

Family and Consumer Sciences Programs

- Child Development and Family Studies B.A. & Minor
- Consumer Affairs B.A. & Minor
- Family Life Education B.A.
- Fashion Design B.A. & Minor
- Fashion Merchandising B.A. & Minors (2)
- Food Science B. A. & Minor
- Gerontology M.S., Minor, & Certificate
- Hospitality Management B.S., Minor, & Event Planning Minor
- Nutrition and Dietetics B.S., M.S., DPD, IPND, & ISPP



FCS Newsletter

Volume 15

Spring 2020



At the close of the spring semester, it was announced that fall 2020 classes, with very few exceptions, will continue with online delivery. As we continue to move forward and navigate through this global crisis, we can all celebrate that together as a campus community, students, staff, and faculty, that we were able to find solutions to complete the educational mission for this semester and with this knowledge we can be certain that we will be able to overcome any challenges moving forward.

Family Life Education Summer Program in the Balkan Region

In summer 2019, Dr. Nilufer Medora, and 23 students from CSULB, undertook an educational and memorable 3-week short-term study abroad program to visit Croatia, Bosnia, Montenegro, and Slovenia. The class visited several museums of historical interest while traveling through the different regions; however, the medieval towns, forests, lakes, and charm of the people made this experience truly unforgettable.



Second Cohort of Recipients Selected for the SCAN Health Plan Scholarship for the Health and Independence of Seniors Selected

Dr. Iveris Martinez, Director of CSULB Center for Successful Aging, announces that this year's cohort of SCAN Health Plan Scholarship for the Health and Independence of Seniors Recipients has been selected. SCAN is incentivizing students to go into aging-related health and social service fields.

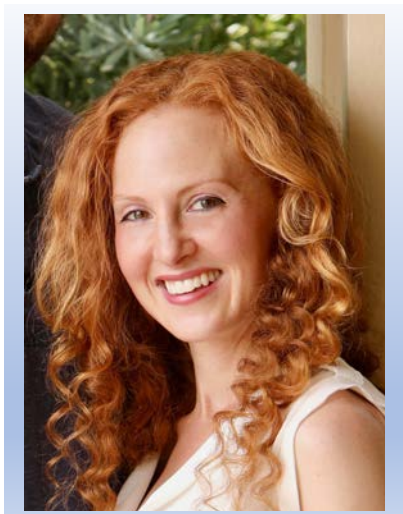
This is the second year that SCAN donated \$50,000 to support ten CHHS students with scholarships of \$5,000 each. The scholarship is open to undergraduate or graduate students enrolling in the fall semester of the upcoming academic year from the following disciplines: Gerontology, Adult & Geriatric Nursing/Adult & Gerontology Nurse Practitioner program, and Masters of Social Work in Adulthood & Aging. Others that will be considered include: Physical Therapy, Speech-Language Pathology, Kinesiology, Recreation & Leisure, Health Care Administration, Health Science, Criminology, Criminal Justice, and Emergency Management, Public Policy and Administration, and Family and Consumer Sciences.

We are grateful for SCAN's generosity in supporting CHHS students to pursue careers in aging! Recipients will be notified at the end of May 2020.



Dr. Iveris Martinez, Ph.D.
Director of CSULB Center
for Successful Aging

Brooke Dekofsky Receives Quality Matters Certification



Brooke Dekofsky was recognized for a Quality Matters (QM) course certification.

Instructor Dekofsky started the certification process in 2017 for Introduction to Nutrition, NUTR 132, and received confirmation of meeting all QM standards in January 2020. The certification promotes an improved online learning experience for students at CSULB.



Dr. Long Wang, PhD, MD, RDN, FAND

Dr. Long Wang completed training and has become a Master Reviewer for Quality Matters, “*The global organization leading quality assurance in online and innovative digital teaching and learning environments*” (<https://www.qualitymatters.org/>). Dr. Wang has been designing and teaching online classes since 2010. His Medical Nutrition Therapy classes (NUTR 438A&B) have been offered in hybrid format with both face-to-face and online components since Fall 2015 and are well received by students. He is also a reviewer and facilitator of instructor workshops for the CSU Quality Learning and Teaching program (QLT, <https://www.csun.edu/it/qlt>).

On sabbatical leave in Spring 2020, Dr. Wang conducted research on preliminary data from the early demonstration programs of the Future Education Model (FEM) offered by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). The FEM uses Competency-Based Education (CBE) which focuses on training students to meet core competencies and breaks away from traditionally time-based education module. The FEM at the graduate level integrates didactic education and supervised experiential learning, making successful graduates eligible to sit for the Registration Examination for Dietitians. Dr. Wang has presented the preliminary findings at Nutrition and Dietetics Educator and Preceptors (NDEP) Central Regional Meeting in Birmingham, AL in March 2020 as well as at ACEND Virtual Townhall in April 2020. Dr. Wang has been serving on the ACEND Board of Directors since 2018.

Fashion Merchandising and Design pitches in on COVID-19 effort for Long Beach City workers

FMD was asked to design new straps for protective masks for city workers in Long Beach. Fashion Design faculty, Dr. Sohn & Ms. Poteet designed and tested prototypes. Ms. Poteet worked with an industry partner to donate all the elastic needed! FMD was then tasked with recruiting volunteers to attach the straps! The volunteers begin work Friday, April 17!



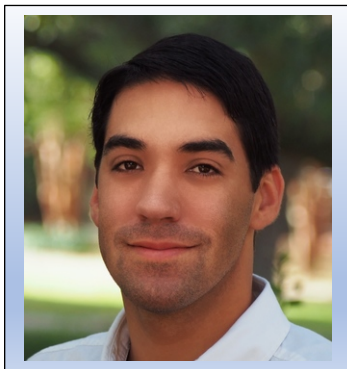
**Dr. Suzanne Marshall, Ph.D.
models the prototype**



FCS Department welcomes new tenure track faculty for Fall 2020

Dr. Ryan Giffen, Ph.D.

The Family and Consumer Sciences department congratulates Dr. Ryan Giffen on his promotion to Assistant Professor in our Hospitality Management program. Dr. Giffen had been on faculty as a lecturer for the past two academic years. Dr. Giffen received his Ph.D. in Hospitality Management from Iowa State University. We look forward to continuing working with Dr. Giffen in his new role.



Dr. Matthew Jaurequi, Ph.D.

The Family and Consumer Sciences department is pleased to welcome Dr. Matthew Jaurequi who will join our Child Development and Family studies program as an Assistant Professor. Dr. Jaurequi comes to us from Florida State University, Tallahassee, where he completed his Ph.D. in Marriage and Family Therapy. We look forward to many successful years working together.

Dr. Tae-Im Han, Ph.D.

The Family and Consumer Sciences department is thrilled to welcome Dr. Tae-Im Han as an Assistant Professor in our Fashion Merchandising program. Dr. Han comes to us from Old Dominion University where she taught after earning her Ph.D. in Consumer Sciences (Fashion and Retail Studies) from The Ohio State University. We look forward to many successful years working together.



Dr. Marshall helping out community

Dr. Suzanne Marshall of our Fashion Merchandising and Design program is keeping busy during the COVID-19 pandemic by making soup each Friday to feed the seniors who cannot go to the grocery store in the Santa Ynez valley. Dr. Marshall organized a team that feeds close to 200 seniors twice a week. Says Dr. Marshall, “I make over 21 quarts each week— in my pjs!!!!”



CSULB Gerontology Program Receives Scholarship Through the Marian Last Endowed Student Award

Marian Last is a CSULB alum (MS Educational Psychology), Licensed Marriage and Family Therapist and Board-Certified Professional Counselor. She has had many leadership roles.

The CSULB Gerontology Program met Marian Last in Fall 2015 through the California Commission on Aging (CCoA). We are very fortunate that Ms. Last kept in touch with the Gerontology Program and decided to support students in a major way through the creation of the *Marian Last Endowed Student Award*, which will be awarded to a student pursuing the Masters of Science in Gerontology degree starting in the 2019-2020 academic year.



Photo, Top Row: Dr. Steve Castle, CCoA, Dr. Maria Claver, Paul Downey, Marian Last, Miriam Henan, Oni Uyanne-Nwokedi
Photo, Bottom Row: Isabelle McGraw, Montse Ruiz Salvat, Cynthia Brayboy

Dreamcatchers: Fulfilling Dreams for the Terminally Ill

This past semester, Dreamcatchers has made a huge impact in the lives of many, both student and dreamers alike. It has been an honor to have been the President of Dreamcatchers- fulfilling the final dreams of those terminally ill within our community of Long Beach. Here are some summary words from two of the dreams we accomplished during this Spring semester.

Donald's wedding dream: "Marrying the love of my life of over 22 years"

Being a part of this dream truly opened up my eyes to see the importance of what we do as Dreamcatchers. The wedding was real, there were tears shed, family speeches, and it was truly wonderful being able to see a piece of this family's life in just a few hours. The family was inviting and so appreciative of what we did as Dreamcatchers. Truly a blessing to be able to grant this wedding as our first dream.

Joe's yardwork and picnic dream

Joe was a sweet 86-year-old dreamer who loved tango music. He waited in anticipation and excitement for two weeks for the Dreamcatchers to make his dream come true. Joe longed for social connection with others and our dream team was able to provide assistance for his dream request. Approximately 15 volunteers came together: CSULB faculty, students, community members, and other university faculty alike. We spent the day together and enjoyed each other's company. A sweet way to end the last dream of the spring semester.

NEW Student Organization of the Year: GOLD Distinction

Family and Consumer Sciences student organization *DreamCatchers* was awarded the Gold Distinction for NEW Student Organization of the Year by the office of Student Life & Development (SLD). Additionally, *DreamCatchers* president and Master's Degree student in our Gerontology program, Amanda Paiz was awarded the Gold Distinction for outstanding officer of the year. Congratulations to all of our outstanding students for these achievements.



Amanda Paiz
DreamCatchers President


Child and Family Center Hosts Annual Open House

The Child and Family Center, a NAEYC Accredited program, hosted its annual Open House on Friday, April 3 from 11AM – 1 PM in the Family and Consumer Sciences building (FCS) Preschool classroom FCS 107, and Toddler classroom FCS 109.

The Child and Family Center provides childcare services for CSULB employees and their families for children 18 months to 5 years of age.

The Open House serves as the program's once a year tour opportunity for families to receive enrollment information, meet the lead teachers and administrators, view the classrooms, and learn about the Center's curriculum.

Applications for the 2020-2021 school year will become first available at the Open House. Interested families may contact Stefanie Pedigo at Stefanie.Pedigo@csulb.edu for an application.




CHILD AND FAMILY CENTER
CSULB
ANNUAL OPEN HOUSE

WHEN: Friday, April 3rd
WHERE: Preschool Classroom FCS 107
Toddler Classroom FCS 109
TIME: 11AM-1PM

Please join us to:

- *Receive 2020-2021 school year enrollment applications & program information (enrolling children 18 months-5 years)
- *Tour our NAEYC Accredited Center
- *Meet the lead teachers and administrators
- *Learn about the center's curriculum & classroom environments



For more information, contact Stefanie Pedigo @ Stefanie.Pedigo@csulb.edu

This Year's Issue of AgeWell Magazine

GERN 400 students curated the Fall Issue of AgeWell Magazine, a free resource for older adults in Long Beach. The cover of the magazine gives a shout-out to Maria Claver and Rachel Blaine! Articles included interviews and information about the LifeFit Center, OLLI, and the Parkinson's Program.



Fashion Travels

Wales



Dr. Suzanne Marshall traveled to Cardiff Metropolitan University to work on articulation for our study abroad partnership. Students can now take a fashion semester in Wales with a fully articulated program.

Las Vegas



Thirty students attended the Magic Trade shows in Las Vegas with Dr. Marshall. The group enjoyed a dinner together at Caesars Palace.

New York



Dr. Marshall took students see New York—fashion capital of the US in January! The group visited cultural site like Strawberry Fields and fashion sites which offered jobs and internships.

Italy

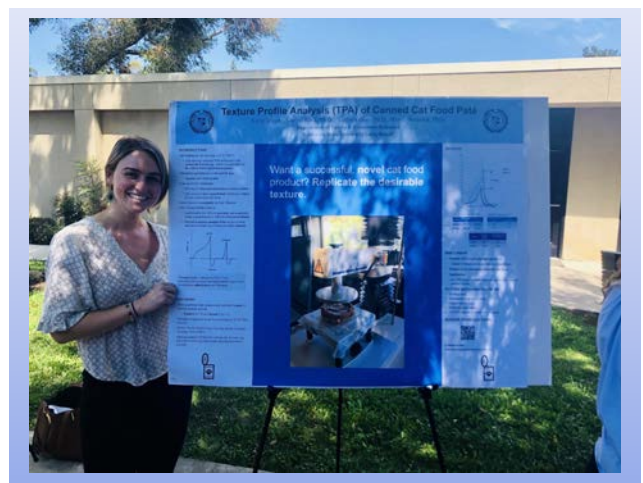
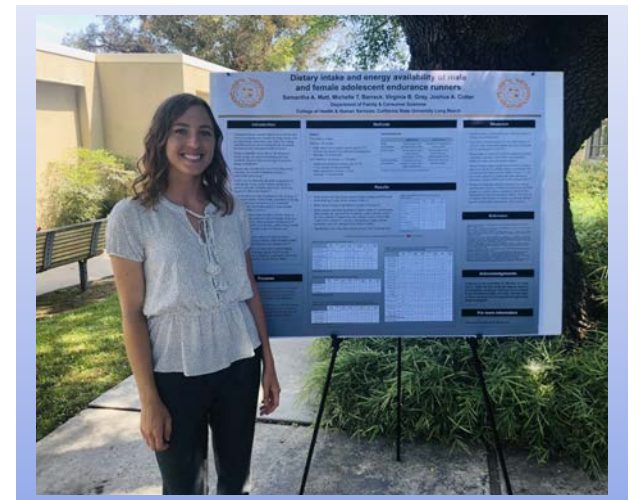


Dr. Marine Aghekyan took 20 students on our Fashion Merchandising and Design study in Italy Winter Program. The class spent 2 weeks in Verona, Florence, and Rome and was able to visit more that 13 different companies and businesses.

Fall 2019 Family and Consumer Sciences Graduate Poster Presentations



FCS graduate students in our Nutrition and Gerontology programs were able to present their research findings at the Graduate Poster Presentation in the Fall of 2019. It was a beautiful day to enjoy their work in our quad area. We are proud of our newly minted Master's Degree students!



Dr. Soo Hyun Cho in the Journal of Family and Economic Issues and the International Journal of Consumer Studies

Consumer Affairs Professor Dr. Soo Hyun Cho had her paper titled "An exploration of gender bias, framing, and student loan decisions through an experimental design" published in the Journal of Family and Economic Issues. Additionally, she had another paper titled "The Links between Job Insecurity, Financial Well-Being, and Financial Stress: A Moderated-Mediation Model," in the International Journal of Consumer Studies. Aside from publishing, Dr. Cho continues to serve the following roles in the professional community;

- Member of the Board of Directors, American Council on Consumer Interests
- Associate Editor, Family and Consumer Sciences Research Journal



2019-2020 Recipient of the 'Patricia Hartford Endowed Nutrition Scholarship'

Student Shanna Hie is this year's recipient of the Patricia Hartford Endowment Nutrition Scholarship. She earned her bachelor's degree in Nutrition Sciences at Baylor University and is currently attending California State University, Long Beach to earn her masters in Nutritional Science. The Family and Consumer Sciences department congratulates Ms. Hie on her accomplishment.



Dr. Frank Honored with Academy of Nutrition and Dietetics Medallion Award

Gail C. Frank, DrPH, MPH, RD, CHES, California State University Long Beach professor of nutrition was one of eight registered dietitian nutritionists presented with the Academy of Nutrition and Dietetics' prestigious 2019 Medallion Awards on Oct. 27 during the Academy's Food & Nutrition Conference & Expo in Philadelphia, PA. The awards recognize outstanding service and leadership in the Academy and the nutrition and dietetics profession.

Dr. Frank has been a CSULB professor for 30-years. She is director of the Department of Family and Consumer Sciences' Accredited Internship program in Nutrition and Dietetics graduating 331 CSULB students who became registered dietitian nutritionists. Frank is a member of the university Advisory Council on Alcohol, Tobacco and Other Drugs. As co-principal investigator, she implemented a U.S. Department of Agriculture grant bringing an ethnic-relevant educational intervention to the Latino community in Long Beach. Frank is a member of the Leadership Education in Adolescent Health Advisory Board at Children's Hospital of Los Angeles.



Dr. Gail Frank at the Academy of Nutrition and Dietetics' Medallion Awards

Michelle Pecheck Speaks at the ASI Senate Meeting

Michelle Pecheck of our Hospitality Management program was invited to deliver the opening invocation for the student Senate meeting on Wednesday, October 30, 3:30pm, in the Dr. Stuart L. Farber Senate Chambers (USU-234).

The ASI Senate Invocation is a brief reading of a poem or quotation with the speaker's reflection on its meaning. The invocation is a way to inspire the Board, as well as encourage diplomacy and teamwork to accomplish the tasks at hand. Ms. Pecheck was honored to be asked to serve in this capacity.

Michelle Pecheck
Hospitality
Management



New Hospitality Management Podcast

Dr. Ryan Giffen, Lecturer (and soon to be Assistant Professor starting in Fall, 2020) of the Hospitality Management Program launched a podcast show called, *The MOD Report*. The show is on all things HR and the crazy things hospitality professionals go through in the industry. Prior shows included local business executives and founders of The Pie Bar and EPIC Entertainment Group, Directors of marketing, and even a former hospitality student. Future shows include hospitality executives from New York, Nevada, and the Long Beach areas. You can listen to *The MOD Report* anywhere you get your podcasts, including Apple, Spotify, iHeart Radio, Sticher, and many more!



Gerontology Honors Society Report: *Thank you Gerontology Honor Society for brightening our days*

A Letter of Gratitude from the GHS Advisor, Miriam Henan-Watts

The CSULB Gerontology Honor Society (GHS)-Sigma Phi Omega (SPO), Delta Eta Chapter has been hard at work in spreading the exciting news about the field of Gerontology throughout our community. This semester, GHS-SPO planned a calendar of events that were quickly halted by the COVID-19 Global Pandemic. This group has shown such resilience in continuing to serve the community in other capacities. GHS stood committed to goals and offered our members, community service opportunities, virtual member meetings, virtual thesis sessions, a Taco Thursday planning night, fundraising and our upcoming “End of the Year Banquet, A Virtual Paint Night”.

Aside from community outreach, GHS has offered virtual meetings full of laughter, thesis related discussion, uplifting moments and thoughtful brainstorming. It is such a pleasure to see students lift each other up and support one another the way this group does. Throughout this academic year GHS teamed up with See’s candy to fundraise for the organization. To date, GHS has sold \$700 worth of yummy treats, proceeds went to the organization’s outreach efforts.

I was blessed to be an advisor to such an amazing Executive Board and wish you all the best that life can offer, may the blessings you put out in the world multiply right back at you! Congratulations to our graduating members, the 2019-2020 academic year has been incredibly successful, and we look forward to continued growth and success! Please email Spo.gahps@gmail.com for information on how to become a member and get involved with these amazing outreach efforts to our deserving older adults.

FCS Student Awards

2020

Child Development and Family Studies/Family Life Education

Outstanding Student Award

Breanna Munson
Anna Eyfer
Edith Ruelas

Academic Excellence Award

Claudia Ruiz
Jane Hong
Nicole Hurd
Ashley Adams

Service and Leadership Award

Mustafa Swaleh
Stephanie Melendez
Maria Ramirez
Amina Choudhury

Research Award

Kyra Miller

Consumer Affairs

Outstanding Student

Arianna Castaneda Arriola
Euna Pak
Jiun-Sheng Huang
Courtney Nicole Harrison
Xitlaly Lomeli
Elyse-Marie Francesca Vega
Ryan La
Gerard Pakingan Sales
Ellis Sanchez

Academic Excellence

Osvaldo Anthony Perez-Diaz
Christian Gregory Mueller
Kalyn Raine Kaemerle
Kyle Bryant MacNew

Leadership and Service

Ryan La
Sai Karthik Thirunagari

Fashion Merchandising and Design

Outstanding Student FM

Kiana Emtiaz

Leadership & Service Award

Rosie Marcial
Stephanie Chhang
Raquel De La Cruz
Daisy Martinez

Outstanding Student FD

Elizabeth Timko

Academic Excellence

Audrey Acuna
Giang Ly
Natalie Nguyen
Yuntong Yu
Nguyen Nguyen
Kylee Stone

Gerontology

Outstanding Student Award

Kathleen Harrel, MSG

Academic Excellence Award

Nicole Alcantara
Tatiana Garcia
Rachel Thomas
Patricia Tom
Jennifer Solorzano

Leadership & Service Award

Amanda Paiz, MSGc
Sarah Olson, MSGc

Research Award

Kristin Gazdik, MSGc

Hospitality Management

Outstanding Student Award

Marilena Pantoja-Sanchez

Academic Excellence Award

Scout Abracia

Leadership & Service Award

Sydney Herd
Kathleen Mijangos
Sytira Valles

Nutrition and Dietetics/Food Science

Outstanding Student Award

Catherine Brotman
Derrick Cabico
Erik Grohmann

Academic Excellence Award

Michelle Jordan
An Trinh
Anh Trinh
Andrew Ramirez

Leadership and Service Award

Dylan Agans
Kevin Honsberger
Madison Robello

Research Award

Janet Garcia-Cruz
Chris Hernandez

Active Students by Academic Plan Spring 2020

AREA	PRE	MAJOR	MINOR	GRAD	CERT	TOTAL
CAFF	31	188	33			252
CDFS	95	529	122			746
FLE	3	80				83
FD	10	118	19			147
FM	25	269	28			322
FSCI	7	28	5			40
GERN			61	38	9	108
HM	13	209	22			244
Event Planning			21			21
NUTR	40	1		34		75
Dietetics		114				114
Nutr Sci		13				13
TEXTILES						0
TOTAL:	224	1549	311	72	9	2,165

*5 of the 21 event planning minors are HM majors.

**25 are MS w/internship, 9 are MS w/o internship.

***4 are Gern Cert Postbac, 5 Gern Cert Undergraduate

AREA	STUDENTS	TT FACULTY	RATIO
CAFF*	252	2	126
CDFS & FLE	829	8	104
FD & FM & TEX	469	6	78
GERN**	108	2	54
HM & Event Planning	265	3	88
NUTR & FSCI	242	6	40

*TT faculty in this area does not include chair.

**TT faculty in this area does not include Archstone endowed chair.