

LONG BEACH COLLABORATIVE RESOURCE LIBRARY (SAN PEDRO)

ACTIVIDAD FÍSICA/ PHYSICAL ACTIVITY

City of Los Angeles Department of Parks and Recreation

<https://www.laparks.org/park/san-pedro-welcome-park>

Olguin Pool at San Pedro High School

3210 S Alma St, San Pedro, CA 90731

(213) 291-5862 |

Alma Park

W. 21st St. and Meyler St., San Pedro, CA 90731

(310) 548-7598 | <https://www.laparks.org/park/alma>

Hey Rookie Pool

3351 S. Gaffey Street, San Pedro, CA 90731

(310) 521-9017 | <https://www.laparks.org/aquatic/year-round/hey-rookie-pool>

Joan Milke Flores Park

834 Paseo Del Mar, San Pedro, CA 90731

(310) 548-7705 | <https://www.laparks.org/park/joan-milke-flores>

Angels Gate Park

3601 Gaffey St., San Pedro, CA 90731

(310) 548-7705 | <https://www.laparks.org/park/angels-gate-park>

Peck Park Community Center

560 North Western Ave., San Pedro, CA 90732

310-548-7580 | <https://www.laparks.org/reccenter/peck-community>

*San Pedro & Peninsula YMCA

301 S Bandini Street, San Pedro, CA 90731

310 832 4211 | <https://www.yocala.org/san-pedro-peninsula>

White Point Nature Education Center and Preserve

16614 S. Clark Ave. Bellflower, CA 90706

310-541-7613 | <https://pvplc.org/lands/whitepoint.asp>

Martin J. Bogdanovich Recreation Center

1920 Cumbre Dr. San Pedro, CA 90732

562-866-5684 | <https://www.laparks.org/reccenter/martin-j-bogdanovich>

Cabrillo Park/Beach

3720 Stephen M. White Dr., San Pedro, CA 90731

(310) 548-2909 | <https://www.laparks.org/beach/cabrillo-beach>

EDUCACIÓN SOBRE NUTRICIÓN/ NUTRITION EDUCATION

TCC-The Children's Clinic, Serving Children & their Families

*Healthy Meals, Healthy Families

Trinity Lutheran Church 759 Linden Ave, LB 90813

(562) 264-3115 |

<https://www.thechildrensclinic.org/index.php/health-education-and-outreach/>

California WIC Locations

San Pedro 312 N Gaffey St unit 101-103, San Pedro, CA 90731 (888) 942-2229

Central 1133 Rhea St. Long Beach, CA 90806

Wilmington 125 E Anaheim St Unit C, D, E, Wilmington, CA 90744 (888) 942-2229

LB Health Department 2525 Grand Ave. Long Beach, CA 90815 562 570-4242

LA County Health Department - Service Planning Area 8 123 W. Manchester Boulevard Inglewood, CA 90301 (310) 419-5325

Harbor Interfaith Services - The Family Resource Center (FRC)

670 W. 9th St., San Pedro, CA

310-831-9123

San Pedro Service Center

769 West 3rd Street, San Pedro, CA, 90731

310-519-6091

Toberman Neighborhood Center

131 North Grand Avenue Los Angeles, CA 90731

310-832-1145

Salvation Army

138 S. Bandini St. San Pedro, CA 90731

(310) 832-7228

EDUCACIÓN PARA PADRES/ PARENT EDUCATION

The Children's Clinic (TCC)- Various Locations -Community Health Centers-844 822-4646

The S. Mark Taper Foundation

455 E. Columbia St. Long Beach, CA 90806

M-Th:8-8pm,F:8-5pm, Sat: 8:30-1pm

The Vasek Polak

1057 Pine Ave. Long Beach, CA 90813 | M-F: 8-5pm

Central Long Beach

2360 Pacific Ave. Long Beach, CA 90806

M-F:8-8pm, Sat:9-6pm, Sun:9-1pm

Westside

2125 Santa Fe Ave. Long Beach, CA 90810 | M-F:8-5pm

Cabrillo Gateway

2000 San Gabriel Ave. Long Beach, CA 90810 | M-F:8-5pm

Cesar Chavez Elementary School

730 W. 3rd St. Long Beach, CA 90802 | M-F:8-5pm

Jenny Oropeza Elementary School- Only Children

700 Locust Ave. Long Beach, CA 90802

844 822-4646 | MWF:2:30-6:30pm

Hamilton Middle School

1060 E. 70th St. Long Beach, CA 90805 | M-F:8-5pm

Roosevelt Elementary School

1574 Linden Ave. Long Beach, CA 90813 | M-F:8-5:30pm

Toberman Neighborhood Center

131 N Grand Ave, San Pedro, CA 90731 | (310) 832-1145

<https://toberman.org/>

San Pedro Women, Infants and Children Program (WIC)

312 North Gaffey Street Unit #101-103 Los Angeles CA, 90731

888-942-2229

Healthy Parenting M 6:30-7:30pm

455 East Columbia Street Long Beach, CA 90806

Center for Families and Youth

Family Health Education Center

3820 Cherry Ave.

562 570-3300 | www.longbeach.gov/health/services/directory/cfy/

Families Uniting Families

Project Fatherhood |Th 6-8pm

525 E 7th St. Long Beach, CA 90813

562 437-4114 | familiesunitingfamilies.org/

RECURSOS CLAVES DE LA COMUNIDAD/

KEY COMMUNITY RESOURCES:

1Degree: www.1degree.org/

Meetup: www.meetup.com/

City of Lakewood: www.lakewoodcity.org/

Resource Library: www.bit.ly/community-resources1