



LONG BEACH STATE UNIVERSITY
**CENTER FOR LATINO
COMMUNITY HEALTH**
EVALUATION & LEADERSHIP TRAINING

Hablando Claro: Clear Talk

Applying an Intergenerational Approach to Prevent HIV among Latinas in Los Angeles County

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Relation to Latinx Health

Findings

An increase in sexual health behavior communication and knowledge about HIV and STI's was observed between mothers and daughters.

Findings provide preliminary evidence that intergenerational HIV prevention programs are effective for Latinas.

Anatomy Education



Female Reproductive Model



Condom Demonstration



Condom Activity





Introduction and Methods

Introduction

- Hablando Claro: Clear Talk was designed to harness the Latino cultural value of **familism** to create an intervention program that focuses on preventing HIV among Latinas in Los Angeles county.

Methods

- **Study design:** A one-group pretest-posttest study for 177 mother-daughter dyads
 - One-hour introductory session
 - Two 4-hour interactive HIV/AIDS education sessions
 - Two social support groups
- **Theoretical framework:** Social Cognitive Theory (HIV/AIDS/, Mental Health, Sex and Sexuality)
- **Measurement:** Pre-and-post knowledge, and 3-month follow-up
 - Measures: HIV/AIDS knowledge, communication comfort and frequency, self-efficacy, and demographics
- **Analysis:** Paired sample t-test

Table 1. Effects of Intervention from Pre to Three-Month Follow-Up

Adolescent Participants (n=177)	n	Pre	F/U	t	95% CI	r
		M	M			
HIV knowledge	132	4.97 (2.19)	7.91 (1.62)	14.86**	2.54-3.32	1.52
HIV comfort	132	2.83(.83)	3.66 (.93)	10.15**	0.67-0.99	0.94
STI knowledge	132	3.42 (.44)	3.88 (.61)	8.02**	0.49-0.82	0.86
Communication Frequency	131	1.92 (.78)	2.26 (.88)	4.17**	0.17-0.49	0.40
Communication Comfort	131	2.94 (1.18)	3.76 (1.08)	7.81**	0.61-1.03	0.72
Abstinence self-efficacy	132	2.69 (.95)	3.20 (1.03)	5.15**	0.31-0.71	0.51
Safe-sex self-efficacy	132	2.96 (.99)	3.32 (.91)	4.03**	0.18-.054	0.37
Adults Participants (n=120)		Pre	F/U	t	95% CI	r
		M	M			
HIV knowledge	98	5.90 (2.21)	8.82 (1.23)	13.48**	2.49-3.35	1.63
HIV comfort	98	3.27 (.90)	4.00 (1.0)	6.73**	0.48-0.88	0.76
STI knowledge	98	3.78 (.72)	4.44 (.60)	8.02**	0.48-0.82	0.99
Communication Frequency	97	2.82 (.80)	3.33 (.68)	6.06**	0.23-0.68	0.68
Communication Comfort	97	3.77 (1.15)	4.56 (.91)	5.75**	0.53-1.09	0.76

Notes:

*p<.05, **p<.01 ^ p<0.10 =0.055



Future Direction

Test the intervention in a randomized control trial to test the effectiveness of the study components between an intervention and control group.



Mother/ Daughter Activity



Group Discussion



Role Play Activity



Communication

Contact Information



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