

CURRICULUM VITAE

A. Personal Information:

Name in Full Selena T. Nguyen-Rodriguez
 Business Address California State University, Long Beach
 Department of Health Science
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B. Education:

High School Santa Ana Valley High School, California, 1995
 College or University California State University, San Diego, 1995-96
 California State University, Long Beach, B.A.
 (Psychology), 2001
 Advanced Degree University of Southern California, M.P.H.
 (Biostatistics & Epidemiology), 2004
 University of Southern California, Ph.D.
 (Preventive Medicine), 2006
 Post-degree Training University of Southern California, Postdoctoral
 Research Associate (Health Behavior Research),
 2007-2010
 Honors and Awards B.A. in Psychology received with high academic
 honors (magna cum laude), 2001
 CSULB NIMH COR Star, Washington, DC, 2009
 Recognition for outstanding service, CSULB Eta
 Sigma Gamma (Health Education Honor
 Society), 2014
 Early Academic Career Excellence Award,
 California State University, Long Beach, 2015
 Programs to Increase Diversity among Individuals
 Engaged in Health-Related Research (PRIDE)
 Scholar, 2015-2016
 Additional Training Summer Institute in Behavioral and Sleep
 Medicine. NHLBI PRIDE Summer Institute,
 New York University (NYU), Langone Medical
 Center, New York, New York, 2015-2016
 Qualitative Research Methods in Education
 (Educational Psychology [EDP] 595). Graduate
 course at California State University, Long
 Beach, Spring 2020

Certifications

Mixed Methods Research: Combining Quantitative and Qualitative Data and Strategies (online). Inter-university Consortium for Political and Social Research (ICPSR) Summer Program in Quantitative Methods of Social Research, University of Michigan, June 1-3, 2020.

ACUE Micro-Credential in Promoting Active Learning Online. Association of College and University Educators, Summer 2020. This micro-credential signifies my completion of an ACUE course requiring the implementation of evidence-based instructional approaches. The credential is co-issued by the American Council on Education and distinguishes faculty for their commitment to educational excellence and student success.

California State University Certificate Program in Student Success Analytics. Student success analytic data used to inform planning of project using evidence to support equity in student success. California State University, CSULB 2021 Learning Community, Spring, 2021.

C. Professional Background:

Academic Appointments

Associate Professor, College of Health and Human Services of the California State University, Department of Health Science, Long Beach, 2018-**present**

Assistant Professor, College of Health and Human Services of the California State University, Department of Health Science, Long Beach, 2012-2018

Visiting Faculty, College of Health and Human Services of the California State University, Department of Health Science, Long Beach, 2011-2012

Part-time Faculty, Department of Liberal Arts and Sciences of the Otis College of Art and Design, 2011

Faculty Research Associate, NCLR/CSULB Center for Latino Community Health, California State University, Long Beach, 2011-present

Research Associate, Keck School of Medicine of the University of Southern California, Department of Preventive Medicine, 2010-2011

Research Associate, NCLR/CSULB Center for Latino Community Health, California State University, Long Beach, 2009-2011

Part-time Faculty, School of Health and Human Services of the California State University, Department of Health Science (Public Health), Los Angeles, 2008-2011

Postdoctoral Research Associate, Keck School of Medicine of the University of Southern California, Department of Preventive Medicine, 2007-2010

Co-Instructor in Health Promotion, University of Southern California,

Department of Preventive Medicine, 2006-2007

Specific Teaching Responsibilities

University of Southern California

Lecture in Adolescent Health course for juniors and seniors, 2004
 Supervising/mentoring undergraduate directed research students, 2003 - 2011
 Adolescent Health course for juniors and seniors (co-instructor), 2006 – 2007
 Supervising and mentoring graduate students, 2006 - 2011
 Behavioral and Educational Strategies for Nutrition and Fitness course for juniors and seniors (co-instructor), 2007
 Lecture in Epidemiology of Nutrition course for juniors and seniors, 2007
 Lecture in Obesity and Health course for juniors and seniors, 2011

California State University, Los Angeles

Introductory Statistics course for juniors and seniors, 2008 – 2011

Otis College of Art and Design

Introduction to Psychology for sophomores, 2011

California State University, Long Beach

Clinical Interviewing course for juniors and seniors (course facilitator), 2001
 Supervising, mentoring and training undergraduate and graduate students in research, 2009 – **present**
 Community Analysis & Program Planning seminar course for graduate students, 2011
 Research Methods seminar course for graduate students, 2011 – 2014
 Advanced Community Health Statistics for graduate students, 2012 – **present**
 Theoretical Concepts and Issues in Health Science seminar course for graduate students, 2012-2013
 Drugs and Health lecture course for undergraduate students, 2012 – 2013
 Interdisciplinary Approaches to Health Disparities lecture activity course for undergraduate students, 2015
 Summer research training program for research and doctoral studies preparation for sophomores, 2015 – 2018
 Learning Community course for research and doctoral studies preparation for sophomores, 2015 – 2018
 Community Health Statistics for undergraduate students, 2016
 Community Health Education Internship for undergraduate students, 2017

Graduate Student Committees

Master's Thesis Committee

- Beatriz Sosa-Prado, "Acculturation and Dietary Intake Of Latina Mothers in Los Angeles County," Department of Health Science, California State University, Long Beach, 2011-2012 (committee member)
- Jessica Beaudoin, "Fruit and Vegetable Intake among Latina Mothers and their Children in Relation to Maternal Self-Efficacy and Intention," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2012-2013 (committee member)
- Angela Gilmore, "Understanding the Nurse-Client Relationship in Home Visiting: Program Guidelines versus Nurse Autonomy," Department of Nursing, California State University, Long Beach, 2013-2014 (committee member)
- Lizette Alvarez, "Pubertal Differences in Psychosocial Determinants of Physical Activity in Minority Middle School Girls," Department of Health Science, California State University, Long Beach, 2013-2014 (Chair)
- Safieh Anjine, "Knowledge of Nutrition and Health Topics, Confidence, and Intent for Lifestyle Change among Latinos," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2013-2014 (committee member)
- Hector Vasquez, "Exploring the Association Between Acculturation and Food Purchasing Behaviors of Latinos," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2013-2014 (committee member)
- Erika Gonzalez, "Technology and Adiposity: Effects of Television Time, Video or Computer Game Time, and Computer Use on Body Fat among Latino Youth," Department of Sociology, California State University, Long Beach, 2014-2015 (committee member)
- Ashley Chamberlin "Academic-Related Factors and Emotional Eating in Adolescents," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2014-2015 (committee member)
- Vanessa Avila, "Comparison of Basic Nutrition Knowledge between Health and Non-Health Related Majors," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2015-2016 (committee member)
- Ana Alicia Carr, "An Examination of Gestational Diabetetes Mellitus Among Latinas Using an Ecological Approach," Department of Health Science, California State University, Long Beach, 2015-2016 (committee member)
- Hannah Kim, "Socio-Demographic Variables Predict the Percentages of Personal Belief Exemption among Schools of Kindergarten in Orange County, California," Department of Health Science, California State University, Long Beach, 2015-2016 (committee member)

- Amanda Limon, "Acculturative Stress, Generalized Anxiety and Major Depressive Disorder among Latino Subgroups," Department of Health Science, California State University, Long Beach, 2015-2016 (Chair)
- Jazmin Martinez, "Patient-Provider Communication and Type 2 Diabetes Management - Related Outcomes in Hispanic Adults," Department of Health Science, California State University, Long Beach, 2015-2016 (Chair)
- Cassandra Schroeder, "Retrospective Evaluation of a Health Promotion Program Designed To Improve Quality of Life Amongst Youth with Cystic Fibrosis: Mauli Ola Foundation," Department of Health Science, California State University, Long Beach, 2015-2016 (committee member)
- Diana Aguirre "Relationships among Latino and African American Parents' SES, their Children's Eating Behaviors and Psychological Distress," Department of Health Science, California State University, Long Beach, 2015-2016 (Chair)
- Jennifer Campbell, "Evaluation of The Pathway between Adverse Childhood Experiences and Type 2 Diabetes in Adulthood," Department of Health Science, California State University, Long Beach, 2015-2016 (committee member)
- Angelina Majeno, "Experiences of Ethnic Microaggressions and Cortisol Reactivity to the Trier Social Stress Test in College Students," Department of Health Science, California State University, Long Beach, 2015-2016 (Chair)
- Erika Bonilla, "Parental Employment Status and Child Feeding Practices Among African American and Latina Adolescent Girls," Department of Health Science, California State University, Long Beach, 2015-2017 (Chair)
- Christine Gilbert, "Factors Associated with Dietetic Interns' Knowledge of Sodium and the 2015 Dietary Guidelines for Americans," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2016-2017 (committee member)
- Jaklen Keshishyan, "The Impact of Outreach and Utilization of Disabled Student Services at California State University, Long Beach on Graduation Rates of Project A.S.E.S.S. Students," Department of Health Science, California State University, Long Beach, 2016-2017 (committee member)
- Citlalli Gonzalez, "Maternal Behavioral Determinants and Child Dietary Quality in Latino Families," Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2016-2018 (committee member)
- Daisy Salinas, "A Qualitative Assessment of Diabetes Knowledge, Symptom Interpretation, and Utilization of Healthcare Services among Latino Immigrants with Type 2 Diabetes," Department of Health Science, California State University, Long Beach, 2016-2018 (committee member)

- Jill Vrastril, “A Comparison of Mineral Content in Organically and Conventionally Grown Almonds,” Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2017-2018 (committee member)
- Luz Garcia, “Examining Intimate Partner Violence and Policy: A Comparative Analysis of Policy for the States of California and Nevada,” Department of Health Science, California State University, Long Beach, 2017-2019 (Chair)
- Amy James, “The Impact of Sleep Restriction on Subjective Sensations of Appetite and Food Cravings: A Quantitative Study in Health Men,” Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2018-2020 (committee member)
- Patricia Trinidad, “Associations between Psychosocial and Cognitive Factors and Screen Time in American Youth,” Department of Health Science, California State University, Long Beach, 2018-2020 (Chair)
- Gabriela Zeigler, “Evaluating Mental Health Indicators, Perceived Stress, Anxiety, Depressive Symptoms and their Relationship with Emotional Eating Scores among Latina and African American Girls,” Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2019-2020 (committee member)
- Chyann Richards, “Early Childhood Sleep Predictors of ADHD and ADHD Severity” Department of Psychology, California State University, Long Beach, 2019-2021 (committee member; methods lead)
- Christina Nice, Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2019-present (committee member; acting chair fall 2021)
- David Monterrubio, Department of Family and Consumer Sciences - Nutrition and Dietetics, California State University, Long Beach, 2020-present (committee member)

Masters Directed Project Committee

- Loan Nguyen-Pryor, “Assessing Knowledge of Exclusive Breastfeeding Guidelines and Benefits among Nursing Students,” Department of Nursing, California State University, Long Beach, 2012-2013 (committee member)

Undergraduate Student Committees

University Honors Program Thesis Project

- Jennifer Granillo, “Electronic Cigarettes: Knowledge, Attitudes, and Perceptions of Risk,” Department of Health Science, California State University, Long Beach, 2012-2014 (faculty supervisor)

Judith Magaña, “Influence of Adiposity Indicators on Academic Performance of Minority Youth,” Department of Health Science, California State University, Long Beach, 2020 (faculty supervisor)

Specific Administrative Responsibilities (school or university committees, etc)

USC C-TREC Physical Activity, Sleep and Environmental Measures Working Group, *Secretary*, 2007-2010
 USC C-TREC Psychosocial Working Group secretary, 2007-2008
 USC C-TREC Statistical Working Group, *Secretary*, 2009
 CSULB Health Science Graduate Committee, member, 2012-**present**
 CSULB Health Science Curriculum Committee, Undergraduate revision *person-in-charge*, 2013-2014
 CSULB Health Science Accreditation Committee, *Chair*, 2013-2019; member 2019-**present**
 CSULB Health Science Student Program Improvement Panel Committee, *Chair*, 2013-2019; member 2019-**present**
 CSULB Building Biomedical Research Program, Research Enrichment Core Co-Director, 2014-2017
 CSULB Building Biomedical Research Program, Research Enrichment Core Co-Director, 2014-2017
 CSULB Building Biomedical Research Program, Leadership team, *Research partner liaison*, 2014-**present**
 CSULB Building Biomedical Research Program, Leadership team, *College of Health and Human Services faculty representative*, 2014-**present**
 CSULB Service Learning Task Force, 2015-2016
 CSULB Building Biomedical Research Program, Associate Program Training *Co-Director*, 2016-2018
 CSULB Health Science Research Committee, 2016-2019
 CSULB President’s Highly Valued Degree Initiative; Task Force 2: Research and Evaluation, 2017-2019
 CSULB Health Science Department Research, Tenure and Promotion (RTP) Committee, *Chair*, 2018-**present**
 CSULB Health Science Department Lecturer Review Committee, *Chair*, 2018-**present**
 CSULB Multidisciplinary Research Advisory Committee, 2018-2019
 CSULB Health Science Department Chair Nominating Committee, *Chair*, 2019
 CSULB Health Science Department Chair Search Committee, 2019-2020
 CSULB Health Science Department Research, Tenure and Promotion Policy Revision Committee, *Lead*, 2020-2021
 CSULB Health Science Department Bylaws Development Committee, *co-lead*, 2020-2021
 CSULB Building Biomedical Research Program, Diversity, Equity and Inclusion working group, 2020-**present**

CSULB Office of Diversity, Equity, and Inclusion in Academic Affairs
Intergroup Dialogue, *NIH BUILD working group*, 2020-2021

Military service

None

Other employment or activity

NIMH Career Opportunities in Research Fellow, Department of Psychology,
California State University, Long Beach, 2000-2001

Intern, Department of Psychology and Social Behavior, University of
California, Irvine, 2000-2001

Intern, Department of Family Medicine, University of Southern California,
2004-2005

Research Assistant, Department of Preventive Medicine, University of
Southern California, 2001-2006

D. Society Memberships

National

American Public Health Association, 2011-2013

American Psychological Association, 2000-2007

Psi Chi Honor Society, 2001-present

Sleep Research Society, 2009, 2019-**present**

Society of Behavioral Medicine, 2005-2006

International

International Society for Behavioral Nutrition and Physical Activity,
2010-2011

E. Service and Consultantships:

Statistician

Otis College of Art and Design, 2008-2010

The Grant Writers, 2007-2008

Grant writer

The Grant Writers, 2005-2010

Community advisory board

Eat, Play Go, USDA-funded family-based obesity prevention program,
2020-**present**

Reviewer

Journals

American Journal of Preventive Medicine
 Appetite
 Californian Journal of Health Promotion
 Childhood Obesity
 Eating Behaviors
 Evaluation & the Health Professions
 International Journal of Eating Disorders
 International Journal of Pediatric Obesity
 Journal of Adolescent Health
 Journal of Early Adolescence
 Journal of Latinx Psychology
 Nicotine and Tobacco Research
 Obesity
 Obesity Research and Clinical Practice
 Pediatric Obesity
 Pediatrics
 Psychological Reports
 Public Health Nursing
 Public Health Nutrition
 Sleep Health
 Stress and Health

Conferences

The Society for Research on Nicotine and Tobacco (SRNT), 2008
 Annual Conference
 National Health Disparities Conference, poster judge, 2014
 Latino Health Equity Conference, poster reviewer, 2015
 Latino Health Equity Conference, abstract and poster reviewer, 2016
 Annual Biomedical Research Conference for Minority Students, poster
 judge, 2017

Grant Proposals

ZonMw's Healthy Nutrition Programme, 2007

Editorial Board

Journal of Latinx Psychology, 2015-**present**

F. Research Activities:

Complete Bibliography

Appended

Article listing available at: <https://www.ncbi.nlm.nih.gov/myncbi/1Xk7b-7JhpsA7/bibliography/public/>

Major Areas of Research

Psychological determinants (stress, anxiety, depression) of health behaviors (sleep, diet, physical activity) and outcomes (sleep health, obesity, metabolic health). Cultural influences on health behavior and outcomes. Social determinants of health. Community-based intervention.

Areas of Research Interest

Effects of psychosocial factors on ability to cope with chronic disease and survive serious illness (health psychology); psychological influences on immune system functioning.

Research in Progress

Multilevel determinants of sleep behavior in minority adolescents; psychological and behavioral determinants of obesity; community-based health education; cultural influences and health disparities among Latinos.

Research Grants, Fellowships or Other Funding

External Funding

1. USC Center for Transdisciplinary Research on Energetics and Cancer; Goran (Center PI)
U54CA116848, National Cancer Institute
2005-2009, Postdoctoral Research Associate
2. Obesity Minority Children & Youth in Los Angeles: A Generation at Risk; Goran (Center PI)
P60 MD002254-01, NCMHD
2007-2012, Research Associate
3. Youth Empowerment for Success *¡Sí Se Puede!*; Rios-Ellis (PI)
1YEPMP090046-01-00, Office of Minority Health
2009-2012, Evaluator
4. Transdisciplinary Graduate Education and Training to Prevent Latino Childhood Obesity; Rios-Ellis (PI)
2011-67002-30152, US Department of Agriculture
2011-2016, Evaluator
5. CSULB Building Biomedical Research Program
Kingsford, Rios-Ellis & Urizar (Co-PIs)
NIH 8RL5GM118978, National Institutes of Health
2014-2018, Research Enrichment Core Co-Director

- 2014-2019, BUILD Leadership Team
6. Advancing Nutrition Development through Alliances for Leadership and Education (ANDALE) Scholars Program; Nguyen-Rodriguez (PI 2017-2018), Garcia (PI 2018-2020 2017-67033-26008, US Department of Agriculture 2017-2018, Principal Investigator & Mentor 2017-2020, Mentor
 7. Multilevel Antecedents of Sleep in Latino Youth
Nguyen-Rodriguez (PI)
1K01HL140283-01A1, National Institutes of Health
2018-2023, Principal Investigator

Internal Funding

1. Psychological and behavioral correlates of sleep related to obesity in Latino children; Nguyen-Rodriguez (PI)
California State University, Long Beach, College of Health and Human Services Research and Scholarly Activity Reassigned Time and Small Faculty Grants Program
Spring 2017, Principal Investigator
2. Adiposity in Latino youth: Psychological and behavioral correlates of sleep; Nguyen-Rodriguez (PI)
5UL1GM118979-03, CSULB Building Biomedical Research Initiative (NIH) Collaborative Research Stimulation Grants Program
2016-2017, Principal Investigator
3. Objective Assessment of Sleep in Minority Youth;
Nguyen-Rodriguez (PI)
CSULB Building Biomedical Research Initiative (NIH) Small Equipment and Computers Grant Program
Spring 2018, Principal Investigator
4. Ecological Momentary Assessment of Antecedents of Sleep in Latinx Youth; Nguyen-Rodriguez (PI)
California State University, Long Beach, College of Health and Human Services Research and Scholarly Activity Reassigned Time and Small Faculty Grants Program
Spring 2020, Principal Investigator

Scholarships/Stipends/Incentives

1. Health Disparities Research Loan Repayment Program
NIH NCHMD, 2007-2009.
2. Health Disparities Research Loan Repayment Program
NIH NCHMD, 2009-2011.
3. Health Disparities Research Loan Repayment Program
NIH NCHMD, 2011-2012.

4. CSULB College of Health and Human Services (CHHS)
“Grant Ready” Incentive Program, Spring 2020.
5. CSU Social Science Research and Instructional Council (SSRIC)
Stipend for the 2020 Summer Program presented by the Inter-
University Consortium for Political and Social Research (ICPSR),
Summer 2020.

BIBLIOGRAPHY

*Undergraduate student mentee author

**Graduate student mentee author

PEER REVIEW

1. Nezami E, Unger J, Tan S, Mahaffey C, Ritt-Olson A, Sussman S, **Nguyen-Michel S**, Baezconde-Garbanati L, Azen S, Johnson CA.
The influence of depressive symptoms on experimental smoking and intention to smoke in a diverse youth sample.
Nicotine Tob Res 7:243-248, 2005.
2. **Nguyen-Michel S**, Unger JB, Hamilton J, Spruijt-Metz D.
Physical activity impacts stress and hassles in college students.
Stress Health 22:179-188, 2006.
3. **Nguyen-Michel ST**, Unger JB, Spruijt-Metz D.
Dietary correlates of emotional eating in adolescence.
Appetite 49:494-499, 2007.
4. **Nguyen-Michel ST**, Chou C-P, Unger JB, Spruijt-Metz D.
BMI as a moderator of perceived stress and emotional eating in adolescents.
Eat Behav 9:238–246, 2008.
5. Spruijt-Metz D, **Nguyen-Michel ST**, Chou C-P, Goran MI, Huang T-K.
Reducing sedentary behavior in minority girls via a theory-based, tailored classroom intervention.
Int J Pediatr Obes 3:240-248, 2008.
6. Weigensberg MJ, Lane CJ, **Michel S**, White W, Scherrer K, Winners O, Goran MI, Spruijt-Metz D.
Acute effects of stress-reduction Interactive Guided ImagerySM on salivary cortisol in overweight Latino adolescents.
J Altern Complement Med 15:297-303, 2008.
7. **Nguyen-Rodriguez ST**, Unger JB, Spruijt-Metz D.
Psychological determinants of emotional eating in adolescence.
Eat Disord 17:211-224, 2009.
8. *Wichianson J, *Bughi S, Unger JB, Spruijt-Metz D, **Nguyen-Rodriguez, ST**.
Perceived stress, night eating and coping in college students.
Stress Health 25: 235-240, 2009.
9. McClain AD, *Chappuis C, **Nguyen-Rodriguez ST**, Spruijt-Metz D.
A review on the psychosocial correlates of dietary intake in children and adolescents.
Int J Behav Nutr Phys Act 6:54, 2009.

10. Lavender R, **Nguyen-Rodriguez ST**, Spruijt-Metz D.
Teaching the whole student: Perceived academic control in college art instruction.
Studies Art Educ 51: 198-218, 2010.
11. **Nguyen-Rodriguez ST**, McClain AD, Spruijt-Metz
Anxiety mediates the relationship between sleep onset latency and emotional eating in
minority children.
Eat Behav 11: 297-300, 2010.
12. Hsu Y-W, **Nguyen-Rodriguez ST**, Chou C-P, McClain AD, Belcher BR, Spruijt-
Metz D.
Influences of social support, perceived barriers, and negative meanings of physical
activity on physical activity in middle school students.
J Phys Act Health 8: 210-219, 2011.
13. Shahabi A, Bernstein L, Azen SP, McClain AD, Belcher B, Hsu Y-W, **Nguyen-
Rodriguez ST**, Spruijt-Metz D.
Recruitment and retention of African-American and Latina pre-adolescent females
into a longitudinal bio-behavioral study.
Ethn Dis 21: 91-98, 2011.
14. Belcher BR, **Nguyen-Rodriguez ST**, McClain AD, Hsu Y-W, Unger JB, Spruijt-
Metz D.
The influence of worries on emotional eating, weight concerns, and body mass index
in Latina female youth.
J Adol Health 48: 487-492, 2011.
15. McClain AD, Hsu YW, Belcher BR, **Nguyen-Rodriguez ST**, Weigensberg M,
Spruijt-Metz D.
Physical activity, but not sedentary behavior or diet, are associated with higher fat
mass in Latina and African American girls.
Ethn Dis 21: 458-461, 2011.
16. McClain AD, Pentz MA, **Nguyen-Rodriguez ST**, Shin HS, Riggs NR, Spruijt-Metz
D.
Measuring the Meanings of Eating in Minority Youth.
Eat Behav 12: 277-283, 2011.
17. Rios-Ellis B, Canjura AC, Garcia M, Korosteleva O, **Nguyen-Rodriguez ST**,
Espinoza L, Bird M, Malotte CK.
*Rompe el Silencio: Break the Silence - Increasing sexual communication in Latina
intergenerational family dyads.*
Hispanic Health Care Int 9: 174-185, 2011.

18. Belcher B, Chou C-P, **Nguyen-Rodriguez S**, Hsu Y-W, Byrd-Williams C, McClain A, Weigensberg M, Spruijt-Metz D.
Leptin predicts a decline in moderate to vigorous physical activity in minority female children at risk for obesity.
Pediatr Obes 8: 70-77, 2012.
19. Schembre SM, Wen F, Davis JN, **Nguyen-Rodriguez ST**, Belcher BR, Hsu Y-W, Shen E, Weigensberg MJ, Goran MI, Spruijt-Metz D.
Eating breakfast more frequently is cross-sectionally associated with greater physical activity and lower levels of adiposity in overweight Latina and African American girls.
Amer J Clin Nutr 98: 275-28, 2013.
20. Spruijt-Metz D, Belcher BR, Hsu Y-W, McClain AD, Chou CP, **Nguyen-Rodriguez S**, Weigensberg MJ, Goran MI
Temporal relationship between insulin sensitivity and the pubertal decline in physical activity in peri-pubertal Hispanic and African American females.
Diab Care 36: 3739-3745, 2013.
21. Hsu Y-W, Chou C-P, Belcher BR, **Nguyen-Rodriguez ST**, Weigensberg MJ, McClain AD, Spruijt-Metz D.
Double jeopardy: Metabolic syndrome leads to increased sedentary behavior in peri-pubertal minority females.
Pediatr Exer Sci 26: 266-273, 2014.
22. Rios-Ellis B, **Nguyen-Rodriguez ST**, Espinoza L, Galvez G, Garcia-Vega M.
Engaging community with promotores de salud to support infant nutrition and breastfeeding among Latinas residing in Los Angeles county: Salud con Hyland's.
Health Care Women Int 36: 711-729, 2015.
23. **Nguyen-Rodriguez ST**, Lisha NE, Spruijt-Metz D, Sun P, Rohrbach LA, Sussman S.
Coping mediates the effects of depressive symptoms on sleep problems.
Amer J Health Behav 39: 183-190, 2015.
24. Rios-Ellis B, Becker D, Espinoza L, **Nguyen-Rodriguez S**, Diaz G, Carricchi A, Galvez G, Garcia M.
Evaluation of a community health worker intervention to reduce HIV/AIDS stigma and to increase motivation for HIV testing among underserved Latinos in three communities in the Southwestern United States.
Public Health Reports 130: 458-467, 2015.
25. McDonough M, Vargas M, **Nguyen-Rodriguez S**, Garcia M, Galvez G, Kabore C, Pompa D, Rios-Ellis B.
Mujer Sana, Familia Fuerte: The effects of a culturally-relevant, community-based, *promotores* program to increase cervical cancer screening among Latinas.
J Health Care Poor Underserved 27: 568-579, 2016. doi: 10.1353/hpu.2016.0094

26. **Campbell JA, Farmer GC, **Nguyen-Rodriguez S**, Walker R, Egede L.
Using path analysis to examine the relationship between sexual abuse in childhood and diabetes in adulthood in a sample of US adults.
Prev Med 108: 1-7; 2017. doi: 10.1016/j.ypmed.2017.12.013
27. **Campbell JA, Farmer GC, **Nguyen-Rodriguez S**, Walker R, Egede L.
Relationship between individual categories of adverse childhood experience and diabetes in adulthood in a sample of us adults: Does it differ by gender?
J Diab Complications 32: 139-143; 2018. doi: 10.1016/j.jdiacomp.2017.11.005
28. **Chamberlin A, **Nguyen-Rodriguez S**, Gray V, Reiboldt W, Peterson C, Spruijt-Metz D.
Academic-related factors and emotional eating in adolescents.
J School Health 88: 493-499; 2018. doi: 10.1111/josh.12638
29. *Rafferty A, Gray VB, Nguyen J, **Nguyen-Rodriguez S**, Barrack M, *Lin S.
Parents report competing priorities influence snack choice in youth sports.
J Nutr Edu Behav 50: 1032-1039; 2018. doi: 10.1016/j.jneb.2018.04.275
30. **Cordola Hsu A, **Nguyen-Rodriguez ST**, Spruijt-Metz D.
Age, physical activity motivation and perceived stress in minority girls.
Californian J Health Promotion 17: 1-12; 2019. doi: 10.32398/cjhp.v17i2.2285
31. **Minkow S, Gray VB, **Nguyen-Rodriguez S**, Reiboldt W, Gonitzke D, **Childers J.
Cooking frequency predicts fruit and vegetable intake among college students.
J Family Consumer Sci 113: 38-45; 2020. doi: 14307/JFCS112.1.38
32. **Nguyen-Rodriguez ST**, Gallo LC, Isasi CR, Buxton OM, Thomas K, Sotres-Alvarez D, Redline S, Castaneda SF, Carnethon MR, Daviglius M, Perreira K.
Adiposity, depression symptoms and inflammation in Hispanic/Latino youth: Results from HCHS/SOL Youth.
Ann Behav Med 54: 529–534; 2020. doi: 10.1093/abm/kaz070
33. Gaston SA, **Nguyen-Rodriguez S**, Aiello AE, Napoles A, Perez-Stable E, Jackson CL
Hispanic/Latino heritage group disparities in sleep and the sleep-cardiovascular health relationship by housing tenure status in the United States.
Sleep Health 6: 451-462; 2020. doi: 10.1016/j.sleh.2020.01.005
34. Frank G, **Nguyen-Rodriguez ST**, Bird M, Garcia M, Gatdula N, Bonilla E, Rascon M, Rios-Ellis B.
Primary outcomes of an obesity prevention intervention for Latino families.
Californian J Health Promotion 18: 29-38; 2020. doi: 10.32398/cjhp.v18i1.2452

35. **Majeno A, Urizar Jr GG, Halim ML D, **Nguyen-Rodriguez ST**, Gonzalez A.
Cortisol responses to a laboratory stressor: Examining the role of ethnic microaggressions.
Cult Divers Ethnic Minority Psychol 27: 135–144; 2021.
doi.org/10.1037/cdp0000401

ARTICLES IN PRESS

1. Garcia ML, **Nguyen-Rodriguez ST**, Gatdula N, Aguirre D, Rascon M, Bird M, Rios-Ellis B, Frank G.
The outcomes of interprofessional experiential learning for underrepresented racial/ethnic minority students to address Latino childhood obesity
Pedagogy Health Promot (in press)
2. Frank GC, Centinaje E, Gatdula N, Garcia M, **Nguyen-Rodriguez ST**, Bird M, Rios-Ellis B.
Culturally relevant health education: A foundation for building cultural competence of healthcare professionals.
Californian J Health Promotion (in press)

ARTICLES SUBMITTED

1. **Nguyen-Rodriguez ST**, Rascón MS, Lucas W, Bird M, Rios-Ellis B.
Youth Empowerment for Success (YES!) *Sí Se Puede*: Evaluation results from an urban Latinx youth development program.
J Early Adolesc
2. *Jeanmarie LK, **Nguyen-Rodriguez ST**, *Garcia M, *Figueroa W, Spruijt-Metz D.
Exploring the combined association of parent presence and income level with fruit and vegetable intake among Black and Latinx girls.
Family Community Health

ARTICLES IN PREPARATION

1. Defendis A, Chow T, **Nguyen-Rodriguez ST**, Xiang A, Page K. [order TBD]
Sleep parameters and glucose homeostasis.
2. *Alvarado C, **Nguyen-Rodriguez ST**, Bird M, Garcia M, Gatdula N, Rios-Ellis B, Frank G.
Influence of parent education on association between home language use and Latino child body size.
3. *Carbajal C, **Nguyen-Rodriguez ST**, Bird M, Garcia M, Gatdula N, Rios-Ellis B, Frank G.
Influence of parent acculturation & self-efficacy for healthy dietary habits on child fruit & vegetable intake in Latino families.

4. **Nguyen-Rodriguez ST**, Arevalo SP, Falcon LM, Tucker KL.
Perceived stress predicts sleep problems among older Puerto Rican adults.
5. Arevalo SP, **Nguyen-Rodriguez ST**, Falcon LM, Tucker KL.
Sleep and cognition: Results from a longitudinal cohort of older Puerto Rican adults.
6. **Nguyen-Rodriguez ST**, Buxton OM.
Psychological and behavioral correlates of sleep in youth: A review

PEER REVIEWED ABSTRACTS AND PRESENTATIONS

1. **Nguyen-Michel S**, Gallaher P, Unger JB, Johnson CA.
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4. **Michel S**, Unger JB, Spruijt-Metz D.
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5. Weigensberg MJ, Lane CJ, **Michel S**, White W, Scherrer K, Winners O, Goran MI, Spruijt-Metz D.
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6. *Bughi S, *Wichianson J, **Nguyen-Rodriguez ST**, Spruijt-Metz D.

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7. Hsu Y-W, **Nguyen-Rodriguez ST**, Chou C-P, Lane CJ, Spruijt-Metz D.
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8. McClain AD, **Nguyen-Rodriguez ST**, Spruijt-Metz D, Belcher BR, Hsu YW,
Ventura EE, Lane CJ, Davis JN, Goran MI.
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9. Hsu Y-W, **Nguyen-Rodriguez ST**, Chou C-P, McClain AD, Belcher BR, Spruijt-
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10. Belcher BR, **Nguyen-Rodriguez ST**, Hsu Y-W, McClain AD, Chou C-P, Unger JB,
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13. McClain AD, Pentz MA, **Nguyen-Rodriguez S**, Chou CP, Shin HS, Riggs N,

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15. **Nguyen-Rodriguez ST**, Spruijt-Metz D.
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16. Spruijt-Metz D, **Nguyen-Rodriguez ST**.
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17. Rios-Ellis B, Garcia M, Espinoza L, **Rodriguez-Nguyen S**, Huerta B, Danzinger A, Zaldivar R.
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18. Hsu Y-W, **Nguyen-Rodriguez ST**, Belcher BR, McClain AD, Weigensberg MJ, Spruijt-Metz D.
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19. McClain AD, Hsu YW, Belcher BR, **Nguyen-Rodriguez ST**, Weigensberg M, Spruijt-Metz D.
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22. Rios-Ellis B, Espinoza L, Garcia ML, **Nguyen-Rodriguez ST**, Scolari R, Diaz R, Chacon G, Danzinger A, Zaldivar R.
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23. Rios-Ellis B, Bird M, **Nguyen-Rodriguez ST**, Malotte K, Pio J.
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Poster, 138th APHA Annual Meeting
Denver, CO, November 6-10, 2010.

24. Baezconde-Garbanati L, **Nguyen-Rodriguez S**, Ventura E, Barreno T, Gonzalez L, Dennard C, Alexander K, Del Hoyo F, Amezola De Herrera P, Spruijt-Metz D.
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25. Weigensberg MJ, Vasquez S, Toledo-Corral C, **Nguyen-Rodriguez ST**, Spruijt-Metz D.
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26. Garcia-Vega M, Rios-Ellis B, Rascon M, **Nguyen-Rodriguez ST**.
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28. Garcia-Vega M, Rios-Ellis B, **Nguyen-Rodriguez ST**, Rascon M, Smallwood N.
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Oral presentation, 139th APHA Annual Meeting
Washington, DC, October 29 - November 2, 2011.

30. Marquez J, Rios-Ellis B, Frank GC, **Nguyen-Rodriguez S**.
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San Antonio, TX, September 20 – September 24, 2012.

32. O'Reilly GA, **Nguyen-Rodriguez ST**, Hsu Y-W, Belcher B, McClain A, Cook LT, Davis J, Spruijt-Metz D.
High fat dairy and fruit are associated with depressive symptoms in minority youth.
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San Antonio, TX, September 20 – September 24, 2012.

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High fat dairy and fruit are associated with depressive symptoms in minority youth.

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San Francisco, CA, October 27 - October 31, 2012.

34. Garcia-Vega M, Rios-Ellis B, Frank GC, **Nguyen-Rodriguez ST**.
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35. McDonough M, **Nguyen-Rodriguez S**, Garcia M, Gatdula N, Rios-Ellis B.
Evaluation results of a *promotores de salud* approach to prevent obesity among Latinos.
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36. Cardoza V, Pompa D, Gepp AJ, McDonough M, Kabore C, Rios-Ellis B, **Nguyen-Rodriguez ST**, Velasquez C, Wilson A.
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37. Bonilla E, Garcia-Vega M, **Nguyen-Rodriguez ST**, Cardoza VJ, McDonough M.
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Little Rock, AR, November 28 – December 1, 2012.
38. ****Cordola A, Nguyen-Rodriguez ST**, Ortega E, Garcia M, Rios-Ellis B.
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39. ****Sok J, Nguyen-Rodriguez ST**, Gepp AJ, Rios-Ellis B.
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Poster, National Conference on Health Disparities
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40. ****Rosell P, Nguyen-Rodriguez ST**, Garcia M, Frank G, Rios-Ellis B.
Education is not related to healthy dietary intake and activity levels among Latino adults.
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41. **Broderick J, **Nguyen-Rodriguez ST**, Garcia M, Rios-Ellis B, Frank G.
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Little Rock, AR, November 28 – December 1, 2012.
42. **Ramirez W, **Nguyen-Rodriguez ST**, Garcia M, Rios-Ellis M.
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Little Rock, AR, November 28 – December 1, 2012.
43. **Gutierrez I, **Nguyen-Rodriguez ST**, Bird M, Rios-Ellis B.
YES! Sí Se Puede: The benefits of an after-school program on education and health among at-risk Latino youth.
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44. **Alvarez L, Galvez G, **Nguyen-Rodriguez ST**, Ortega E, Garcia M, Rios-Ellis B.
Previous nutrition education and its influence on the outcomes of nutrition education programs at point of purchase.
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Little Rock, AR, November 28 – December 1, 2012.
45. Rios-Ellis B, Bird M, Garcia-Vega M, **Nguyen-Rodriguez S**.
Youth Empowerment for Success (YES!) Sí Se Puede project: Early adolescent development for at risk Latino youth.
Poster, Science of Eliminating Health Disparities Summit.
National Harbor, MD, December 17 – 19, 2012.
46. *Corona D, **Nguyen-Rodriguez ST**, Bird B, Rios-Ellis B.
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Long Beach, CA, April 10, 2013.
47. Galvez G, Rios-Ellis B, Frank G, **Nguyen-Rodriguez S**, Bird M, Garcia-Vega M, Rascon M.
Preparing future professionals to address Latino childhood obesity.
Oral presentation, Long Beach Childhood Obesity Conference
Long Beach, CA, June 18 – June 20, 2013.
48. Vargas M, McDonough M, Pompa D, Kabore C, Rios-Ellis B, **Nguyen-Rodriguez S**, Garcia M.
Mujer sana, familia fuerte: A promotoras-led cervical cancer prevention project for Latinas in the U.S. American .
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49. Rios-Ellis B, Frank G, **Nguyen-Rodriguez ST**, Garcia-Vega M, Rascon M.
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Poster, Society for Nutrition Education Conference
Portland, OR, August 9 – August 12, 2013.
50. ****Rivera K, Nguyen-Rodriguez ST**, Garcia M, Frank G, Rios-Ellis B.
The effects of language acculturation and time in U.S on selected nutrition
recommendations.
Poster, National Conference on Health Disparities
St. Thomas, U.S. Virgin Islands, November 13 – November 16, 2013.
51. ****Ajine S, Nguyen-Rodriguez ST**, Rios-Ellis B, Frank G.
Availability of fruit, vegetable, and physical activity options in the Latino home
environment.
Poster, National Conference on Health Disparities
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52. Bonilla E, **Nguyen-Rodriguez ST**, Rios-Ellis B, Frank G.
The relationship between education and breastfeeding duration among Latinas.
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53. ****Udeoji J, Nguyen-Rodriguez ST**, Bird M, Rios-Ellis B.
Relationship between self-efficacy and barriers to intentions for physical activity
among Latino youth.
Poster, National Conference on Health Disparities
St. Thomas, U.S. Virgin Islands, November 13 – November 16, 2013.
54. Rios-Ellis B, Frank GC, **Nguyen-Rodriguez ST**, Bird M, Galvez G, Gatdula N,
Bonilla E.
Sanos y Fuertes (Healthy & Strong): A culturally-tailored nutrition and health
intervention.
Poster, Society for Nutrition Education and Behavior Annual Conference
Milwaukee, WI, June 28 – July 1, 2014.
55. ****Castillo E, Nguyen-Rodriguez S**, Garcia-Vega M, Rios-Ellis B.
Effect of language on hiv/aids knowledge in the latino population.
Poster, Eighth Annual National Conference on Health Disparities
Long Beach, CA, November 5-8, 2014.
56. ****Martinez J, Galvez G, Nguyen-Rodriguez ST**, Bird M, Rios-Ellis B.
Depressive symptoms & perceived barriers to physical activity among Latino teens.
Poster, Eighth Annual National Conference on Health Disparities
Long Beach, CA, November 5-8, 2014.

57. **Avila V, **Nguyen-Rodriguez ST**, Galvez G, Garcia M, Rios-Ellis B.
Breakfast and sugary beverage intake affect physical activity.
Poster, Eighth Annual National Conference on Health Disparities
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58. **Álvarez L, **Nguyen-Rodriguez S**, Spruijt-Metz D.
Pubertal differences in psychosocial determinants of physical activity in minority middle school girls.
Poster, Eighth Annual National Conference on Health Disparities
Long Beach, CA, November 5-8, 2014.
59. **Gonzalez E, **Nguyen-Rodriguez ST**, Bird M, Rios-Ellis B.
Is there a relationship between technology use and Latino youth weight status?
Poster, Eighth Annual National Conference on Health Disparities
Long Beach, CA, November 5-8, 2014.
60. Bird M, Rios-Ellis B, Frank G, **Nguyen-Rodriguez S**, Gatdula N, Bonilla E.
A family-based intervention for Latino childhood obesity.
Oral presentation, Minority Health and Health Disparities (NIMHD) Grantees' Conference
National Harbor, Maryland, December 1–3, 2014.
61. **Aguirre D, **Nguyen-Rodriguez S**, Frank GC, Bird M.
Health knowledge and Latina mothers' intentions to use dietary guidelines.
Poster, Latino Health Equity Conference
Long Beach, CA, April 17, 2015.
62. **Avila V, **Nguyen-Rodriguez ST**, Frank G, Bird M.
Parent role modeling influences confidence and intentions to engage in healthy behavior.
Poster, Latino Health Equity Conference
Long Beach, CA, April 17, 2015.
63. **Magaña CG, Gatdula N, Bonilla E, **Nguyen-Rodriguez S**.
A call to action: The need for equitable housing policies addressing crowding in Long Beach, CA.
Poster, Latino Health Equity Conference
Long Beach, CA, April 17, 2015.
64. **Salazar R, **Nguyen-Rodriguez S**, Gatdula N, Bird M, Frank GC.
Home crowding and risk of obesity: A comparison between Long Beach and Paramount, California.
Poster, Latino Health Equity Conference
Long Beach, CA, April 17, 2015.

65. Bird M, Frank G, **Nguyen-Rodriguez ST**, Gatdula N, Bonilla E.
Sanos y Fuertes: A creative Latino family-oriented approach to childhood obesity prevention.
Poster, Society for Nutrition Education and Behavior Annual Conference
Pittsburgh, PA, July 25 – 28, 2015.
66. Bird M, Gatdula N, **Nguyen-Rodriguez ST**, Frank G, Bonilla E, Garcia-Vega M.
An obesity prevention intervention for Latino families.
Poster, Society for Nutrition Education and Behavior Annual Conference
Pittsburgh, PA, July 25 – 28, 2015.
67. *Lopez S, Hantanachaikul W, Rogala BE, Nguyen-Rodriguez S, Romo K.
Mental health problems of women in a substance abuse outpatient program.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
68. *Atencio, A. Frank G, **Nguyen-Rodriguez S**, Bird M, Gatdula N, Bonilla E.
Assessing the correlation between nutrition knowledge and the use of nutrition guidelines.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
69. **Ayala ST, **Nguyen-Rodriguez ST**, Bird M, Frank G, Bonilla E, Gatdula N.
Parental intentions to improve children’s health behaviors do not predict role modeling.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
70. **Carr A-A, Bavarian N, **Nguyen-Rodriguez S**, Andres Taylor C.
Examining differences in gestational diabetes mellitus correlates between Latina and Non-Hispanic White women: An ecological approach.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
71. **Carvajal, J. Frank G, **Nguyen-Rodriguez S**, Bird M, Gatdula N, Bonilla E.
Is age and number of children associated with parent intentions to engage in healthy eating behaviors?
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
72. **González C, **Nguyen-Rodriguez ST**, Frank GC, Bird M, Gatdula N, Bonilla E.
Parental intentions are associated with child dietary intake in Latino families.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.

73. **Limon AM, **Nguyen-Rodriguez S**, Bavarian N, Gonzalez A.
Acculturative stress, generalized anxiety and major depressive disorder among Latino subgroups.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
74. **Martinez J, **Nguyen-Rodriguez ST**, Frank G, Bird M, Bonilla E, Gatdula N.
Home crowding and adiposity: The role of physical activity.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
75. **Padilla J, **Nguyen-Rodriguez S**, Bird M, Frank GC, Gatdula N, Bonilla E.
The effects of language acculturation on the frequency of fruits, vegetables, and sweetened beverages consumption among Latino children.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
76. **Rivera S, **Nguyen-Rodriguez ST**, Bird M, Frank G, Gatdula N, Bonilla E.
Su primer maestro: The impact of parent dietary practices on their child's diet.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
77. **Segovia N, Frank GC, **Nguyen-Rodriguez ST**, Bird M Bonilla E, Gatdula N.
Exploring the relationship between education level and its influence on health knowledge and food purchasing behaviors among Latino adults.
Poster, Latino Health Equity Conference
Long Beach, CA, March 18, 2016.
78. **Martinez J, **Nguyen-Rodriguez ST**, Bird M, Frank G.
Provider access influences the effect of health education on child vegetable intake.
Poster, 9th Annual National Conference on Health Disparities
Washington, DC, March 9-12, 2016.
79. **Aguirre D, **Nguyen-Rodriguez S**.
Relationships among Latino and African American parents' SES, their children's eating behaviors and psychological factors.
Poster, 9th Annual National Conference on Health Disparities
Washington, DC, March 9-12, 2016.
80. **Carr A-A, Bavarian N, **Nguyen-Rodriguez S**, Andres Taylor C.
Examining distal and ultimate-level correlates of gestational diabetes mellitus among Latinas.
Poster, Society for Prevention Research's Annual Conference
San Francisco, CA, May 31 - June 3, 2016.
81. **Aguilar M, Bird M, Garcia M, Bonilla E, Gatdula N, **Nguyen-Rodriguez S**.

Community Forums: An Innovative Approach to Engage Community in Research Planning and Dissemination.

Poster, Latina Researchers Network 2016 Annual Conference
San Antonio, TX, July 14-16, 2016.

82. **Kim H, Gorman F, **Nguyen-Rodriguez ST**, Malotte CK, Gorman NP.
Socio-demographic variables that correlate with the percentages of personal belief exemption among kindergartens in Orange County, California
Poster, American Public Health Association Annual Meeting and Expo
Denver, CO, October 29 – November 2, 2016.
83. *Rafferty A, Ratanapratum J, Gray VB, Barrack M., **Nguyen-Rodriguez S**.
Perceptions of snacks and drivers of snacking choices in youth sports.
Poster, California Academy of Nutrition and Dietetics Annual Conference
McClellan, CA, April 27-29, 2017.
84. **Campbell JA, Farmer G, **Nguyen-Rodriguez S**, Egede LE.
Evaluation of the pathway between adverse childhood experiences and type 2 diabetes in adulthood.
Poster, 77th Scientific Sessions, American Diabetes Association
San Diego, CA, June 9-13, 2017.
85. *Lin S, Gray VB, **Nguyen-Rodriguez S**, Barrack M., *Rafferty A, Nguyen J.
Parental perceptions of snacking environments in youth sports.
Poster, Food and Nutrition Conference and Exhibition of the Academy of Nutrition and Dietetics
Chicago, IL, October 21-24, 2017.
86. *Jeanmarie LK, **Nguyen-Rodriguez ST**.
Associations of single vs. dual-parent homes and income with fruits and vegetable intake of minority children.
Poster, ObesityWeek
Washington, DC, October 30-November 2, 2017.
87. *Garcia M, **Nguyen-Rodriguez S**.
Insomnia symptoms and memory prescription medication use among clinically vs. non-clinically depressed cancer survivors.
Poster, Southern California Conferences for Undergraduate Research Annual Conference
Pomona, CA, November 18, 2017.
88. Bonilla E, Bird M, **Nguyen-Rodriguez S**, Rios-Ellis B, Garcia-Vega M, Lucas W, Martinez C.
Salud a la Vida: Cheers to Life! A university and community-based prevention intervention to address HIV, hepatitis C, alcohol, and substance abuse among Latinx young adults.

Oral presentation, American Public Health Association Annual Meeting and Expo
San Diego, CA, November 10-14, 2018.

89. *Alvarado C, **Nguyen-Rodriguez ST**.
Influence of parent education on association between language use at home and child adiposity.
Poster, Diabetes and Obesity Research Institute's 6th Annual Symposium
Los Angeles, CA, February 26-27, 2019.
90. *Carbajal C, **Nguyen-Rodriguez ST**.
Influence of parent acculturation & self-efficacy for healthy dietary habits on child fruit & vegetable intake in latino families.
Oral presentation, Diabetes and Obesity Research Institute's 6th Annual Symposium
Los Angeles, CA, February 26-27, 2019.
91. Frank G, Bird M, **Nguyen-Rodriguez ST**, Gatdula N, Bonilla E, Garcia M, Rascon M, Rios-Ellis B.
Sanos y Fuertes: Healthy & Strong: Behavioral outcomes from an obesity prevention intervention for Latino families
Paper presentation, 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine
Washington, DC, March 6-9, 2019.
92. *Alvarado C, **Nguyen-Rodriguez ST**.
Influence of parent education on association between language use at home and child adiposity.
Poster 12th National Conference on Health Disparities
Oakland, CA, June 19-22, 2019.
93. *Carbajal C, **Nguyen-Rodriguez ST**.
Influence of parent acculturation & self-efficacy for healthy dietary habits on child fruit & vegetable intake in Latino families.
Poster, 12th National Conference on Health Disparities
Oakland, CA, June 19-22, 2019.
94. **Nguyen-Rodriguez ST**, Master L, Buxton O.
Depression symptoms are associated with sleep quality in Latinx children.
Poster, World Sleep 2019
Vancouver, Canada, September 20-25, 2019.
95. *Magaña J, **Nguyen-Rodriguez ST**.
Influence of adiposity indicators on academic performance of minority youth.
Poster, Diabetes and Obesity Research Institute's 7th Annual Symposium
Los Angeles, CA, February 25-26, 2020.
96. Gaston SA, Martinez-Miller EE, **Nguyen-Rodriguez S**, Aiello A, McGrath J,

Jackson WB, Nápoles A, Pérez-Stable EJ, Jackson CL.
Nativity moderates racial/ethnic disparities in multiple sleep characteristics among non-Hispanic Whites and Hispanic/Latino heritage groups in the United States.
Poster presentation, 34th annual SLEEP meeting of the Associated Professional Sleep Societies
Online meeting, August 27-30, 2020.

97. **Nguyen-Rodriguez ST**, Buxton OM.
Psychological correlates of morningness/eveningness in Latinx pre-adolescents.
Poster presentation, 34th annual SLEEP meeting of the Associated Professional Sleep Societies
Online meeting, August 27-30, 2020.
98. *Moreno G, **Nguyen-Rodriguez ST**.
Morningness/eveningness, diet and adiposity in Latino children.
Poster, 2020 SACNAS – The National Diversity in STEM Virtual Conference
Online meeting, October 19-24, 2020.
99. Frank G, Garcia M, **Nguyen-Rodriguez ST**.
Lifestyle intervention for Latino families.
Oral presentation, 2021 Joint CA-AFCS, FCSTAC, and FCS Leadership & Management Virtual Conference
Online meeting, March 19-20, 2021.
100. **Nguyen-Rodriguez ST**.
Parent perceptions of multilevel influences on sleep in Latinx children.
Oral presentation, California State University, Long Beach Week of Research
Online meeting, April 5-9, 2021.
101. *Estrada K, **Nguyen-Rodriguez ST**.
Stress, physical activity, and sedentary behavior in minority girls.
Poster presentation, NCUR 2021 @Home – Annual conference of the National Conferences on Undergraduate Research
Online meeting, April 12-14, 2021.
102. Alves JM, Defendis AW, Chow T, **Nguyen-Rodriguez ST**, Xiang A, Page KA.
Role of child physical activity and sleep efficiency in relation to prenatal exposure to gestational diabetes on adiposity.
Poster presentation, 81st Scientific Sessions of the American Diabetes Association
Online meeting, June 25-29, 2021.
103. **Nguyen-Rodriguez ST**, Buxton OM.
Qualitative identification of multilevel influences on sleep in Latinx pre-adolescents.
Oral presentation, Virtual SLEEP 2021, annual meeting of the Associated Professional Sleep Societies
Online meeting, June 12-16, 2021.

104. Chun C-A, Chin Goosby K, Streicker N, Carrada Zuniga N, Dillon J, Mendoza R, **Nguyen-Rodriguez S**.
 Holding ourselves accountable to racial justice: The evolution of the diversity, equity and inclusion work within an undergraduate research training program.
 Panel session, 2021 CUR Conference, Council on Undergraduate Research
 Online meeting, June 23-25, 2021.

INVITED PRESENTATIONS

1. **Nguyen-Rodriguez ST**.
 Stress, eating and physical activity.
 Invited lecture, Continuing Medical Education (CME) Program Evaluation, Olympia Medical Center
 Los Angeles, California, September 5, 2007.
2. **Nguyen-Rodriguez ST**.
 Emotional eating in minority youth: Paths to obesity and avenues for prevention.
 Invited lecture, California State University, Long Beach NIMH COR Colloquium Series
 Long Beach, CA, November 4, 2009.
3. **Nguyen-Rodriguez ST**.
 Diabetes risk and prevention.
 Invited lecture, St. Cyril of Jerusalem School, Health Education Presentation
 Encino, CA, February 3, 2010.
4. **Nguyen-Rodriguez ST, Ventura EE**.
 Nutrition and diabetes prevention: Strategies for Latino youth.
 Oral presentation, Sembrando y Cosechando Una Comunidad Saludable, Foro Obesidad Infantil [Planting and Sowing a Healthy Community, Pediatric Obesity Conference]
 Calexico, CA, March 31, 2010.
5. **Nguyen-Rodriguez ST, Ventura EE, Baezconde-Garbanati L**.
 Obesity and diabetes in Latinos: Background and prevention strategies.
 Invited lecture, Worker Education Resource Center (WERC) LA County Employee Training
 Los Angeles, CA, November 3, 2010 & May 16, 2011.
6. **Nguyen-Rodriguez ST, Rios-Ellis B, Frank G**.
 Transdisciplinary graduate education and training to prevent Latino childhood obesity.
 Oral presentation, Harbor-UCLA LABioMed Obesity Symposium
 Torrance, CA, November 22 – November 23, 2013.

7. **Nguyen-Rodriguez ST**, Rios-Ellis B, Frank G, Bird M, Gatdula N, Garcia M, Bonilla E.
Transdisciplinary Graduate Education and Training to Prevent Latino Childhood Obesity: A transdisciplinary approach for an underserved, disproportionately, high-risk pediatric population.
Oral presentation, BUILD Research Symposium
Long Beach, CA, April 16, 2016.
8. **Nguyen-Rodriguez ST**.
Latino health equity via childhood obesity prevention research.
Keynote speaker, California State University, Monterey Bay, College of Health Sciences and Human Services Diversity Celebration Series, Hispanic Heritage Month Event
Seaside, CA, September 26, 2018.
9. **Nguyen-Rodriguez ST**.
Exploring sleep as a novel strategy for obesity intervention in minority youth.
Oral presentation, California State University, Long Beach, Center for Latino Community Health, Evaluation and Leadership Training, Research Brown Bag Series
Long Beach, CA (virtual), December 9, 2020.
10. **Nguyen-Rodriguez ST**, Baezconde-Garbanati L.
Lessons Learned: Experience with the Research Career Development (K) Award.
Invited panel presentation, The CHER Institute (virtual)
Long Beach, CA, June 8, 2021.

BOOK CHAPTERS

1. Spruijt-Metz D, Belcher B, **Michel ST**.
Prevention.
In: Diseases and Disorders (Vol. 3) (A Hildyard and J Goddard, Eds.)
Marshall Cavendish: Tarrytown, NY; 2008, pp. 691-698.
2. Spruijt-Metz D, Berrigan D, Kelly LA, McConnell R, Dueker D, Lindsey G, Atienza AA, **Nguyen-Rodriguez ST**, Irwin ML, Wolch J, Jerrett J, Tatalovich T, Redline S, Berhane K.
Measures of physical activity and exercise
In: Handbook of Assessment Methods for Eating Behaviors and Weight Related Problems: Measures, Theory and Research, 2nd ed. (DB Allison and ML Baskin, Eds.)
Sage Publications, Inc: Los Angeles, London, New Delhi; 2009, pp. 187-254.
3. Spruijt-Metz D, **Nguyen-Rodriguez ST**, Davis JN
Behavior, Energy Balance and Cancer

In: Cancer and Energy Balance, Epidemiology and Overview (N Berger, Ed.)
Springer: New York; 2010, pp.233-266.

4. Spruijt-Metz D, Cook L, Wen CK F, Garcia R, O'Reilly GA, Hsu Y-W, Unger JB, **Nguyen-Rodriguez ST**.
Behavioral differences leading to disparities in energy balance and cancer.
In: Energy Balance and Cancer, Volume 9: Impact of Energy Balance on Cancer Disparities (DJ Bowen, GV Denis, NA Berger, Eds)
Springer: New York; 2014, pp.37-61.