

Supervisory RD Highlight

Giovanne Dimas, RD

Current Position:

Director-Food
Services@ Providence
Little Company of Mary
San Pedro

Education:

B.S Dietetics & Food
Administration from
CSULB

Specialty:

Food Service Management

Career History:

Clinical Dietitian for 2
years at rehab only facility
focusing on adolescent
paraplegic and quadriplegic
population.
Food Service management
for the last 10 years. Have
worked in all 3 major
pediatric hospitals in SoCal
and 4 Adult acute care
facilities



In your eyes, what is your biggest accomplishment?

Automation of the diet
office @LBMMC as a
project manager.
Required lots of
coordination within the
kitchen and
Information systems

What is your best advice for an aspiring dietitian?

Don't underestimate
your interpersonal
skills.

Awards:

Account of the Year 2009
for Sodexo at Children's
Hospital Los Angeles

Organization

Involvement:

Academy of Nutrition &
Dietetics

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Stephanie Lew, MS, RDN

Current Position:

Patient Services Manager at Long Beach Memorial Medical Center, Miller Children and Women's Hospital & Community Medical Center in LB



Research:

None at the moment, but this is definitely a goal for her to be involved with more research.

Education:

BS, MS and Dietetic Internship at Cal State Univ., Los Angeles

Organization

Involvement:

AND & ASPEN member.

Specialty:

She has a Certificate of Training in Weight Management and is actively pursuing her Clinical Nutrition Support Clinician credential.

An Interview with Stephanie Lew

In your eyes, what is your biggest accomplishment?

At this point in her career she feels that all of her accomplishments are intangible. She has fostered a positive work environment that is dedicated to building future Dietitians. She has trained only a handful of dietitians but she really enjoys seeing the their journey and knowing that she was involved with helping them accomplish their goals.

What is your best advice for an aspiring dietitian?

Stay open-minded, remain grounded and have fun!

Career History:

Her first job as a RD was as a Clinical Dietitian at Lakewood Regional Medical Center. She then went to Beverly Hospital in Montebello to gain more experience with updating clinical practices and participating in community programs.

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Kelly Melanson, B.S, RD



Current Position:

Registered Dietitian at Center for Discovery (CFD) in Lakewood, CA and Downey, CA

Education:

B.S in Dietetics and Minor in Biology at California State University Sacramento

Specialty:

Eating Disorders and Mental Health

Research:

During undergrad, I was fortunate to intern and work at the USDA Western Human Nutrition Research Center in Davis, CA where I worked with the Principal Dietitian on various human feeding studies.

Career History:

Directly following my internship, I was hired as an on-call Dietitian at Center for Discovery in Sacramento, CA. I then accepted a full-time RD position at CFD's Eating Disorder Residential program in Lakewood, and the Mental Health Residential program in Downey, CA.

Awards:

Employee of the Month at Center for Discovery Lakewood

Organization

Involvement:

Academy of Nutrition and Dietetics (AND)

An Interview with Kelly:

In your eyes, what is your biggest accomplishment?

Becoming a Registered Dietitian and working with clients struggling with eating disorders. Working in the mental health field can be very challenging both physically and emotionally, but also tremendously rewarding.

What is your best advice for an aspiring dietitian?

Make sure you are passionate about what you do and never be afraid to try something new. Also, have confidence in your ability and continuously seek out additional opportunities to learn both personally and professionally.

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Nikki Robles, RDN

Current Position:

Clinical Nutrition Manager at Providence Little Company of Mary, Torrance and San Pedro Locations

-Includes: Transitional Care Center, Subacute Center, and the Radiation Oncology Center

Education:

BS Dietetics from Cal State LA, 1978

CUDP Cal State LA (Internship) 1978

Specialty:

Clinical Nutrition Management

Research:

None

Publications:

None

Awards:

- *National Management Association Leadership Excellence Award*
- *Providence Mission Spirit Award*



Career History:

39 years at Providence Little Company of Mary

- *Began as Assistant Food Service Director*
- *Then... Staff Dietitian, Clinical Nutrition Manager, System Clinical Nutrition Manager for several hospitals, Food Service Director and currently Clinical Nutrition Manager Providence LCM*

Organization Involvement:

- *AND*
- *CAND*
- *LAD*
- *AND Clinical Nutrition Management Practice Group*
- *California Representative for Nutrition Clinical Design Team for the 50 Providence St. Joseph Health Hospitals.*
- *Member of the CSULB Dietetic Internship Selection Committee over the last 18 years*

An Interview with Nikki...

In your eyes, what is your biggest accomplishment?

- *Implementation of a Nutrition Screening Process*
- *Implementation of a Malnutrition Identification and Documentation Process*
- *Built and implemented an Automated Diet Office System (Cbord)*
- *Planned and implemented Room Service*

What is your best advice for an aspiring dietitian?

- *Keep your options open*
- *Be willing to try new things*
- *Always follow evidence based medicine*

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DEBBIE “DIET” TINDLE, RD



Current Position:

CNM III,
OC Systems Manager

Education:

BS – Dietetics & Food
Administration

Specialty:

Bariatrics,
Clinical Management

Research:

*The Elimination of the Full
Liquid Diet – Future
Dimensions in Clinical
Nutrition Management,*
Vol. XXII, No.4, Fall 2003

Publications:

Nursing Currents, Abbott
Nutrition Health Institute-
Collaborative *Nutrition
Initiatives Promote
Enhanced Patient
Outcomes*, July 2013,
Vol 2, Issue 2

*Elimination of the Full
Liquid Diet*, 2004 Sodexo -
The Spirit of Excellence:
How Healthcare
Organizations Are
Achieving Service, Quality
and Satisfaction

Career History:

Outpatient Internal
Medicine/Bariatrics
Home Health Consulting
In-Patient Clinical RD
Internet Radio Co-Host
Food Services Director
CNM Systems Manager

Awards:

Carol Hayes Torio
Excellence in
Management, 2015
CDA –Orange District,

Distinguished Alumni –
CSULB, Intern Mentoring
& Training, 2008-2016

Preceptor of the Year
2015-2016, Oakwood
University Distance
Learning Internship

CNM of the Year 2009,
Morrison Management

Manager of the Year 1996,
Santa Ana Hospital, CA

Organization

Involvement:

AND-CNM Practice Group
Symphony Irvine, Advisory
Board Member & Concert
Master

An Interview with Debbie “Diet” -

In your eyes, what is
your biggest
accomplishment?

Successfully facilitating a
Continuous Quality
Improvement (CQI)
multidisciplinary team (28
department directors) to
achieve a 98 score with
commendations for a
triannual survey

What is your best advice for an aspiring dietitian?

Stay engaged with
consumers and current
with research, network
with peers and mentors,
and give back by
promoting interns and
students into our dynamic
field of Nutrition and
Dietetics.