VITA

Patricia L. LaPlace

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Formal Education

California State University, Long Beach Bachelor of Arts, Recreation Administration May, 1981

California State University, Dominguez Hills Masters in Public Administration MPA May, 1992

Professional Experience

Lecturer, Recreation Therapy Coordinator California State University, Long Beach 2015 - Present

Mental Health Coordinator

City of Long Beach (12/08 - 6/15)

Evaluate and coordinate mental health activities and programs in the City of Long Beach. Act as a liaison with local mental health jurisdictions. Organize and implement community mental health education programs. Developed community action teams such as the Long Beach Hoarding Task Force and Long Beach Discharge. Work closely with local health jurisdiction and city government to address pertinent mental health concerns in the community.

Director of Programs

Memorial Psychiatric Health Services (8/92 - 12/08)

Design and implement clinical psychiatric programs for acute mental health inpatient units for adult and geriatric population. Develop policies and procedures and performance improvement measurement systems. Supervise line staff and monitor overall operations of clinical program. Participate and function as a liaison with Los Angeles County Department of Mental Health and outside mental health agencies and support networks. Develop and conduct community and hospital education sessions and outreach.

Lead Recreation Therapist

College Hospital, Cerritos CA (2/92 - 8/92)

Developed and implemented therapeutic recreation interventions for adult day treatment program. Performed supervisory duties in the absence of the Rehabilitation Coordinator.

Part-time Lecturer - California State University, Dominguez Hills

Recreation and Leisure Studies Department (8/87 - 5/08)

Taught various Recreation Courses to undergraduate students. Participated in various University activities related to student projects and functions. Provided supervision to Recreation Therapy Intern students.

Adult Services Coordinator

Ricker-Loehren Therapy Services at Los Altos Hospital of Long Beach (2/91 - 2/92)

Provided supervision for Activity Therapy department staff as well as direct patient care services for acute psychiatric population. Developed educational programs for family and caregivers of patients.

Recreation Therapist

College Hospital, Cerritos CA (3/86 - 2/91)

Performed direct patient care services for adult in-patient psychiatric services. Developed specialized interventions in the areas of substance and sexual abuse and eating disorders.

Certifications

California Board of Recreation and Park Certification
Recreation Therapist, Certified RTC # 2418-T Exp. 12/18

Management of Assaultive Behavior – Certified Crisis Response Trainer, AB 508 Exp. 7/20

Professional Memberships & Involvement

California Park and Recreation Society Member # 003189

District 10 Board Member, Therapeutic Recreation Section Representative 1986 - 89

Therapeutic Recreation Section Board

Professional Advancement and Standards Chair Liaison to the California Board of Recreation and Park Certification 1992 – 94

Los Angeles County Department of Mental Health

Service Area Advisory Committee – Co-chair for SPA 8 2008 – 2016 (Currently serving on Executive Planning Committee)

National Alliance for Mental Illness

Member

CSULB

Project OCEAN Board member 2009 – 2012

Los Angeles County District Attorney Office

Jail Diversion Mental Health Task Force 2014 - 2015

Mental Health America – Los Angeles

Board member 2016 – present

Alternative For Veterans

Board member 2016 – present

City of Long Beach Age Friendly Consortium Steering Committee

Appointment – June 2018

The purpose of this committee is to evaluate current services and needs in the City of Long Beach to promote an "Age Friendly" living environment in the community.

Community Benefit Advisory Committee (CBAC)

Recently appointed Member – August 2018

The purpose of the CBAC is to improve the health of the communities of St Mary Medical Center through oversight and implementation of projects and programs with a focus on communities with disproportionate unmet health needs. This committee has a strong focus on the health and quality of life needs for seniors.

Workshops/Speaking Engagements

California Association for Physical Education, Recreation and Dance (CAPHERD)

Statewide Conference, Anaheim, CA 1991 Presented on Eating Disorders

California State University, Long Beach

Sponsored by CPRS Therapeutic Recreation Section and Recreation Society Club October, 2000

Conducted a workshop on Cultural Competency in Therapeutic Recreation

CPRS Therapeutic Recreation Institute

2001- Cultural Competency in Therapeutic Recreation

Conducted a session on Cultural Competency in Therapeutic Recreation

2002 – The Magic of Mentoring

2003 – Playing from the Heart

2006 - Mental Health Services Act

2018 – Understanding Boundary Wellness

Pacific Hospital of Long Beach/Memorial Counseling Associates

Case Conference Breakfast Forum,

2004 - 2008

Organize and implement every other month community education workshops for geriatric healthcare providers and caregiver agencies.

City of Long Beach Department of Health and Human Services

Organized and conducted yearly community wide and special events addressing mental health issues in the community including veterans 2008-2015

Department of Veterans Affairs

Annual conference on Homelessness

Presented on City of Long Beach Homeless Veteran's Initiative and collaboration efforts with local VA providers.

December 2010

City of Long Beach Senior Case Management Summit

Presiding over summit and led group discussions September, 2015

Long Beach Public Health Workshops

Presented on Mental Health and Physical Health Integration May 2015 Presented on "Sandwich Generation May, 2016

Professional Assault Crisis Training – Management of Assaultive Behavior

2003- present

Conduct one-day workshops for Long Beach City College and California State University, Long Beach nursing students in preparation for their clinic psychiatric rotation.

Long Beach Department of Health and Human Services Public Health Conference

2017- Understanding Boundary Wellness

California Park and Recreation Society (CPRS) – Recreation Therapy Regional Conference, San Diego, CA

2017 – Understanding Boundary Wellness

Midwest Symposium on Therapeutic Recreation, St. Louis, MO – 2017

Presented on Homelessness and the Role of Recreation Therapy

Midwest Symposium on Therapeutic Recreation, Kansas City, MO – 2018

Presented on Homelessness from a Social Justice Perspective

CPRS, District 10, La Habra, CA

2018 - Workshop on Inclusion

City of Commerce - Department of Parks and Recreation - June, 2018

Presented on Compassionate Communication for parks and recreation staff.

Century Villages of Cabrillo – Long Beach, CA June 2018

Presented on Compassionate Communication for property management and programming staff.

Institutional Involvements

California State University, Dominguez Hills

1988-2008 – taught the following courses:

Recreation 100, Dimensions of Leisure

Recreation 445 Recreation Therapy, Treatment and Procedures

Recreation 425 course, Contemporary Issues in Therapeutic Recreation

California State University, Long Beach

Taught Recreation 340, 351, 371, 451, 452, 453, 458, 469, 498 courses

Other Recognitions

California State University, Dominguez Hills

Named Outstanding Therapeutic Recreation Professional by the Recreation Club in May, 1999.

California State University, Long Beach

David Gray Award recipient and Outstanding Graduating Senior in May, 1981.

California Park and Recreation Society

Awarded Outstanding Therapeutic Recreation Professional March, 2004

Long Beach Police Department

Mental Health Community Service Award – May 2006

Project Return Peer Advocate Award

May 2006

California State University, Dominguez Hills

Recreation and Leisure Studies Distinguished Award May, 2010

Agencies and Programs on Aging (APA)

Certificate of Recognition – APA Chair Assemblymember Bonnie Lowenthal, 54th District December, 2010

City of Long Beach

Steward of the Second District Vice Mayor Suja Lowenthal July 2011

Los Angeles County Department of Mental Health and Mental Health Commission

Outstanding Family and Consumer Advocate – November 2012

Publications and Research

Perceptions of Leisure for Newly Housed Veterans – Research initiated in 2014. P.I. Dr. Laurel Richmond. CSULB

Research Review – *The Role Leisure Plays in Housing Stabilization for Homeless Veterans*, D'Eloia, M, La Place, P, Richmond, L. <u>California Parks and Recreation Magazine</u>, Volume 73, Number 4, Fall 2017.

Grant Submissions

Systematic Innovations in Serving the Needs of Older Adults – Funded and Supported by American Goldstar Manor, Archstone Foundation and SCAN Health Plans. *The Role of Recreation Therapy in Systematic Innovations in Serving the Needs of Older Adults*, Speech-Language Pathology with Audiological Services – Collaborative Partner – Submitted Fall 2017

Systematic Innovations in Serving the Needs of Older Adults – Funded and Supported by American Goldstar Manor, Archstone Foundation and SCAN Health Plans. *A Purposeful Design for Older Adults: Navigating the Community by Walking* Kinesiology and Physical Therapy Departments– Collaborative Partners. – Process began Spring 2018.