

Inclusive Mental Health Resource List

Ayana Therapy

(855) 862-9262

<https://www.ayanatherapy.com/>

@ayana_therapy

BLM Pro Bono Providers

[List of Black/African American therapists providing free therapy in So-Cal.](#)

Black Female Therapists

<https://www.blackfemaletherapists.com/directory>

@blackfemaletherapists

Black Therapists Rock

(301) 795-5200

<https://www.blacktherapistsrock.com/>

@supportblkmentalhealth

Black Virtual Therapist Network (BEAM)

<https://www.beam.community/bvtnnj>

@_beamorg

Inclusive Therapists (reduced fee teletherapy)

www.inclusivetherapists.com

@inclusivetherapists

LGBTQ Psychotherapists of Color in California

<https://www.lgbtqpsychotherapistsofcolor.com/albany-ca>

Melanin and Mental Health

<https://www.melaninandmentalhealth.com/category/between-sessions/>

@melaninandmentalhealth

My Tru Circle

<https://www.mytrucircle.com/directory>

@mytrucircle

National Queer and Trans Therapists of Color Network

<https://www.nqtcn.com/>

@nqtcn

Open Path Collective

(800) 268-2833

<https://openpathcollective.org/>

Psychology Today's Black/African American Therapist Search Tool

<https://www.psychologytoday.com/us/therapists/african-american>

Sista Afya Community Mental Wellness (preferred providers in Chicago)

<https://www.sistaafya.com/>

@sistaafya

The Association of Black Psychologists

(301) 449-3082

<http://www.abpsi.org/find-psychologists/>

The Loveland Foundation

<https://thelovelandfoundation.org/>

@thelovelandfoundation

Therapy for Black Girls

<https://therapyforblackgirls.com/>

@therapyforblackgirls

Therapy for Black Men

<https://therapyforblackmen.org/>

@therapy4blkmen

Therapy for Queer People of Color

(404) 981-7012

<https://therapyforqpoc.com/qpoc-therapist-directory-1#!directory>

@therapyforqpoc_

Zencare

<https://blog.zencare.co/how-to-find-a-black-therapist/>