Big Plans for a New CHHS Building

The plan for the new CHHS Building is to bring together the College’s clinical education and health, wellness & human performance programs to maximize synergies in education and research endeavors.

With an interdisciplinary building concept, we can create a collaborative culture among CHHS faculty, staff, students, and our community partners.

Furthermore, new clinical labs with state-of-the-art equipment will help prepare students for the workforce and allow creative opportunities for interdisciplinary and interprofessional education.

We are excited about the opportunity the new building presents to support faculty development and empower student success.
Greetings Faculty and Staff of the College of Health and Human Services,

Welcome to the new academic year! For those of you who are new to the College, we are delighted that you have chosen to join our team. There is no doubt that each of you will help to grow our College’s collective impact on the success of our students and the communities we serve.

If you were able to attend the University and College convocation events on the 23rd of August, you are likely aware that this year, we will continue our engagement in BEACH 2030 - our campus strategic planning efforts. A very special thank you is owed to the 2018-2019 College of Health and Human Services Faculty Council, especially Drs. Jo Brocato and Cathy Deckers, for their facilitation of CHHS’ BEACH 2030 planning. Through their efforts to examine CHHS faculty, staff, and student input, major initiatives of the College and the emerging campus BEACH 2030 core values and strategic priorities, we have been able to identify strong areas of alignment that will serve as a framework for our planning efforts. More information about the BEACH 2030 planning process, the CHHS framework, and unit-level strategic planning templates will be disseminated directly to faculty and staff very soon.

Interdisciplinarity, which will continue to be a hot topic in the coming years, is driven by people, and in recognition of that we will be extending our designed climate and culture initiative from our staff levels to the academic unit levels. I have already visited with the Departments of Kinesiology, Health Care Administration, and the School of Nursing directly to discuss our plans for this initiative and will be coming to all other units over the course of the fall semester. I look forward to hearing your thoughts and ideas as we embark upon this endeavor which, I fully realize is uncharted territory for most of us.

This year, and as part of BEACH 2030, we will discuss our definition of student, faculty, and staff success and work toward strengthening and expanding our partnerships. We will also encourage examination of how we conduct our work and propose ideas on how we can streamline tasks and processes in order to work smarter and not harder.

The College is performing well on all fronts and we contribute massively to the ideals that make Long Beach State the incredible University that it is. Thank you for your commitment to serving our students, one another, and to our core values - integrity, growth mindset, collaboration, and innovation! Wishing you a vibrant and fulfilling year!

- Monica Lounsbery, Dean of CHHS

Welcome Back!
Mental Wellness Pilot Program

Student safety and wellness is our highest priority in CHHS, which leads us to constantly look for ways to improve how we serve our students.

While CHHS has always had a strong interest in wellness, this year will be piloting broader supports for mental health. CHHS will serve as a campus pilot for peer navigation supported through a partnership with Student Affairs, CAPS, and Mental Health America, Los Angeles.

CHHS will establish a Mental Wellness Board comprised of one member from each CHHS Department/School. This board will be responsible for examining the current College and Campus mental health infrastructure and identifying procedural barriers to accessing support and care.

In addition, the board will serve as a catalyst for improving our academic policies and procedures and campus capacity to support mental wellness needs.

CHHS will also pursue Mental Health First Aid training and encourage all faculty and staff to participate.

Our goal is to train up to 300 faculty and staff in Mental Health First Aid in AY 19-20 so that we may establish and maintain a well-educated network of faculty and staff who are able to administer Mental Health First Aid to any student who needs it.

Over time, CHHS will assess and re-evaluate the Mental Wellness Infrastructure to be sure it is still effective and optimally serving ever changing student needs.

The Mental Wellness Pilot Program is just one more example of how CHHS plans to break down barriers in access to health services for our communities.
Congratulations to Our Recently Promoted Faculty Members

Tenure & Promotion to Assoc. Professor:
• James Binnell, CCJEM
• Lucy Van Otterloo, Nursing
• Christine Scott-Hayward, CCJEM
• Virginia Gray, FCS
• Pei-Fang Hung, SLP
• Jung Mee Mun, FCS

Promotion to Full Professor:
• Becky Nash, CCJEM
• Roudi Roy, FCS
• Long Wang, FCS
• Rashida Crutchfield, SW
• Vennila Krishnan, PT

A Moment with the Associate Dean

I am honored to serve as the new CHHS Associate Dean for Faculty Affairs and Research. I started on June 1, and am looking forward to working with everyone in my new position. I can be reached by email or telephone; if there is anything I can help with, do not hesitate to reach out. This should be an exciting new academic year. First, the Academic Senate has approved a new policy on supporting Research, Scholarly, and Creative Activities (RSCA) (AS # 19-03) which we will be implementing in the College this year. Faculty Affairs is offering training throughout the year for tenure track search committees on implicit bias, so look for those announcements. This is a change from the purely process-oriented trainings offered in the past and is an exciting new direction for Faculty Development.
Welcome back!

- Grace Reynolds-Fisher, Associate Dean for Faculty Affairs & Research

Advising Hosts Inspiring Beach Days Event

On August 22, CHHS Advising hosted the second annual CHHS academic event in collaboration with Housing and Residential Life’s Beach Days.

Beach Days is a series of activities, workshops, and events to welcome and prepare first-year freshmen and transfer students living in the dorms.

The planning committee included CHHS advisors, Jef Aquino, Kristin Gazdik, Jess Medvec, and Tanya Piloyan. Jef, Jess, and Tanya shared inspiring narratives about their own undergraduate experiences, before inviting a group of student panelists to take the stage.

The diverse group of student panelists shared their CSULB stories and answered questions from the large audience of incoming students. The room was filled with excitement, laughter, and inspiration.
Generous gifts to the College of Health & Human Services enables our faculty and students the opportunity to conduct research and experiments to uncover breakthrough discoveries that will improve the wellbeing and health of key communities. I look forward to continuing to work with all of you to secure philanthropic gifts from alumni, friends, foundations, and corporations so we all can help give the gift of education. Our goal is to generate the financial support required of a nationally ranked university through cash, grants, and planned gifts. We have a focus to raise funds for scholarly research, student success, program support, and infrastructure needs. If you know anyone interested in helping to pave the path to education please feel free to reach out to me or Ann Chau, our Development Coordinator. We look forward to a successful fundraising year. Go Beach!

- Jennifer Moore, Director of Development

CHHS Initiatives Align with Campus Beach 2030 Strategic Priorities

CHHS led the campus in participating in and exploring Beach 2030 ideas. Our participation results show that the College supports the strategic initiatives CHHS has recently launched and many of these initiatives align extremely well with the campus Beach 2030 Strategic Priorities.

Key Takeaway from Current Planning Efforts:

- Beach 2030 strategic plan in CHHS is being conceptualized as a dynamic guide that systematically develops over time. It is not a lengthy document that no one reads after it is written. Rather, it is a series of unit-level goals and actions aligned with college broad-based initiatives that relate to campus strategic priorities.

<table>
<thead>
<tr>
<th>Beach 2030 Campus Strategic Priorities</th>
<th>CHHS Initiatives</th>
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<tbody>
<tr>
<td>Define &amp; Assess Student Success</td>
<td>Develop &amp; Implement Effective Teaching Strategies</td>
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<tr>
<td>Expand Access</td>
<td>Develop &amp; Implement Innovative Course &amp; Program Delivery Methods</td>
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<td>Advance Community Partnerships</td>
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<tr>
<td>Promote Intellectual Achievement</td>
<td>Define, Support, &amp; Assess Faculty, Staff, and Student Success</td>
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<td>Facilitate and Support Interdisciplinarity</td>
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<td>Advance Community Partnerships</td>
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<td>Build Community</td>
<td>Designed Climate &amp; Culture</td>
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<td>Broaden Community Engagement</td>
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<td>Advance Community Partnerships</td>
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<tr>
<td>Cultivate Resilience</td>
<td>Systematically Examine Financial and Physical Infrastructure:</td>
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<td>Optimize Physical Space &amp; Other Resources</td>
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<td>Promote Financial Growth &amp; Stability</td>
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Welcome to the Team!

Dr. Grace Reynolds-Fisher
Administration
Associate Dean of Faculty Affairs & Research

Dr. Katie Dudley
Faculty
Department of Recreation & Leisure Studies

Dr. Andrew Bartlett
Faculty
Department of Physical Therapy

Dr. Scott Ducharme
Faculty
Department of Kinesiology

Jessica McClintock
Administration
Human Resources Analyst

Dr. Jennifer Bagwell
Faculty
Department of Physical Therapy

Dr. Portia Resnick
Faculty
Department of Kinesiology

Dr. Roudi Nazarinia Roy
Faculty Fellow
Student Success Pilot Program
Announcements

- CHHS has inherited the Japanese Gardens and is welcoming two staff members: Jeanette Schelin & Alison Redfoot. The college will now be responsible for the care and maintenance of the Japanese Gardens. The Departments of Family & Consumer Sciences and Recreation & Leisure will work with the Dean’s Office to make the gardens a more academically integrated part of the campus.

- CHHS will be piloting online teaching evaluations this semester.

Welcome CHHS’ New Student Success Fellow

Roudi Nazarinia Roy Ph.D. is doing an administrative fellowship in the Dean’s Office this fall and assuming some of the responsibilities associated with student success for Jenn Ostergren while she is doing her ACE fellowship.

Dr. Roy is associate professor and area coordinator of Child Development and Family Studies in the Department of Family and Consumer Sciences at California State University, Long Beach. During her time at CSULB she has taught courses related to the transition to parenthood, family life education, families and diversity, and parent education. She has worked with over 70 undergraduate students in independent study, and 13 undergraduate research students in the UROP and BUILD programs. She has a B.A. in Psychology and an M.A. in Family Sciences from the University of British Columbia. She received her Ph.D. in Family Studies from Kansas State University in 2009.

Designing Our Culture

It’s no secret that we’ve all been working to overhaul our climate and culture. This academic year we will continue our All-Staff Huddles as well as our unit-specific huddles to start putting the concepts we’ve talked about into practice.

“We have a chance to reject a culture of default to live and work in a culture that we define,” says Dean Lounsberry.

The huddles have been a valuable tool to help identify barriers, obvious and hidden, in order to find the appropriate solutions.

This process isn’t one and done. The goal is to create an infrastructure that will support this work and revisit it often to ensure we are still in our ideal workplace.

Here are the 4 basic tenants we are following along our Climate and Culture path:

1. Adoption of Growth Mindset
2. Sharpened Focus
3. Designed Culture
4. Team Cohesiveness

Check out this video of a talk Dean Lounsbery gave to the Department of Kinesiology last year.
College-Wide Recognitions & Awards

- 40-Year Service Award: Lucy Huckabay, Nursing
- 30-Year Service Awards: Gail Frank, Family & Consumer Sciences; Pamila Ford, Nursing
- 20-Year Service Awards: Ann Radzicki, Social Work; Deby McGill, Health Care Administration; Alison Kliachko-Trafas, Nursing; Gloria Dacanay, Physical Therapy; Kathleen Allan, Public Policy & Administration
- 15-Year Service Awards: Sharon Cruz, CHHS Administration; Laura Higgs, Kinesiology
- 10-Year Service Awards: Dana Osborne, Kinesiology; Roger Maxim, Kinesiology; Loeurm Lok, Family & Consumer Sciences
- Dean’s Outstanding Staff Award: Nancy Espinosa, Nursing
- The Speech-Language Pathology Department received a full accreditation of 8 years from the American Speech-Language Hearing Association (ASHA).
- Dr. Frank Baber, Department of Public Policy & Administration, was awarded his fourth Fulbright to continue developing his Human Rights Cities Initiative at the Raoul Wallenburg Institute.
- Dr. Christine Costa and her team, Nursing, awarded $1 Million from the Office of State Health Planning and Development.
- Dr. Natalie Cheffer, Nursing, awarded $70,000 from L.A. Care Health Plan for the Health on Wheels School-based Clinic.
- The School of Nursing has been ranked the 5th Best Nursing School in the State of California by US News World and Report.
- Dr. Josh Cotter, Kinesiology, named ACSM Fellow
- Dr. Tiffanye Vargas, Kinesiology, named AASP Fellow
- Camp Nugget has secured a $10,000 Munzer Grant - this is the first time Munzer has been awarded to a university.
- Drs. Lu & Shimoga, Health Care Administration, presented their research at Academy Health in Washington D.C.

Have a Great Semester!

Fall 2019 Dates to Remember

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<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Coffee with the Dean</td>
<td>September 6</td>
<td>9:00 - 10:00 am</td>
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<td>ET-235</td>
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<tr>
<td>All-Staff Huddle</td>
<td>September 10</td>
<td>8:30 - 9:30 am</td>
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<td>SafeZone Ally Training</td>
<td>September 20</td>
<td>8:30 am - 12:00 pm</td>
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<td>UndocuAlly Training</td>
<td>October 4</td>
<td>9:00 am - 1:00 pm</td>
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<td></td>
<td>November 1</td>
<td>1:00 pm - 5:00 pm</td>
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