

BS in Kinesiology - *Option in Fitness*
Degree Progress Rules Worksheet
2021-2022 Catalog

Name: _____

Student ID: _____

- You must have a minimum 3.0 overall GPA in order to declare the Fitness option.
- Courses marked with an asterisk (*) must be completed with a minimum 2.5 GPA.

| Grade | Course Number & Title (units) | Need to Take | Prerequisites† |
|-------|-------------------------------|--------------|----------------|
|-------|-------------------------------|--------------|----------------|

Complete ALL of the following MSR courses by Spring 2022: (1st year milestones must be completed with a minimum 2.80 GPA)

| | | | |
|--|---|--|--------------------------------------|
| | Any GE Foundation A1: Oral Communication course (3) | | <i>none</i> |
| | Any GE Foundation A2: Written Communication course (3) | | <i>appropriate English placement</i> |
| | Any GE Foundation A3: Critical Thinking course (3) | | <i>see catalog</i> |
| | ONE (1) of the following:* <ul style="list-style-type: none"> <input type="checkbox"/> HDEV 190: Elementary Statistics in Social & Behavioral Sciences (4) GE AREA: B4 - foundation <input type="checkbox"/> PSY 110: Introductory Statistics (4) GE AREA: B4 - foundation <input type="checkbox"/> SOC 170: Elementary Statistics (4) GE AREA: B4 - foundation <input type="checkbox"/> STAT 108: Statistics for Everyday Life (3) GE AREA: B4 - foundation <input type="checkbox"/> STAT 118: Introductory Business Statistics (3) GE AREA: B4 - foundation | | <i>appropriate math placement</i> |
| | PSY 100: General Psychology (3)* GE AREA: D3 | | <i>GE composition ready</i> |

Complete ALL of the following MSR courses by Spring 2023: (2nd year milestones)

| | | | |
|--|---|--|--|
| | KIN 201: Introduction to Kinesiology (3)* | | <i>open to KIN and Pre-KIN majors only</i> |
| | BIOL 207: Human Physiology (4)* GE AREA: B2/B3 | | <i>A2 & B4 GE foundations</i> |
| | BIOL 208: Human Anatomy (4)* | | <i>a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200</i> |
| | NUTR 132: Introductory Nutrition (3) GE AREA: B2 or E | | <i>one GE foundation course (corequisite)</i> |

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge

✓A 'C' or better is required in all courses