



H SC Undergraduate Option: School Health Education FOUR YEAR PLAN



Minimum Units Required: 120

Freshmen	SEMESTER 1	Total Units: 15-16	SEMESTER 2	Total Units: 15-16
	Composition(A.2) or Oral Communication (A.1)	3	Composition (A.2) or Oral Communication (A.1)	3
	STAT 108/118, PSY 110, SOC 170, or HDEV 190 (B.4)	3-4	CHEM 100 or higher (B.1)	3-4
	NUTR 132 (B2 no lab or E)	3	Critical Thinking (A.3)	3
	US History (D1)	3	HSC 210 (E)	3
	PSY 100	3	Free Elective	1-3
Sophomore	SEMESTER 3	Total Units: 16	SEMESTER 4	Total Units: 15
	BIO 205 or BIO 207 (B2)	4	BIOL 208 (if took BIO 207) or Elective	3
	Arts (C1)	3	Constitution & American Ideas (D2)	3
	Humanities (C2/C3)	3	H SC 227	3
	Arts or Humanities (C1/C2/C3)	3	Free Elective (H SC 301)	3
	Free Elective	1-3	Free Elective	1-3
Junior	SEMESTER 5	Total Units: 15	SEMESTER 6	Total Units: 15
	H SC 301 Orientation to Health Science*	3	COMM 335 or similar approved courses	3
	EDP 301 or 302 or 305	3	H SC 401: Community Health Education	3
	H SC 421: Health Behavior	3	H SC 422: Environmental Health	3
	H SC 403: Community Health Statistics (UD B)	3	H SC 423: Consumer Health	3
	Free Elective	1-3	Social/Behavioral Elective	3
Senior	SEMESTER 7	Total Units: 15	SEMESTER 8	Total Units: 15
	H SC 425: Human Sexuality & Sex Education	3	H SC 440 : Applied Concepts of Health Science (WI)	3
	H SC 430: School Health Program	3	ETEC 444: Digital Technologies in Education	3
	H SC 435: Health Promotion & Risk Reduction	3	H SC Elective	1-3
	Free Elective	1-3	Free Elective	1-3
	Free Elective	1-3	Free Elective	1-3

*can be taken earlier if declared

Please note this document is intended to be a guide. All SHE Students need to see Vikki Biscora, SHE Advisor.