

Summer LIFE @ The Beach

20 22



Learning Independence for Empowerment (LIFE) Project

csulb.edu/bmac



Summer LIFE @ The Beach

Summer LIFE is open to incoming first-year and transfer students with an autism spectrum disorder (ASD), Asperger Syndrome, or other neurodiverse abilities who will be 18 years of age by the start of the program.

**JULY 19 TO
JULY 22, 2022**

California State University Long Beach

COST: \$0

(all program components: room, board, and activities at zero cost to students)

WHO SHOULD ATTEND?

Incoming Fall 2022 first-year and transfer students with an autism spectrum disorder (ASD), Asperger Syndrome, or other neurodiverse abilities who are seeking an immersive introductory and transitional program to the university experience.

Summer LIFE @ The Beach is a multi-day, overnight program for first-year students with an autism spectrum disorder (ASD), Asperger Syndrome, or other neurodiverse abilities. During this program, students will stay overnight in University housing, learn about campus programs and resources, have an opportunity to practice and develop interpersonal skills as well as personal/self-care skills, and will explore the greater Long Beach community. *Prospective applicants should contact the [LIFE Project email address](#) for more information and to request an application.*

PROGRAM HIGHLIGHTS

- Provides students an opportunity to socialize with peers and further their development of social skills and interpersonal relationship building
- Aids in helping students better understand the importance of language and behavior in social and academic settings
- Introduces students to campus programs and support services
- Provides students an opportunity to become familiar with campus grounds prior to the start of the Fall 2022 semester
- Features a daily cooking class aimed to support students in developing safe and healthy nutrition habits and cooking skills
- On- and off-campus activities to increase student confidence, independence, self-advocacy, and effective communication skills