**Pre-Requisite Checklist for Exercise Science and Exercise Physiology and Nutrition Applicants**

**\*Please complete only the relevant section for your option area and include syllabi when possible. Combine syllabi with this form as one document and upload to Cal State Apply where instructed.**

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| **EXERCISE SCIENCE OPTION** |
| Course  | Course Title | Course | Course Title |
| CHEM 111A | General Chemistry-5 units including lab |  |  |
| BIO 207 | Human Physiology- 4 units including lab |  |  |
| BIO 208 | Human Anatomy- 4 units including lab |  |  |
| KIN 300 | Biomechanics of Human Movement- 3 units including lab |  |  |
| KIN 301 | Exercise Physiology-3 units including laboratory |  |  |
| KIN 312 | Motor Control and Learning-3 units including laboratory |  |  |
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| **EXERCISE PHYSIOLOGY AND NUTRITION OPTION** |
|  | Approved Statistics Course – 3 units |  |  |
| NUTR 132 | Introductory Nutrition – 3 units |  |  |
| CHEM 111A | General Chemistry – 3 units |  |  |
| CHEM 227 | Fundamentals of Organic Chemistry OR Organic Chemistry/Biochemistry equivalent – 3 units |  |  |
| KIN 301 | Exercise Physiology – 3 units |  |  |