

BS in Kinesiology - Option in Physical Education-Teacher Education
Major Requirements Worksheet
2018-2019 Catalog

Name: _____ Student ID: _____

| Grade | Course Number & Title (units) | Need to Take | Prerequisites† |
|-------|-------------------------------|--------------|----------------|
|-------|-------------------------------|--------------|----------------|

Complete ALL of the specified core courses:

| | | | |
|--|---|--|---|
| | KIN 201: Introduction to Kinesiology (3) | | <i>KIN and Pre-KIN majors only</i> |
| | KIN 300: Biomechanics of Human Movement (3) | | <i>a 'C' or better in BIOL 208; declared KIN majors only corequisite: KIN 201</i> |
| | KIN 301: Exercise Physiology (3) | | <i>a 'C' or better in BIOL 207; declared KIN majors only corequisite: KIN 201</i> |
| | KIN 312: Motor Control & Learning (3) | | <i>a 'C' or better in all of the following: BIOL 207, 208; PSY 100; declared KIN majors only corequisite: KIN 201</i> |
| | KIN 332: Sociocultural Dimensions of Sport & Human Movement (3) | | <i>GE foundations; junior standing; completion of GVAR corequisite: KIN 201</i> |

Complete ALL of the following lower division courses:

| | | | |
|--|---|--|--|
| | BIOL 207: Human Physiology (4) | | <i>GE foundations</i> |
| | BIOL 208: Human Anatomy (4) | | <i>a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200</i> |
| | PSY 100: General Psychology (3) | | <i>GE composition ready</i> |
| | KIN 149A: Self Defense (1) | | <i>none</i> |
| | KIN 237: Techniques & Analysis of Aquatic Skills (2) | | <i>American Red Cross Community First Aid and CPR certifications; see catalog for full details</i> |
| | KIN 261: Techniques & Analysis of Fundamental Rhythms (2) | | <i>none</i> |
| | KIN 270: Professional Practices in Public School Physical Education (3) | | <i>GE A1 course corequisite: Community CPR/First Aid/Safety or current certification; see catalog for full details</i> |
| | KIN 250: Techniques of Basketball (1) | | <i>none</i> |
| | KIN 251: Techniques of Flag Football (1) | | <i>none</i> |
| | KIN 253: Techniques of Soccer (1) | | <i>none</i> |
| | KIN 255: Techniques of Softball (1) | | <i>none</i> |
| | KIN 257: Techniques of Volleyball (1) | | <i>none</i> |
| | KIN 264: Techniques of Golf (1) | | <i>none</i> |
| | KIN 265: Techniques of Gymnastics (1) | | <i>none</i> |
| | KIN 266: Techniques of Badminton (1) | | <i>none</i> |
| | KIN 267: Techniques of Tennis (1) | | <i>none</i> |
| | KIN 268: Techniques of Track & Field (1) | | <i>none</i> |

Complete ALL of the following upper division courses:

| | | | |
|--|---|--|--|
| | KIN 315: Motor Development (3) | | <i>BIOL 207; BIOL 208; PSY 100</i> |
| | KIN 320: Adapted Physical Education (3) | | <i>BIOL 208</i> |
| | KIN 343: Techniques & Analysis of Physical Fitness & Activity (2) | | <i>KIN 270</i> |
| | KIN 370: Movement Theory & Practice of Elementary Physical Education (3) | | <i>KIN 270</i> |
| | KIN 380: Principles, Organization & Management of Secondary School Physical Education (3) | | <i>KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 300, 301, 312, 343, 370 recommended corequisite: EDSS 300P</i> |
| | KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2) | | <i>KIN 370; senior standing</i> |

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Choose & complete ONE concentration

Concentration in Adapted Physical Education: Complete the following courses:

| | | | |
|--|---|--|---|
| | KIN 387: Physical Activities for the Disabled (3) | | KIN 320; KIN 427 (corequisite) recommended corequisite: KIN 489A |
| | KIN 388: Program Planning & Instruction in Adapted Physical Education (3) | | KIN 387 recommended corequisite: KIN 489A |
| | KIN 427: Physical & Motor Assessment (3) | | KIN 315, 320; junior standing |

Concentration in K-12 Physical Education: Complete the following courses:

| | | | |
|--|--|--|--|
| | KIN 457: Applied Theory of Teaching Team Sports (3) | | KIN 250, 251, 253, 255, 257, 270; senior standing |
| | KIN 461: Applied Theory of Teaching Individual & Dual Sports (3) | | KIN 237, 264, 265, 266, 267, 268, 270; senior standing |
| | KIN 477: Measurement & Curriculum in Physical Education (3) | | KIN 343, 370 |

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓A 'C' or better is required in all courses

✓Total units required for PETE option: 69