

Envisioning the Future

BEACH WOMEN IN ENGINEERING CONFERENCE

How to Find Internships

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100+ Women Strong

CSULB COLLEGE OF ENGINEERING

Why it matters that I am here.... that we are here together

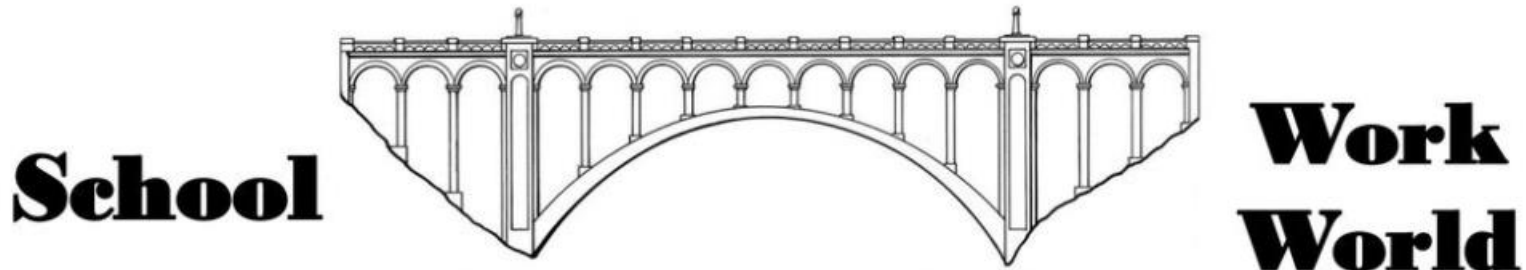
- A little bit about me...
- My first internship
- Why am I here
- Favorite food and one word to describe me

NOW ABOUT YOU!

- Name, major or intended major
- Why are YOU here
- Favorite food and one word to describe you

What are Internships?

Internships act as a bridge between School and Work Force



Internships help prepare students for successful careers

Internships are Important

- An internship isn't required to get a job, however, 95% of employers prefer graduates with experience.
- Competitive versus non-competitive internships
- Identify your own goals:
 - Learn more about the industry you think you want to enter after graduation.
 - Gain new skills
 - Gain experience for resume
 - Earn money to pay for college
 - **Professional connections/contacts**

The Ultimate Guide to Internships

<https://www.bestcolleges.com/resources/ultimate-guide-internships/>

Preparation for Internships

Research Career Opportunities

Organizations and Clubs
Professionals, Personal, Faculty

Resume and Interviews

Resume to date
Career Center Support

Network and Outreach

Organizations and Clubs
Personal, Faculty, Professional
Linked In Profile

Schedule Time

Meet with Counselors/Faculty
Create Linked In Profile

Build Your Top 10 List

Competitive / Non Competitive
Career Center
Websites



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Networking Exercise

	Name of Faculty, Family, Friend
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

How to find Internships

- University Career Centers

- Job Fairs
- Information Sessions
- Cover Letter and Resume
- Mock Interviews

- College

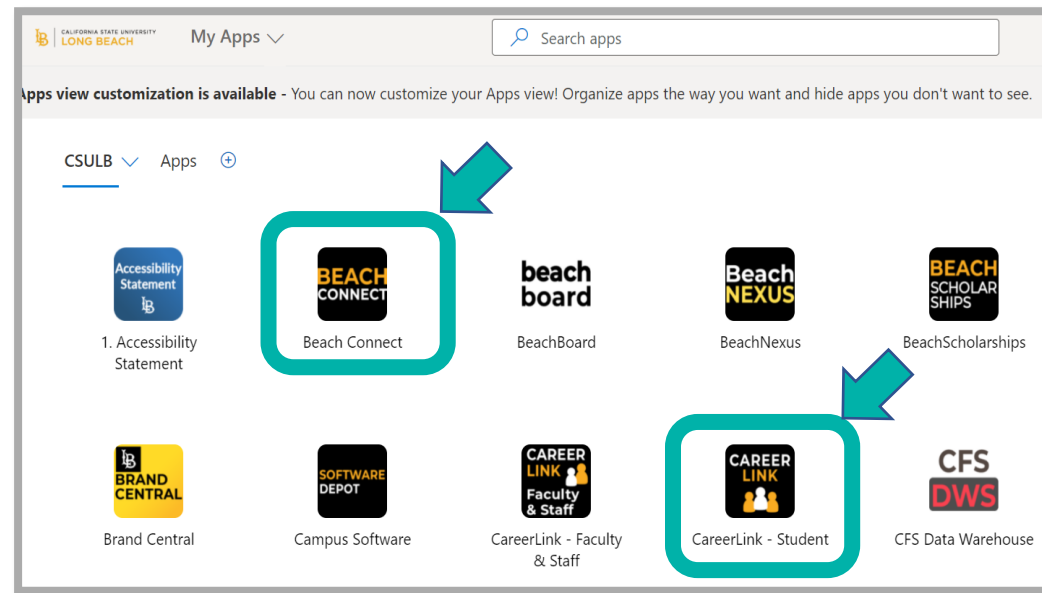
- Academic departments
- Faculty
- Student Organizations

- CSULB

- [Graduate Student Success Center](#)
- [Professional Development & Internships](#)
- [Associated Eng. Student Body](#)
- [Eng. Student Success Center](#)
- [Career Development Center](#)
- [Graduate Studies Resource Center](#)

- Other Resources

- Company websites
- Professional Associations
- Social Networks



Online Search Engines

Don't hesitate to contact interesting companies regarding internships even though they don't specifically have an internship program.

Per Forbes Magazine

1. Linked In
2. Glassdoor
3. Handshake
4. Google
5. Internships.com
6. Internmatch.com
7. YouTern
8. Idealist
9. Global Experience
10. CoolWorks

Internships & Jobs

<https://www.linkedin.com/>
<https://www.glassdoor.com/index.htm>
<https://joinhandshake.com/>
<https://www.internships.com/>
<https://internmatch.io/>
<https://www.youtern.com/>
<https://www.idealists.org/en/?type=job>
<https://www.globalexperiences.com/>
<https://www.coolworks.com/>
<https://www.wayup.com/>
<https://www.internshipfinder.com/>
<https://www.goinglobal.com/internships>
<https://www.indeed.com/>
<https://www.internqueen.com/>
<https://www.simplyhired.com/>
<https://www.usajobs.gov/>
<https://www.internjobs.com/>
<https://www.aftercollege.com/>
<https://www.engineerjobs.com/>
<https://engcen.com/>
<https://www.engineering.com/jobs/>
<https://www.careerbuilder.com/>
<http://www.engineer-jobs.com/>
<https://www.monster.com/>

Create a Linked In Profile

- Job applicants who include a link to their comprehensive LinkedIn profile on their resume received a callback rate of 13.5%, which is 71% higher than the 7.9% callback rate of job applicants who did not have a LinkedIn profile at all.
- On Linked In, search and connect with:
 - Companies, to follow their technology and opportunities
 - Individuals, to build your network and seek information & support
- LinkedIn Course: <https://www.linkedin.com/learning-linkedin-for-students/linkedin-versus-a-resume>

Nearly 740 million members in 200 countries and regions worldwide



Internship Timeline

1 YEAR BEFORE

- Begin researching opportunities ,make note of those you find appealing and their deadlines
- Get involved in activities that can boost your resume
- Step up your networking, attend events and put yourself out there
- Polish a resume and cover letter with support from a professional

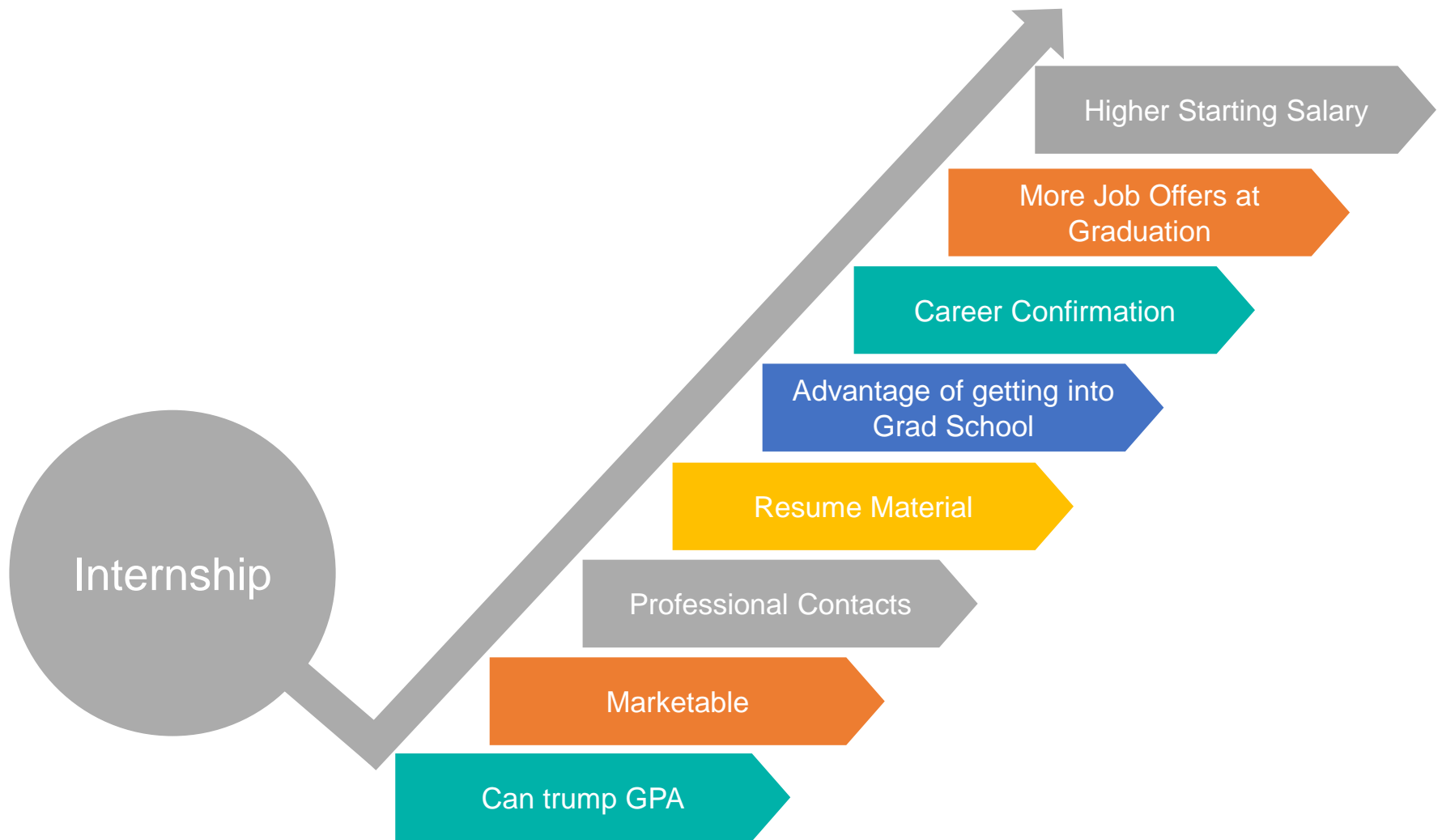
6 – 8 MONTHS BEFORE

- Identify potential references, seek out professors, current/past supervisors, and others
- Build a list of target companies you are interested in working for
- Attend professional development events/seminars

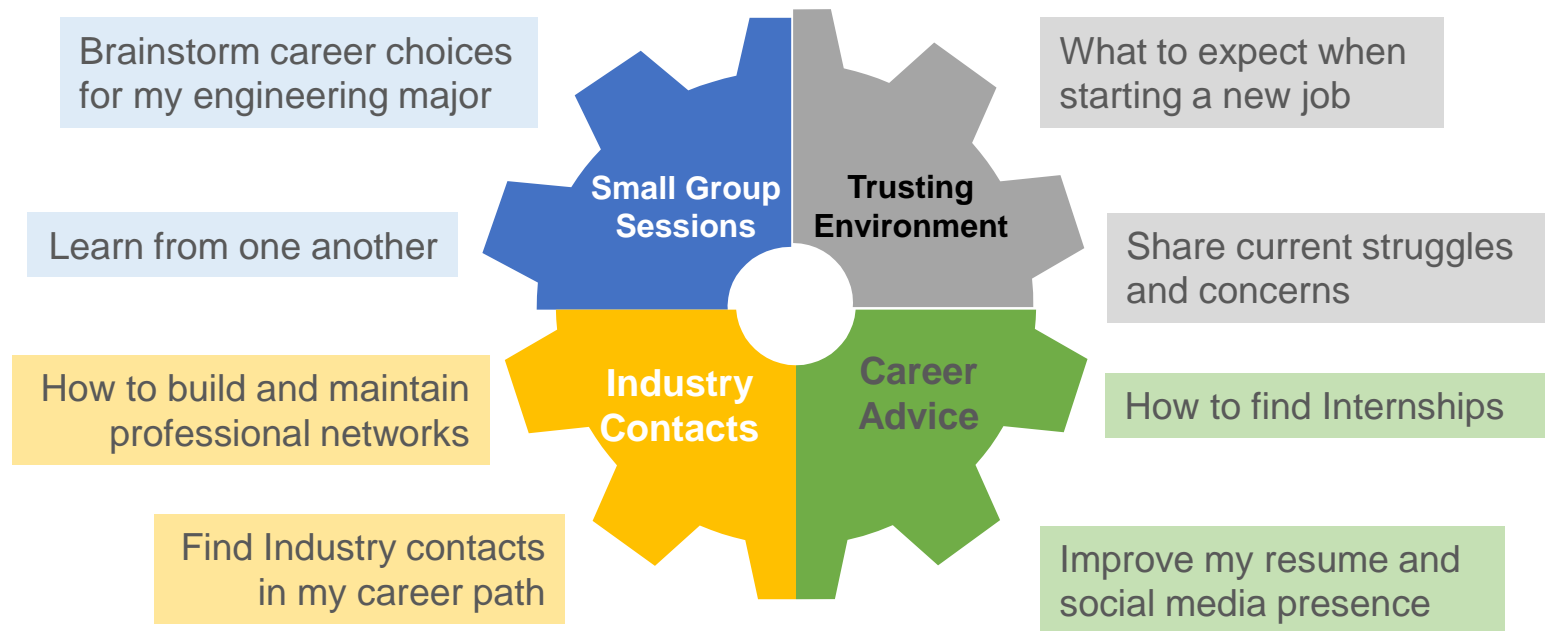
3 – 6 MONTHS BEFORE

- Gather and organize materials
 - Resume and Cover Letter
 - Portfolio, Transcripts
 - References and recommendation letters
- Research each company you are applying for beforehand
- Prepare for an interview, practice questions you might get asked
- APPLY!

My Internship Goals



How can 100+ Women Strong support you? Let us know – we are seeking your input!



100+ Women Strong want to thank you for attending Building & Maintaining a Network

“The journey of a thousand miles begins with one step.”
Take a step today!

Lao Tzu

Make a Connection Today

Introduce yourself & exchange information, ask questions.

Connect with speakers on Whova App



Post Event Survey

We want your feedback.

Survey on Whova App



Powerful Information

Review all CC Slide Decks:

<https://www.csulb.edu/college-of-engineering/coaching-circles-0>



Join Us Again

Attend our next event--watch this space:

<https://www.csulb.edu/college-of-engineering/100-women-strong>



Create a Journal

Write down lessons learned, goals, next steps & timeline.

Grow & maintain your network



Get Support

Be a member of 100+ Women Strong

<https://www.csulb.edu/college-of-engineering/100-women-strong-steering-committee>

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Linked In Contacts

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