



Adapted Physical Education Program

Signature Assignment for KIN 388

Essential Skills to Teach APE

Student Learning Outcome(s) Assessed:

SLO #6: Write a paper that describes the essential skills and content knowledge needed to teach APE.

Description of the Signature Assignment

Each candidate as part of this signature assignment is responsible to write a specific paper of the essential skills needed to teach APE. Your discussion needs to include how your knowledge of the essential skills to teach APE has grown since enrolled in the APE Credential program and taking coursework at CSULB.

This assignment will include the following: an introduction, content knowledge and essential skills and a conclusion section. See the specific directions for completing the assignment that follow.

Directions for Students

- **Resources:** examine the lecture “Effective APE teacher” and the article, “What is a Highly Qualified APE Teacher,” from your course packet. Synthesize the information you have learned from class notes, and your own research.

Your response needs to include **all** of the following;

- **Format:** a minimum of seven pages and no longer than 13 pages including a separate reference page. Use 12-point Times font, double spaced with one inch margins.
- **Subheadings:** organize the paper to have **separate subheadings in bold** for each specific major area.
- **Support Statements:** You will be graded based on your ability to support statements with cited literature from your notes as well as outside sources. Also include examples from your teaching.
- **Cite References:** Follow APA writing style (APA Publication Manual., 6th Ed.) and cite references in the body of your paper when appropriate to support statements. You are required to include a separate comprehensive reference page with properly written references in APA style.
- Attach both grade rubrics to the assignment that is worth 50 points.

Introduction:

At least **two paragraphs** that include **the following four parts:**

- **Overview** of what is Adapted Physical Education (APE) -clearly define APE
- **APE teachers various job roles & responsibilities** specific to APE with examples.
- **Needs and justification** of APE program for children with disabilities
- **Belief Statement:** create a **brief statement** of no more than one to two sentences as to what you believe is the most important essential skill needed to teach APE with justification of why selected. This will be the purpose/thesis statement of your paper and will drive your future teaching. For example, “All teachers need to **advocate** in order to assist their students in developing life time interests toward physical activity”. Justification- this is important so my students will continue to gain the healthy lifestyle benefits such as ... etc

APE Content Knowledge and Essential Skills:

In the paper have a separate subheading for each major content area that follows. Each of the 10 subsections must be at least **one to two** paragraphs of **factual information with references that support your information**. **Also include practical examples (e.g., define concepts, why or justify, how to implement & include examples).**

1. **Physical Education Subject Matter Knowledge; Curriculum Knowledge, and Instructional Practices Knowledge:** Examples can include: subject matter; CA Content standards, NASPE Content, CA APE Guidelines, district policies, IDEA definition PE. For Curriculum Knowledge & Instructional Practices how do you take this PE subject matter and design into effective curriculum and implement instruction. Provide such examples as: universal design, differentiated instruction, ETA, top down to meet varied student needs. Discuss styles of teaching (command, reciprocal) as well as different student age appropriate learning styles (visual, etc).
2. **Disability Specific Knowledge:** Know the various disabilities categories (mild to severe) you will teach and how to meet student safety, medication, contraindicated activities understand differences etc.
3. **Assessment Practices and Procedures:** Knowledge of assessment practices, report writing, various standardized and informal assessment instruments (preschool to young adult) to assure proper student eligibility, services and programming.
4. **Behavior Management Procedures:** Describe proactive strategies, methods to increase and correct behaviors, how develop students' personal and social responsibility, and implement strategies to work with children with challenging behaviors.
5. **Collaboration/Consultation & Advocacy Practices:** Discuss professionals you need to work with when teaching. Include justification & various ways to communicate & work effectively with other professionals. What type of communication skills will be needed facilitate collaboration? Explain various ways you will advocate for your students such in school, home and community (i.e., educating their families regarding physical activity opportunities).
6. **Legal Knowledge of Special Education Legislation:** Discuss identify IDEA legislation specific to teaching PE to children with disabilities (i.e., special education terminology, IEP, inclusion, paperwork, assessment).
7. **Technology Practices:** Comprehensive knowledge of the multitude of technology available to increase student access to learning (i.e., tablet) and teacher efficiency (i.e., electronic data tracking). For example, tablets can assist student learning (i.e., visuals) for students with disabilities and provide electronic data tracking which can increase teacher efficiency (i.e., data tracking).
8. **Equipment Application Practices:** Discuss the type of equipment practices and modifications you will make to effectively meet students' needs in your teaching. For example, mobility and equipment assistive devices such as a "Rifton Walker", adapted specialized sport equipment, and making or modifying equipment (i.e., PVC piping to make a bowling ramp)
9. **Knowledge of the Cultural Heritages of Different Ethnic Groups:** Discuss the importance of how acknowledging and understanding the student's cultural background can affect their attitude towards education. For example, in some cultures family responsibility may come first. Discuss effective teaching approaches and communication styles such as in some cultures eye contact may be inappropriate, and even disrespectful.
10. **Professional Development:** Which professional organizations will you become involved in and in what capacity. How will you seek out new information and implement these ideas in your own teaching. Discuss ways to grow professionally in your future teaching by including at least 2-3 future professional growth goals.

Conclusion Section:

Write at least a **two paragraph reflection** that discusses how you will put together or **synthesize** all of the information discussed above. In a **brief statement**, of no more than one to two sentences, indicate what you believe is the **most important essential skill** needed to teach APE with justification of why. Also in your reflection discuss how, during your studies and/or practice, your beliefs regarding essential skills in APE have changed/evolved. Also include any **future teacher endeavors** or goals.

Summary/Conclusion:

In at **least one but not more than two paragraphs summarize** what you have told the reader (tell the readers what you told them) Follow this by **briefly** restating your belief statement(s), that you specified in the introduction, and briefly justify and defend each belief statement using information included in the body of your paper.

Clear Writing:

Proofread your information and have clear organized coherent writing style that the reader can easily follow and understand. The paper must follow APA writing format with references clearly identified to support your information. **Only upper division level academic writing will be accepted. If you believe you may need writing help, Horn Center has free writing tutoring available.**

References:

The paper includes **outside sources** not just required readings. This comprehensive list of references used to support statements is cited in proper APA style in the paper. Included is a **separate comprehensive reference** page at the end of the paper.

APE Portfolio Signature Assignment:

The essential skills needed to be an effective teacher is an ongoing process that is constantly evolving. This paper will help guide you in your future teaching endeavors. **You will receive this paper back with feedback and it needs to be updated**, refined and included in your final APE Portfolio notebook when you meet for your final APE exit interview.

Scoring Rubric and point criteria next page

Scoring Rubric:

Student Name: _____

Date: _____

Final Grade: ____/50
35 minimal requirement

Areas circled means this information was not always accurately or consistently included

	Does not meet expectation	Inconsistently meets expectation Meets some expectations	Exceeds or Consistently meets expectation	Score
Introduction 0-10 pts	No or little overall information of APE defined, teach roles & responsibilities, needs justification, & belief statements essential skills (0-6)	Inconsistent information of APE defined, teach roles & responsibilities, needs justification, & belief statements essential skills (7-8)	Clear, consistent, distinct information of APE defined, teach roles & responsibilities, needs justification, & belief statement essential skills (9-10)	
APE Content Knowledge 0-20 pts	Does not address the majority of APE content knowledge areas including: PE sub, curr/instr, disability assessment, beh man, collab/consult, leg SPE, technology, equipment, culture, professional develop (0-13)	Inconsistent report of APE content knowledge areas including: PE sub, curr/instr, disability, assessment, beh man, collab/consult, leg SPE, technology, equipment, culture, professional develop (14-17)	Clear, consistent, report of APE content knowledge areas including: PE sub, curr/instr, disability, assess safety/disab, assessment, curr/instr, beh man, collaboration, SPE leg, technology, advocate community family, professional develop (18-20)	
Summary Reflection 0-10 pts	No or little summary discussion including a synthesis of information with past growth & future teacher direction & belief statement (0-6)	Inconsistent summary discussion including a synthesis of information with past growth & future teacher direction & belief statement (7-8)	Clear consistent distinct summary discussion including synthesizes of information with past growth & future teacher direction & belief statement (9-10)	
Writing Contents Mechanics & Organization 0-10 pts	Not a well-organized cohesive quality professional paper grammar & sentence structure that is easy to follow little refs to support paper & sep reference page (0-6)	Inconsistent organized quality professional paper grammar & sentence structure that is easy to follow inconsistent refs to support paper & sep reference page (7-8)	Clear, consistent, distinct quality professional paper grammar & sentence structure that is easy to follow good refs to support paper & sep reference page (9-10)	
Total				/50 pts
Comments				

Student Name: _____

Total Grade: ___/50 points

Areas circled means this information was not accurately or consistently included

Introduction (10 pts)

(0, 1, 2, 3, 4, 5)____ Overview of what is APE (defined), that includes roles & responsibilities of APE teacher and justification of need

(0, 1, 2, 3, 4, 5)____ Overall belief statement important essential skills followed up with justification & 1-3 own belief statements

____ **APE Content Knowledge Areas (20 pts) refer reader back to original belief statement in introduction**

(0, 1, 2)____ Physical Education Subject Matter Knowledge; Curriculum Knowledge, and Instructional Practices Knowledge

(0, 1, 2)____ Disability Specific Knowledge

(0, 1, 2)____ Assessment Practice & Procedures

(0, 1, 2)____ Behavior Management Practices

(0, 1, 2)____ Collaboration/Consultation & Advocacy Practices

(0, 1, 2)____ Legal Knowledge of Special Education Legislation

(0, 1, 2)____ Technology Practices

(0, 1, 2)____ Equipment Application Practices

(0, 1, 2)____ Knowledge of the Cultural Heritages of Different Ethnic Groups

(0, 1, 2)____ Professional Development

____ **Reflection and Conclusion/Summary Section (10 pts)**

Synthesizes and reflects on all previous content information discussed

(0-1-2)____ Indicates belief as to the most important essential skill(s) needed to teach APE

(0, 1, 2, 3)____ Justification of why you believe selected skill(s) is/are most important with factual information using at least **one to two** paragraphs of **factual information with references and practical examples to support choice.**

(0-1-2, 3)____ Discusses how, during studies and/or practice, your beliefs regarding what are the most important essential skills in APE have changed/evolved. Includes future teacher endeavors or goals

Summarizes all previous content information discussed

(0-1-2)____ Restates Belief (Philosophy) statements with justification from body of paper

____ **Cohesive Writing, Mechanics, and Content (10 pts)**

(0, 1, 2, 3, 4,)____ All of the following: clear easy to follow/read. Paper is organized, cohesive, & reader can understand key points, up to date correct terminology

(0, 1, 2, 3, 4)____ Comprehensive list of references used to support statements cited in proper APA style in paper. Paper includes outside sources not just required readings. Separate comprehensive reference page end of paper with APA reference style

(0, 1, 2)____ Proper grammar/spelling with clear sentence structure

Comments:

Legend

Total Points	College of Education Assessment Scale Equivalent
45-50	4 (Exceeds Expectations)
40-44	3 (Meets Expectations)
35-39	2 (Meets Some Expectations)
30-34	1 (Does Not Meet Expectations)
0-29	0 (Can't Score)