-4:30	Adv. Directives Workshop 3 wks



**Registration Starts  
 Friday, December 4**

**ONLINE and in office  
 9:00 am  
 See info on reverse**

## Learn More ~ Age Less

### Class Locations

- CSULB Campus (C) - Lower Campus HS&D Building, #101,119 DESN 111,113 Computer Lab 100
- LifeFit Center (FC) KIN Building, Rooms 107 and 140 B
- Long Beach Bridge Center (BB)
- Alpert Jewish Community Center (JCC) OLLI @ Third Avenue (PA) 10410
- OLLI @ Park Pacific Power (PA) 10
- American Gold Star Manor (AGSM)
- Long Beach Lawnbowling Club (LBLC)

THURSDAYS, Jan. 7 - Feb. 25	
9:30-11:00	Memoir Writing: Novel Approach
10:00-11:30	Shoot & Edit Smartphone Video
10:30-11:45	Yoga: Not Your Daughters
12:00-2:00	Guided Autobiography
12:00-1:30	Current Events and Issues
1:00-2:30	Talk to Me
1:30-3:00	Apps and Social Media
1:30-3:00	Accordion +Music+Culture
3:00-4:30	Financial Rules of the Road
3:00-5:00	Card Engineering!

## Technology Classes

MONDAYS, Jan. 4 - Feb. 22		
8:30-10:00	What's New in iOS 14 3 wks	iOS
1:30-3:00	Samsung Smartphones	And

TUESDAYS, Jan. 5 - Feb. 23		
8:30-10:00	Beginning iPhone	iOS
1:30-3:00	Intro to the iPad	iOS
3:30-5:00	Smart Home Basics 3 wks	All
3:30-5:00	Digital Security/Privacy ...	All

WEDNESDAYS, Jan. 6 - Feb. 24		
12:00-1:30	Win 10 File Mgmt 4 wks	PC

THURSDAYS, Jan. 7 - Feb. 25		
10:00-11:30	Shoot & Edit Videos	All
1:30-3:00	Apps and Social Media	All

\*\*Try using a Computer and a Device at the same time for Tech classes on Zoom. Hear class instructions via Zoom and be able to practice on your other device.

FRIDAYS, Jan. 8 - Feb. 26	
9:00-10:30	Forgiveness
10:30-12:30	Jewelry Making A to Z
11:00-12:30	The Present Shapes the Past
12:30-1:45	Yoga on a Chair
12:30-1:20	Bluegrass Guitar 2
1:30-2:20	Bluegrass Guitar 1
2:30-3:30	Bluegrass Jam Session
1:00-3:00	Short Story Discussion Group
1:30-3:30	Pandemic Poetry
2:00-3:30	More American Classic Films

SATURDAYS, Jan. 9 - Feb. 27	
10:00-11:30	Timeless Fashion 3 wks
10:00-11:30	Connect with Your Grandchild



# The Osher Lifelong Learning Institute

OLLI @ the Beach is located in the HS&D building on the California State University, Long Beach campus.



**Winter Registration starts  
Friday, December 4  
ONLINE AT 9 AM**

**OLLI support line: 562 985 2398**

**Online Registration can be easy!!**

Use a credit card and email address to pay and register for classes from home. Find the directions in *The SUN* to update or start your ONLINE account. Go to the OLLI website [WWW.CSULB.EDU/OLLI](http://WWW.CSULB.EDU/OLLI) for the link to register.

Not ONLINE? Mail a Registration form with check payable to CSULB Foundation to the OLLI office:  
OLLI @ CSULB (HSD 100)  
1250 Bellflower Blvd. LB 90840 - 5609

In compliance with the CSULB campus COVID policies, the OLLI office and classroom are closed. Leave a message at the office number or call the OLLI support line.

**ALL classes will be held using the Zoom conferencing software online.**

A link to the Zoom class will be emailed to you upon registration. The annual membership fee of \$40 is due (if you have not paid in Fall) and must be paid before you can register for any classes.

## Join the LifeFit Center @CSULB

- Open to all 50+ seeking healthy activity
- Gym is located in Kinesiology Building
- Contact [Ayla.Donlin@csulb.edu](mailto:Ayla.Donlin@csulb.edu) for info

For information or to be mailed a *SUN* please call 562-985-8237 or  
Email: [olli@csulb.edu](mailto:olli@csulb.edu)  
[www.csulb.edu/olli](http://www.csulb.edu/olli)

## WINTER SPECIAL EVENTS - FREE

Every Wed. <b>January 6 - February 24</b> 12:00-1:00	<b>SS and Medicare Workshops</b> by Steve Carr See listing in <i>The SUN</i> for topics
Tuesday, Jan 19 10:30-11:30	<b>Virtual Museum Tour- MOLAA</b> Learn about the Museum of Latin American Art exhibits
Wed. Feb. 17 1:00-3:00	<b>A Virtual Opera Travelogue</b> presented by Larry Verdugo, LA Opera Educator
Sat. Feb. 6 1:00-3:00	<b>German Liquid Bread...bier!</b> presented by Anette Isaacs
Tuesday, Feb 16 12:30-2:00	<b>Only Hope: A Survivor's Stories of the Holocaust</b> by author Irv Lubliner

**FREE EVENTS** are a good way to spread the word about OLLI. No need to Register. Invite a friend!

Read the descriptions of these events in *The SUN*

The Zoom links for each of these events will be sent by email at the beginning of January.

