

Graduate Student Toolkit



New GradMentor program available now!



CSULB
**GRADMENTOR
PROGRAM**

The GradMentor Program is a new program to help incoming graduate students get connected to campus. It's the perfect way to create connections, get involved during remote learning, and learn how to succeed.

Continuing graduate students can also sign up to become Grad Mentors, a year-long paid position to mentor incoming graduate students.

Congratulations to our 2020-2021 Sally Casanova Pre-Doctoral Scholars!

This year, CSULB has six graduate and six undergraduate scholars were selected.

Meet all of our award winners.

Learn more about the program [here](#).



Cristien



Alicia



Everett



Jacob



Grace



Lana

Provost Jersky discusses with Chief of Medical Staff, Dr. Kimberly Fodran the added benefits of wearing a mask

They share helpful tips on slowing the spread of COVID

Health & Safety Tips at The Beach



Dr. Kimberly Fodran
Chief of Medical Staff
Student Health Services



Brian Jersky
Provost and Senior Vice President

and discuss what CSULB is doing to keep the campus safe.

In this video, Provost Jersky meets with Bonnie Gasior to discuss mental health during this time.

They demonstrate breathing exercises, share resources for mental health support on-campus, and give tips on caring for your well being.

Caring For Your Mental Health in the Time of COVID-19



Bonnie Gasior
Professor of Spanish
Interim Director of the University Honors Program



Brian Jersky
Provost and Senior Vice President

GSRC WORKSHOPS & EVENTS



The Graduate Studies Resource Center (GSRC) is offering a number of **workshops and events** to help graduate students succeed.

Workshop topics include funding graduate studies, formatting a thesis and dissertation, navigating grad school as an underrepresented student, and more.

Download a workshop schedule **here**.

In need of a laptop or internet access to aid in your classes and coursework? The **Division of Student Affairs (DSA)** and **Information Technology** have created a new program to help provide laptops and hotspots to students in need.

Learn more about the program, request a laptop or hotspot, and **see if you qualify by filling out this request form.**

CSULB TECHNOLOGY LOANS



Check out our revamped **Navigating Grad Studies at the Beach**.

We've included new helpful resources pertaining to COVID-19, campus resources, mental health, planning a path to graduation, and more.

NAVIGATING GRAD STUDIES AT THE BEACH



Counseling and Psychological Services (CAPS) is available by phone, Monday through Friday 9 AM to 4 PM. They are available at (562) 985-4001, or on **their website** 24/7.

CAPS has **a list of COVID-19 Mental Health resources** available.

MENTAL HEALTH RESOURCES



FUNDING OPPORTUNITIES



There are a variety of **on-campus grant or funding opportunities** from CSULB for students seeking to cut the cost of education. There are also a variety of **external funding opportunities**.

The Graduate Travel Fellowship is now available for students able to present their research/scholarly work remotely.

If you're in need of writing support, graduate studies advising, or help with applying to doctoral programs, schedule an online or phone **appointment with GSRC**.

Email us at **gsrc@csulb.edu**

Virtual Hours
Mon - Thurs: 10am - 6pm
Fri: 9am - 5pm

MAKE AN APPOINTMENT WITH GSRC



The Daily 49er has created a **Student Survival Guide** to help share campus and local resources, such as a student discount guide, a list of on-campus resources, and more.

CSULB also has a **list of comprehensive resources** that can be of help during the COVID-19 pandemic. It



covers everything from basic needs, mental health, job searches, and more.



CALIFORNIA STATE UNIVERSITY
LONG BEACH
Academic Affairs

1250 Bellflower Boulevard
Long Beach, CA 90840

STAY CONNECTED

Facebook: @CSULBAcademicAffairs

Twitter: @Provost_Jersky

Instagram: @Provost_Jersky



[Visit our website](#)

California State University Long Beach | 1250 Bellflower Blvd., Long Beach, CA 90840

[Unsubscribe {recipient's email}](#).

[Update Profile](#) | [About our service provider](#)

Sent by provost@csulb.edu powered by



Try email marketing for free today!