



**FREE**  
**Wednesdays**  
**All of August**

Join the early  
to mid-stage  
**DEMENTIA**  
**ACTIVITY**  
**CLUB**

**In Redondo Beach**



**My touch, tone and sensitivity  
nurture the senior and create  
meaningful friendships.”**

**Led by Jon Schaeffer**

I'm a California State Certified Activity Leader with a degree in music. I have been volunteering and working with seniors for 20 years, both as an activity director in assisted living, and privately with persons having dementia.



I bring a unique understanding of the developmental stages of seniors and their communication styles, allowing for healthy interaction and fulfilling experiences.

Through my personalized activity programming, the senior gains valuable legacy support and positive attention.

**Monday, Wednesday & Friday**

**1:30 pm- 4:30 pm**



**Small group of 5-10 members**

Truly personalized, quality attention



**Healthy respite for family**

A needed 3-hour break while loved one participates in activity club



**Engaging programming for seniors**

Music, discussion, exercise, reminiscing, brain games, and more



**Fun, friendship and socialization**

Important connections for enhanced mood and behavior

Sessions held at



**For details, contact Jon at (310) 940-2985**