Envisioning the Future BEACH WOMEN IN ENGINEERING CONFERENCE

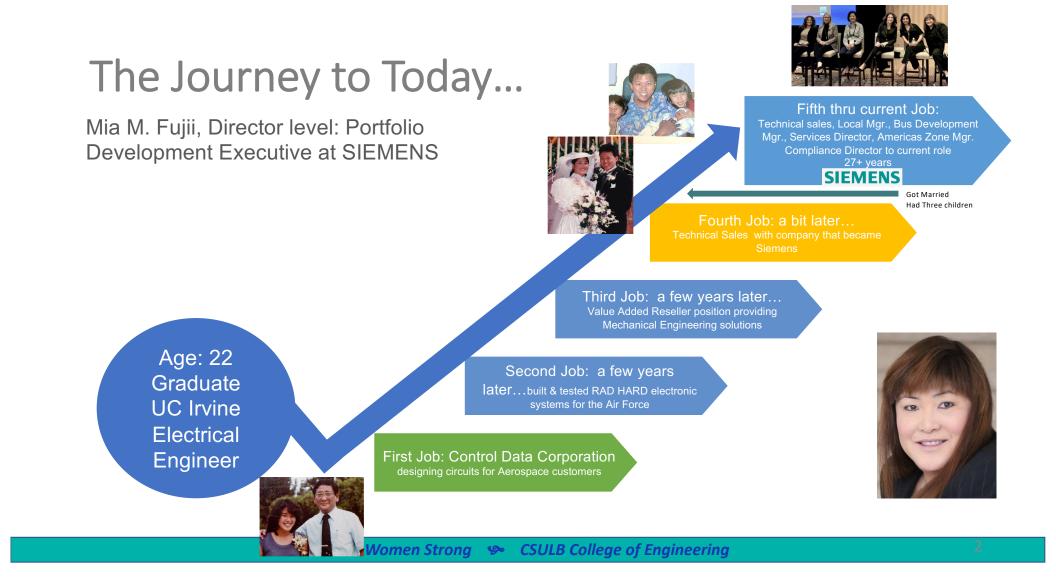
Starting a New Job

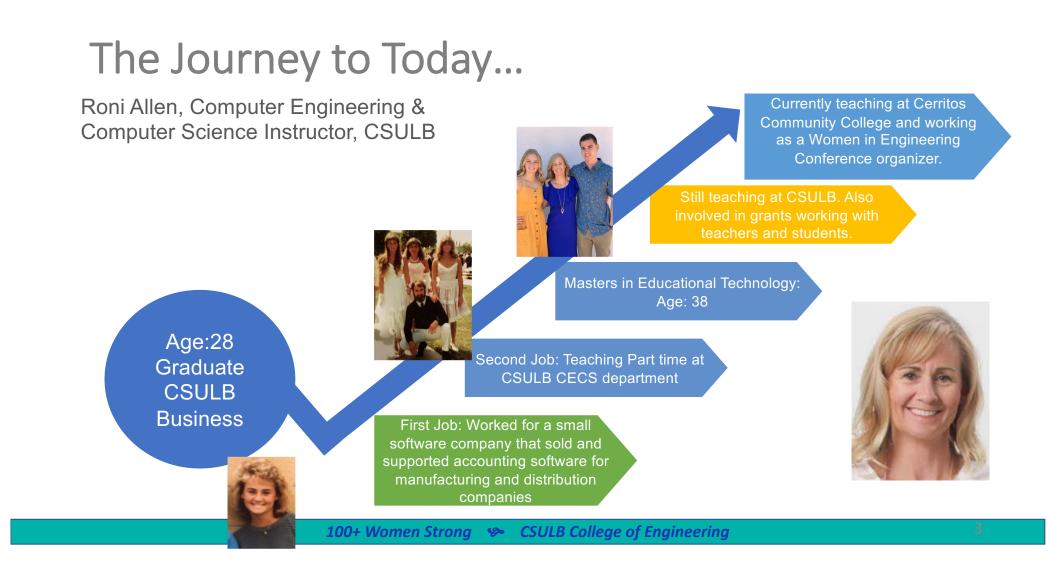
All Speakers listed on last slide

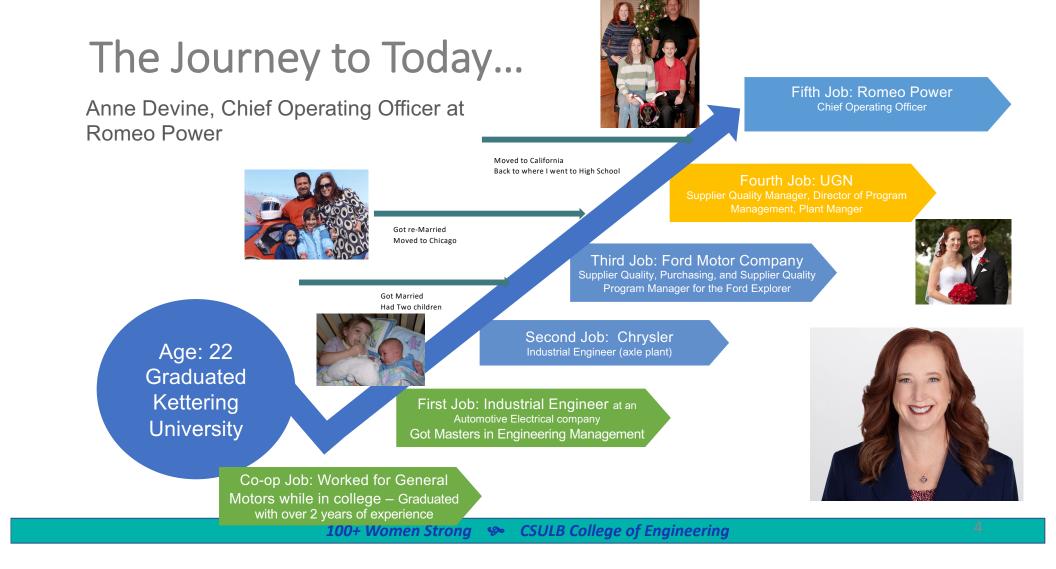
April 9, 2022

100+ Women Strong CSULB COLLEGE OF ENGINEERING

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The Journey to Today

Elizabeth Roney, Systems Integration Engineer II at Thermo Fisher Scientific in the Genetic Testing Solutions division



Today: Systems Engineer II for Genetic Testing Services

2019 Graduated Tulane University with a B.S. in Biomedical Engineering and B.A. in English



Contractor, Thermo Fisher Scientific: Systems Engineer for DNA Microarrays

Masters Degree, Biomedical Engineering (Tulane again, 2020)

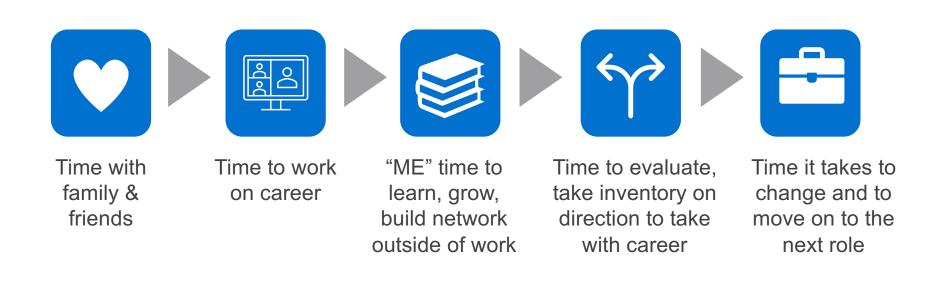
Internship: Mechanical Engineering, Intraoperative Brachytherapy at Xoft



Next Steps?

Work life balance...take care of the big rocks...

- Did you ever notice that the word TIME has the word 'ME' in it?
- Make sure to note Time Invested in what is important to ME



First Job "Great to know tips"

What does success look like:

- Build a strong support system: Ask yourself key questions about what interests you the most and connect with those that can help develop you even more in those areas of interest.
- Growing up my dad would always say, "You are what you hang around." Something I say to my kids now. R Allen

First Job "Great to know tips"

• Have a Voice...don't worry about what others might think of you...focus on key areas you can contribute and make that known to others.

im·pos·tor syn·drome

noun

noun: imposter syndrome

the persistent inability to believe that one's success is deserved or has been legitimately achieved as a result of one's own efforts or skills.

"people suffering from impostor syndrome may be at increased risk of anxiety"

Oxford Dictionary definition

Session Activity: Recognize the Imposter Syndrome, stop it in its tracks!



- Take 10 minutes to think of two situations where you felt the imposter syndrome
- Ask the student to your right to describe their two situations
 - What emotions did they feel?
 - Ask if they spoke up, or felt bad in silence, and if they did not speak up, why did they remain silent? Write down their responses.
 - Ask what they would have done differently if they could relive those moments?
- Write down how you would suggest they deal with each situation
- Have that student ask you about your two situations
- Share how you are feeling describing these moments in time
- We will share our stories with large group for 10 minutes

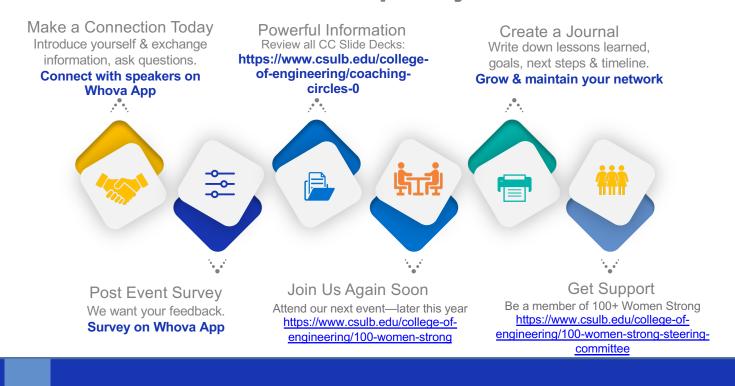
How can 100+ Women Strong support you? Let us know – we are seeking your input!



100+ Women Strong Strong CSULB College of Engineering

100+ Women Strong want to thank you for attending Starting a New Job

"The journey of a thousand miles begins with one step." Take a step today!



BEACH WOMEN IN ENGINEERING CONFERENCE

Linked In Contacts – Networking Coaching

Name	Company	Position	Linked In
Mia Fujii	Siemens Digital Industries Software	Portfolio Development Executive	https://www.linkedin.com/in/miafujii/
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Elizabeth Roney	Thermo Fisher Scientific	Systems Integration Engineer II	https://www.linkedin.com/in/elizabeth-roney/
Anne Devine	Romeo Power	Chief Operating Officer	https://www.linkedin.com/in/anne-devine- 43b8409/
Shoba Varma	Thermo Fisher Scientific	Systems Integration Engineer	https://www.linkedin.com/in/shobavarma/