

CURRICULUM VITAE**Wendy LeAnn Nomura, P.T., M.P.H., Ed.D.**

Full Time Lecturer, Department of Health Science  
 Event Coordinator, Center for Health Equity Research  
 California State University, Long Beach  
 Licensed Physical Therapist, State of California  
 Email: Wendy.Nomura@csulb.edu

**EDUCATION**

- Doctor of Education in Organizational Leadership** 2015  
 University of La Verne  
 Harvey Scholar Recipient  
 Dissertation: *No Longer Invisible and on Track: Departmental Policies' Influence on Non-Tenure Track Faculty Job Satisfaction and Organizational Commitment*
- Masters of Public Health, Community Health Education** 2001  
 California State University, Long Beach  
 Graduate Student Honors, Health Science Department  
 Phi Delta Gamma (Graduate Honor Society) & Phi Kappa Phi (Honor Society)  
 Extra Coursework in Advanced Research Methods
- Bachelor of Science, Physical Therapy** 1990  
 California State University, Long Beach  
 Cum Laude, Dean's List, President's List, Gold Key National Honor Society

**TEACHING EXPERIENCE**

- California State University Long Beach, Health Science Department**
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|--------------------|--------------|
| Full Time Lecturer | 2013-present |
| Lecturer           | 2001-2013    |
- Health Science 150: Medical Terminology (Face to Face and Hybrid)  
 Health Science 210: Contemporary Health Issues  
 Health Science 301: Orientation to Health Science  
 Health Science 401: Community Health (Face to Face and Hybrid)  
 Health Science 425: Human Sexuality & Sex Education (Face to Face, Online & Hybrid)  
 College of Health & Human Services 100: Skills for Living  
 College of Health & Human Services 296: Introduction to Behavioral Research Methods
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|--------------------|-----------|
| Graduate Assistant | 2000-2001 |
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- Health Science 400: Epidemiology  
 Health Science 425: Human Sexuality and Sex Education
- Clinical Instructor, Beverly Manor, Seal Beach** 1993-1998  
 Clinical Instructor for Physical Therapy Interns  
 Rehabilitation Aide Course Instructor  
 Nursing Student Interns Rehabilitation Course Instructor
- Back School Instructor, Alamitos Belmont Rehabilitation Hospital, Long Beach** 1990-1991

### **Academic Lectures**

Database Literature Searching, Center for Health Care Innovation, 2011-2014, 2016  
The Dissertation Process, University of La Verne, Organizational Leadership Doctoral Program, 2015  
Introduction to SPSS, University of La Verne, Organizational Leadership Doctoral Program, 2014  
Online Teaching Techniques, Department of Health Science, CSULB, 2013

### **Community Service Lectures, 1991-2003**

Self Defense for Seniors/Women, Orange County Sexual Assault Network  
Diabetes Prevention, Geri Care Rehabilitation Services  
Hypertension Management, Geri Care Rehabilitation Services  
Exercise for Seniors, Geri Care Rehabilitation Services  
Healthy Families & Healthy Habits (for preschoolers), Huntington Beach Adult School

## **RESEARCH EXPERIENCE**

### **Event Coordinator, Center for Health Equity Research, CSULB, 2018-present**

Supportive services for the CHER Institute including program evaluation.

### **College of Health and Human Services Student Success Survey, 2017-2018**

Lead investigator and primary author for the CHHS survey of student's opinion of 4-year graduation and barriers. Internal publication.

### **Ukleja Center for Ethical Leadership, Interdisciplinary Research Team, 2014-2017**

Research Topic: An exploratory analysis of the relationships between transportation and recreational facility use and health and wellbeing in seniors in Long Beach, Ca.

Lead investigator for IRB approved pilot study of the Osher Lifelong Learning Institute.

### **University of La Verne, Organizational Leadership Doctoral Program**

Dissertation Committee Member

Ana Aguayo (Mental Health of SB 540 University Students), 2015-2016

Adrienne Kessler (Millennials and Work Commitment), 2015-2016

Gene Forsythe (Teachers, Spirituality and Job Satisfaction), 2015-2016

Tutor for SPSS and Data Analysis, 2015-2017

### **Research Associate Intern, Center for Health Care Innovation, CSULB, 2011 - 2012**

Research Topics: Safer Sex in Men who have Sex with Men and Condom Breakage

### **Graduate Assistant, California State University, Long Beach, 2000-2001**

Research Topics: Exercise in the Elderly; Asthma Prevention and Early Detection; and Multicultural Health Education

### **Physical Therapist, Beverly Manor Nursing and Rehabilitation Center, Seal Beach, 1997**

Research Topic: Rehabilitation Outcome Study

### **Student Research, Department of Physical Therapy, CSULB, 1989-1990**

Research Topic: Abdominal Muscle Strengthening and Measurement

## **UNIVERSITY SERVICE, California State University Long Beach**

### ***University Committees and Positions***

Data Fellows for Student Success, GEN Excel Representative, 2019-2020  
Generation Excel Faculty Mentor, 2019-2020  
Health Equity and Social Justice General Education Concentration, Team Leader, 2019  
Academic Senate General Education Committee, CHHS Representative 2018  
Data Fellows for Student Success, CHHS Representative, 2017-2019  
Research Infused Curriculum, Instructor Manuals Committee, 2017  
Assistive Technology Initiative, Faculty Advocate, 2016-2017  
General Education Committee Liaison to BUILD Grant Committee, 2015  
Academic Senate General Education Committee, Vice Chair, 2015  
Project Choice Co-Academic Advisor, 2013-2014  
Academic Senate General Education Committee, Lecturer Representative, 2013-2015  
Academic Senate Appeals Committee, Lecturer Representative, 2011-2012  
General Education Writing Classes Rubric Development Committee, 2003

### ***College of Health and Human Services Committees and Positions***

Advising Faculty Mentor for Community Health Education, 2018-2020  
Student Success Committee Chair, 2017-2019  
Educational Policy Sub Committee on SCO Development, Chair, 2015-2016, 2020  
Educational Policy Committee, 2014-2020

### ***Department of Health Science Committees and Positions***

Lead Instructor HSC 401, 2018-present  
Chair Undergraduate Curriculum Committee, Department of Health Science, 2017-2020  
Academic Technology Strategic Plan Committee, 2017-2020  
Self-Study Assessment Coordinator, 2016-2017  
Undergraduate Curriculum Committee, 2014-2020  
Lead Instructor HSC 210, 2013-2018  
Lead Instructor HSC 425, 2013-present  
Student Orientation and Registration, Health Science Faculty Representative, 2015-2019  
Chair Grade Appeal Committee, 2015-2016  
Lead for Community College Transfer Student Alignment Response, 2015  
Departmental Annual Assessment Committee, Department of Health Science, 2015, 2016  
Developer of HSC 210, for General Education B2 Certification, 2012  
Eta Sigma Gamma Honor Society Selection Committee, 2010-2014  
BeachBoard Desire2Learn Transition HSC Department Representative, 2009  
School Health Credential Working Group, 2008

## **TRAININGS and CONFERENCES**

Improving Your Online Course, Quality Matters, July 2020  
Go Virtual Symposium, CSULB, June-July 2020  
Transparent Assignment Design, CSULB, February 2020  
Bob Murphy Access Center Ally, CSULB, February 2020  
CHER Institute Webinar: NIH Proposals & Qualitative Methods, October 2017  
Optimizing Collective Impact: Innovations in University and Community Partnerships, 2017  
Assistive Technology Initiative, Faculty Training, 2016  
Sample Size & Power Calculations Institute, CSULB, BUILD & ORSP, 2016  
Intermediate SPSS for Faculty, CSULB, BUILD & ORSP, 2016  
Collaborative Institutional Training Initiative, Health Science Investigators, CSULB, 2016  
Collaborative Institutional Training Initiative, Health Science Investigators, USC, 2015  
Eliminate Campus Sexual Violence & Preventing Discrimination and Harassment, 2015  
Autism Ally, CSULB, 2015  
Ukleja Center for Ethical Leadership Ethics, Town Hall, 2015  
UC Davis Pre-Medical and Pre-Health Professions National Conference, 2015  
STAR Diversity Workshop, 2015  
Ukleja Center for Ethical Leadership Ethics across the Curriculum Conference, 2014  
OCEAN Suicide prevention Training, 2014  
Hybrid and Online Learning Course Development, 2013  
Technology-Enhanced Learning Center GE Course Online Development, 2013  
Vet Net Ally, 2013  
Safety Zone Ally, 2005  
Summer Learning Institute, Faculty Center for Professional Development, 2003  
Summer Learning Institute, Faculty Center for Professional Development, 2002  
Long Beach Research Symposium, 2000  
Long Beach Research Symposium, 1999

### PROFESSIONAL PUBLICATIONS & PRESENTATIONS

- McGlockin, N., **Nomura, W.**, & Gleason, A. (2019, May 3). *Expanding definitions of student success: Career development strategies for major switching and timely graduation*. Connecting Data to Student Success, Data Fellows Poster Presentation California State University Long Beach.
- Nomura, W.** Blaine, R., Howe, A. Nash, B., Roos, K. MeeMun, J. Ostergren, J. Gage, K., Keely, B. (2018). Timely Graduation: A Student Perspective. College of Health and Human Services Student Success Survey Fall 2017 Report. [Internal Document] California State University, Long Beach.
- Nomura, W.** (2015). No longer invisible and on track: Departmental policies' influence on non-tenure track faculty job satisfaction and organizational commitment in higher education. *ProQuest Dissertations & Theses Global* (1690289852).
- D'Anna, L., Margolis, A., Warner, L., Korosteleva, O., O'Donnell, L., Rietmeijer, C.A., Klausner, J., **Nomura, W.**, & Malotte, K. (2012). Condom use problems during anal sex among men who have sex with men (MSM): findings from the Safe in the City Study. *AIDS Care*, 24(8), 1028-1038. doi:10.1080/09540121.2012.668285
- Acosta-Deprez, V., **Nomura, W.**, Forouzes, M., & Sinay, T. (Dec 13, 2005). *Best practices in multicultural health education: An analysis of literature from 1989-2004*. Poster Presentation, 133<sup>rd</sup> American Public Health Association Conference, Philadelphia, PA.
- Friis, R. H., **Nomura, W.**, Ma, D.X., & Swan, J. H. (2003). Socioepidemiologic and health-related correlates of walking for exercise among the elderly: Results from the Longitudinal Study of Aging. *Journal of Aging and Physical Activity*, 11(1), 54-65.
- Nomura, W.** & Malotte, K. (2001). *Health Outcomes for Elderly Who Walk: Results from the Longitudinal Study of Aging*. Long Beach Research Symposium Poster Presentation, California State University Long Beach.
- Friis, R., Swan, J., **Nomura, W.**, Rust, A. (1999). *Socioepidemiological Correlates of Walking Among the US Elderly Population*. Long Beach Research Symposium Poster Presentation, VA. Long Beach.
- Cerney, K (1991). Do curl-up exercises improve abdominal muscle strength? *Journal of Human Muscle Performance*, 1, 37-47. (Contributing Student to the research and paper)

## PHYSICAL THERAPY

### **Licensed Physical Therapist, California, 1990 - present**

**Manor Care Health Services**, Fountain Valley, geriatric rehabilitation, 1998-2003

**Flagship Health Care**, Newport Beach, geriatric rehabilitation, 1999-2000

**Beverly Manor Nursing & Rehabilitation Center**, Seal Beach, 1991-1998

Geriatric inpatient and outpatient rehabilitation

Community Health Education & Clinical Instructor

Rehabilitation Aide Instructor

Generated outcome studies & compiled policy and procedure manual

**Geri Care**, Newport Beach, 1995-1996

Geriatric Outpatient Services and Community Health Education

**Humana Hospital**, Westminster, 1991-1992

Acute Care

**Alamitos Belmont Rehabilitation Hospital**, Long Beach, 1990-1991

Geriatric Rehabilitation and Employee Back School instructor

### **Physical Therapy Internships/Volunteer and Practicum's,**

**Saint John's Hospital and Health Center**, Outpatient Rehabilitation, 1990

**Los Angeles County USC Hospital**, Orthopedics, 1990

**Alamitos Belmont Rehabilitation Hospital**, 1990

**Veteran's Administration Medical Center**, Physical Therapy, Long Beach, 1987-1988

**Veteran's Administration Medical Center**, Occupational Therapy, Long Beach, 1987

**Crippled Children's Services**, Long Beach, 1987

**Southern California Center for Sports Medicine**, Long Beach, 1986

**High Hopes Head Injury Recovery Services**, Costa Mesa, 1986

### **Physical Therapy Aide**

**Fountain Valley Regional Hospital**, 1987-1988

**FHP Health Services**, Orange County, 1987

### **Physical Therapy Continuing Education** (listed only from 2011)

Exercises to Treat Urinary Incontinence, 2020

A clinician's Guide to Improving Therapeutic Outcomes: Why is Nutrition Important? 2020

Clinical Massage: Massage and Healthcare, 2020

Fall Prevention & Recovery: A Comprehensive Approach to Balance, 2020

Ethics in Healthcare: Maintaining Constancy in an Ever Changing World, 2020

Cardiac Conditions – Pathophysiology, Diagnostic Tests and Procedures, and Treatment, 2020

Bands, Flexibility and Balance – A Health Care Professionals Guide for Interventions, 2020

HIV/AIDS-What You Need to Know, 2020

Basic Life Support, American Heart Association, 2019

Fibromyalgia Care, 2019

Ethics for the California Physical Therapy Professional, 2019

Current Concepts in Fall Prevention and Balance Reeducation for the Geriatric Population, 2019

Evaluation and Treatment of Non-Surgical Rotator Cuff Disorders, 2019

Ambulation, Balance and Falls in Older Adults, 2019

Geriatric Physical Therapy: Special Problems & Interventions, Social Issues, 2019

Basic Life Support, American Heart Association, 2017

Thermal Agents in Rehabilitation Evidence Based Update, 2017  
Shoulder, Wrist and Hand: Dysfunction, Evaluation and Treatment, 2017  
Hip and Knee: Surgical Treatment and Rehab, 2017  
Foot and Ankle: Orthotics, Surgery and Rehab, 2017  
Somatosensory, Vestibular and Visual Sensory Integration, 2017  
Exercises for the Trunk, Shoulder, Hip and Knee, 2017  
Neural Tissue Pain Disorders Evaluation and Treatment, 2017  
The Core: Evaluation and Training, 2017  
Legal and Ethical issues in Physical Therapy, 2017  
Ethics and Medicare, 2015  
Neurological Rehabilitation Updated Principles to Maximize Rehab Results, 2015  
Biofeedback 101, 2015  
Basic Life Support, American Heart Association, 2015  
Fueling for Exercise and Recovery, 2015  
Research Reveals the Benefits of Medication, 2015  
Regulation of Body Weight, 2015  
Falls in Older Persons, 2015  
Ebola Virus Disease Update, 2015  
Basic Life Support, American Heart Association, 2013  
Working with an Interprofessional Team, 2013  
Strength Training for Older Adults, 2013  
MRSA May Be Waiting Right Around the Corner, 2013  
Mental Health & Older Adults, 2013  
Advance Directives, 2013  
Cultural Competency, 2013  
Ethics for Physical Therapists, 2013  
OSHA Bloodborne Pathogens, 2013  
Therapeutic Strategies in Osteogenesis Imperfecta, 2013  
Working with Patients with Health Problems, 2013  
Horizontal Violence in Health Care Organizations: Why Peers Bully Peers, 2013  
Prevention of Medical Errors, 2013  
Dealing with the Angry Patient/Family Members: Strategies for Reducing the Rise of Workplace  
Violence, 2013  
Basic Life Support: American Heart Association, 2011  
Anatomy & Physiology of Common Sports and Overuse Injuries, 2011  
Cultural Competency, 2011  
Ethics: A Road Map, 2011  
Physical Therapy Claims Study, 2011  
OSHA Blood Borne Pathogens, 2011  
Therapeutic Strategies in OI, 2011  
Self-Directed Learning: The Internet and Professional Development, 2011  
Understanding Common Types of Anemia, 2011  
An Evidence-Based Discussion of Therapeutic Ultrasound, 2011  
Ethics & Jurisprudence-California Physical Therapy, 2011  
Infection Control Basics, 2011  
Facing Limb Loss: Helping Patients Regain Function & Hope for the Future, 2011  
Breast Cancer Rehabilitation: How Much Do We Know? 2011  
Workplace Violence, 2011

## COMMUNITY SERVICE

**Habitat for Humanity**, College Bound Committee, 2019

**Days for Girls**, Super Sewist, 2017-present

**Hillcrest Senior Residence Volunteer Coordination Consultant**, 2015

Needs assessment and development of volunteer coordination plan and manual

**America Youth Soccer Organization**, Region 5, Fountain Valley, 2004-2018

Positions: Assistant Regional Referee Administrator, Referee Instructor, Referee, Team Manager, Regional and Area Staff

**Fountain Valley Royal Regiment**, Fountain Valley High School, 2007-2011

**Orange County 4-H**, 2000-2014

Positions: Orange County Council President, Community Club Leader, Project Leader (Sewing, Arts and Crafts, Beginning 4-H, Leadership, & Community Service), Fashion Revue and Presentation Day Co-Chair, Awards and Incentives Committee & Youth Expo Committee member

**Ethan Allen Elementary School PTA and Classroom Aide**, Fountain Valley, 1998-2007

**Orange County Sexual Assault Network**, Garden Grove, 1992-1993

Positions: Self Defense Instructor, Data Management Coordinator

**Crippled Children's Services**, Long Beach, 1988

**Veteran's Administration Medical Center**, Long Beach, 1987

**High Hopes Head Injury Recovery Services**, Santa Ana, 1987

### Community Honors

The President's Call to Service Award, 2009

President's Service Award Gold, 2006

President's Service Award Silver, 2004, 2005, 2007, 2008

Huntington Beach Adult School Lifelong Learner Award, 2001