

**CURRICULUM VITAE**  
**BARBARA SCHWITZ WHITE, DrPH, APRN**  
**Associate Professor Emerita, California State University, Long Beach**

**ACADEMIC/PROFESSIONAL PREPARATION:**

**Loma Linda University, School of Public Health, Loma Linda, California**

Doctor of Public Health

Major: Health Education/Health Promotion

Cognate areas: Gerontology (10 units) and Health Administration (10 units) Dissertation:

Negotiating the Healthy Self: A Theory of Health Behavior in Older Adults

**California State University Long Beach**

Master of Science with a major in Nursing: Adult Nurse Practitioner specialty area. Minor: Nursing Education

**Loyola University, Chicago, Illinois**

Bachelor of Science with major in Nursing; completion of 36 semester units in Biology.

**Specialized Education**

1990 - 1991     **University of Southern California, Los Angeles, California, Leonard Davis School of Gerontology**

Spring 1990:     The Physiology, Psychology and Sociology of Aging (4)

Summer 1990:    Development of aging networks within local communities (4)

Fall 1990:        Organizational, administrative and curricular complexities of a program of studies in gerontology (4)

**ACADEMIC POSITIONS**

1982-2016     Faculty, School of Nursing, CSULB

2000-2016     Director, Gerontology Program, CSULB

2000-2016:    Director, Center for Successful Aging, CSULB

2009-present: Director, Osher Lifelong Learning Institute, CSULB

**TEACHING ACTIVITIES**

Medical/Surgical Nursing, Physical Assessment, Adult/Gerontological Nurse Practitioner didactic and clinical courses, Directed Research, Project(Gerontology and Nursing), Thesis (Gerontology and Nursing)

**HONORS AND AWARDS:**

2009            Public Service Award, **Long Beach Department of Health and Human Services, Public Health Bureau and Nursing Services Division** for 19 years of services to seniors at the Long Beach Senior Center in the process of educating undergraduate and graduate nursing students in clinical practice.

2015            California Council on Gerontology and Geriatrics: **Betty and James Birren Senior Scholar Award.**

**PROFESSIONAL EXPERIENCE:**

**Recent Clinical**

2000-2009     **CSULB School of Nursing**, Clinical Coordinator, Adult/Gerontological Nurse Practitioner Graduate Program.

1993-2003     **Federal Emergency Management Agency (FEMA) Disaster Medical Assistance Team (DMAT CA-1).** Prepared to provide emergency services when activated by the federal government

1991-2009     **Long Beach Senior Center, Health Services**  
Coordinator: Nurse Managed health assessment, education, referral  
Includes performance of complete physical assessments as well as gynecologic prostate examinations. Mentor for undergraduate and graduate students.

**PROFESSIONAL ORGANIZATIONS:**

- 2009-3011 President, California Council on Gerontology and Geriatrics  
 2003-2005 Appointed a Director of the Sigma Theta Tau, International Foundation for Nursing Board of Directors  
 2002-2003 Elected the 1st Chair of the Board of Directors of the **International Honor Society of Nursing Foundation**, Sigma Theta Tau International, Indianapolis, Indiana

**Memberships**

The Honor Society of Phi Kappa Phi  
 Sigma Theta Tau, International Honor Society of Nursing

**PAPERS/PRESENTATIONS/WORKSHOPS:**

Refereed:

- 2017 Mohamed, O., Cho, Y-H., White, B., Singh-Carlson, S., & Krishnan, V. (July 2017). A multifactorial intervention program to reduce the risk of falls in community dwelling older adults (Poster presented at the World Confederation for Physical Therapy, Capetown, South Africa).  
 Mohamed, O., Cho, Y-H, Krishnan, V., & White, B. (2016). Effects of cognitive and motor multitask training on balance and fall risk in community dwelling older adults. (poster presented at the American Physical Therapy Association Combined Section Meeting, Anaheim, CA, February and CPTA California Chapter of the American Physical Therapy Association, Santa Clara CA September).  
 White, B. Enhancing campus life with lifelong learners. (poster accepted to the annual meeting of the California Council on Gerontology and Geriatrics, Long Beach CA May).
- 2/2016 Association for Gerontology in Higher Education. Planning for a University Affiliated Village Model to Support a Low Income, Ethnically Diverse Community of Older Adults to Age in Place.
- 2015 Cho Y.-H., Mohamed, O., Gearhart, C., White, B., Krishnan V., & Singh-Carlson S. (2015). The effects of strength and endurance training on reduction of fall risks. (Podium presentation accepted to the Annual Meeting of Gait and Clinical Movement Analysis Society. Portland, Oregon.)  
 Krishnan V., Mohamed, O., Granados R., Cho Y.-H., White B., & Singh-Carlson S. (2015). Effect of 8-week multi-factorial balance training in fallers and non-fallers. (Poster accepted to the Annual Meeting of Gait and Clinical Movement Analysis Society, Portland. Oregon.)  
 Gearhart C. A. G., Samartin J., Cho Y.-H., Mohamed M., White B., Singh-Carlson S. (2015). Physical and psychological effects of a multi-factorial balance training in fallers and non-fallers. (Poster accepted to the Annual Meeting of California Council and Gerontology and Geriatrics Society, Long Beach, CA)  
 Krishnan, V., Mohamed O, Cho Y.-H., White, B., Singh-Carlson S. (2015). Effect of 8-week multi-factorial balance training on fast walking in older adults. (Poster accepted to the Annual Meeting of California Council of and Gerontology and Geriatrics Society, Long Beach, CA)
- 1996 **Gerontological Society of America**, Washington D.C. (November 18) (Refereed): poster: Negotiating the Healthy Self: A Theory of Health Behavior in Older Adults
- 1996 **Southern California Sigma Theta Tau Nursing Research Conference**, San Diego (Refereed): Podium presentation: Negotiating the Healthy Self: A Self-Preservation Process of Older Adults.

Invited:

**Presentations:**

- 5/2018 Osher Lifelong Learning Institute webinar: Determining & demonstrating the value of OLLI.
- 10/24/18 Osher Lifelong Learning Institutes National Conference. My University doesn't like me: How to approach the OLLI University Relationship. Frank, C., Montgomery, K., & White B.
- 4/24/04 The Philippine Nurses Assn of San Diego County, Inc. "Everything Old is New Again". Invited keynote presentation
- 11/14/03 The California Alliance for Consumer Education: Healthy Aging
- 11/7/03 2003 CSU Gerontology Summit: Assessing Program Outcomes (Group discussion)
- 10/17/03 3<sup>rd</sup> annual ANCL Conference: Everything Old is New Again
- 10/24/02 Keynote: Nursing Odyssey: STTI Southern California Chapters Research Conference: "Grey Hair has more Body".
- 5/00 – City of Huntington Beach, CERT Training Program: START Triage
- 5/3/03 Appeared with President Maxson on "**Beach View**" to discuss successful aging
- 1999: **Loma Linda University, School of Public Health: Health Behavior and Aging**
- 1999: **Loma Linda University, School of Public Health, Health Education/Health**
- 1997: Promotion Program: "Aging and Health Behavior"
- 1993-96 Loma Linda University, School of Public Health, **International Health Program: "Population Dynamics and Aging"** Presented annually to the course in Population Dynamics
- 1995 California State University Long Beach, Graduate Program "Normal Changes with Aging"
- 1995 **American Language Institute CSULB: "Health Care and Aging in the U.S."**

**RESEARCH and OTHER GRANTS and FUNDED PROJECTS:**

- 2013 Determining needs in the creation of a Long Beach village for older adults. Farmer, G., Papachristou, T., & White, B. Archstone Foundation.
- 2011 CSULB Multidisciplinary Research Award: Mohamed, O., White, B., Cho, Y.H, & Singh-Carlson, S. A Multifactorial, Interdisciplinary Intervention to Reduce the Risk of Falling in a Group of Community Dwelling Older Adults (\$6,560) funded.
- 2009 Collaborator: Center for Successful Aging Grant to the Archstone Foundation (not funded)
- 2004 Collaborator: Community Hospital of Long Beach Archstone Grant: \$100,000. Intergenerational Resource Center: Center for Successful Aging received \$25,000 release time
- 2003 Active member of grant team: Accelerated Bachelor's to BSN submitted to the State of California Workforce Initiative (\$1 million) (not funded)
- 2003 Grant Team: Teaching Computer Skills to Seniors in Assisted Living (\$100,000) (not funded)
- 2002 California State University, Long Beach, Outcome Assessment Grant, Academic Senate Outcome Assessment Committee: **Review of MS Gerontology Program** \$7000
- 2001 Palos Verdes Peninsula **Seniors Needs Assessment:** Project coordinator, Center for Successful Aging, \$13,647.00.
- 1996 Member, Assessment Team, Geriatric Interdisciplinary Team Training Partnership **Planning Grant** awarded by the John A. Hartford Foundation to Kaiser Permanente Research Institute/UCLA to develop a curriculum to support the training of interdisciplinary teams in the care of the elderly.
- 1994 Recipient of \$4400 Research Grant: **Beverly Foundation - U.S. Trust Fellowship** (competitive review): for Dissertation research on health behaviors and aging.

**PUBLICATIONS:**

**BOOKS:**

- 2006 **White, B. & Truax, D.** (December, 2006). *The Nurse Practitioner in Long Term Care: Guidelines for Clinical Practice*. Sudbury, MA: Jones & Bartlett.

- The first publication of its kind, specific to the nurse practitioner working in skilled nursing facilities.**
- 1999: Murray, S. E., & **White, B. S.** (1999). *Critical care assessment handbook*. Philadelphia: W. B. Saunders
- The unique focus of this book is on physical assessment in critical and acute care areas using a body systems approach. The book reviews those elements of a physical assessment that are practical in these settings, and includes assessment tips, and rationale for the use of a technique or for interpretation of findings. **The book also covers, in depth, the special considerations in assessment and interpretation of results needed when caring for the geriatric client. No other handbook had taken this approach**
- This book was selected as one of the **100 BEST BOOKS of 1999** by Doody Publishing Company's independent reviewers.

#### **JOURNAL ARTICLES:**

- 2018 Cho, Y.H., Mohamed, O., **White, B.**, Singh-Carlson, S., & Krishnan, V. (2017). The effects of a multicomponent intervention program on clinical outcomes associated with falls in health older adults. *Aging Clinical and Experimental Research Journal*
- 2007 San Filippo, S., Reiboldt, W., **White, B.**, & Hails, J. (2007). Perceptions of elderly self-neglect: A look at culture and cohort. *Family and Consumer Sciences Research Journal*, 3,(3), 1-17.
- 1993 **White, B. S.** & Roberts, S. L. (1993). Powerless and the pulmonary alveolar edema patient. *Dimensions in Critical Care Nursing*, 12(3), 127-137.  
*Above article selected by the journal Board as the best article in the category of Nursing Diagnosis for 1993.*
- 1992 **White, B. S.** & Roberts, S. L. (1992). Pulmonary alveolar edema: Preventing complication. *Dimensions in Critical Care Nursing*, 11(2), 90-103.  
*Above article selected by the journal Board as the best article in the category of Prevention of Complications, for 1992.*
- 1992 Roberts, S. L. & **White, B.** (1992). Common nursing diagnoses for pulmonary alveolar edema patients. *Dimensions in Critical Care Nursing*, 11(1), 13-27.
- 1992 Roberts, S. L. & **White, B.** (1992). Common nursing diagnoses for pulmonary alveolar edema patients. *Dimensions in Critical Care Nursing*, 11(1), 13-27.
- 1991 **White, B. S.**, & Roberts, S. L. (1991). Nursing management of high permeability pulmonary oedema. *Intensive Care Nursing*, 7, 11-22
- 1990 **White, B. S.**, & Roberts, S. L. (1990). High permeability pulmonary oedema: Pathophysiology and mechanisms of injury. *Intensive Care Nursing*, 6, 79-91
- 1990 Roberts, S. L., & **White, B. S.** (1990). Powerlessness and personal control model applied to the myocardial infarction patient. *Progress in Cardiovascular Nursing*, 5(3), 84-94.

#### **Advisory and Program Committees**

- 2017-present **Age Friendly Steering Committee**, City of Long Beach
- 2016 **Association for Gerontology in Higher Education**, Program Committee 2016 annual meeting.
- 2001-2009 **Osher Lifelong Learning Institute** (Senior University), CSULB, Member, Advisory Board,
- 2005-2013 **California Council on Gerontology and Geriatrics**, annual meeting Program Committee.
- 2000-2003 Invited member, **City of Long Beach, Strategic Planning Task Force for Senior Services**
- 2001-2003 Invited member **Los Angeles County Community Roundtable, Long Term Care Strategic Plan**
- 2001 **Planning Committee Senior Health Fair, Supervisor Knabe, District 4**
- 1996-2007 **Statewide Advisory Committee, California Geriatric Education Center, UCLA**

2002-2003      **Advisory Board, CSULB Department of Social Work, Hartford Geriatric Enrichment Grant.**

Board of Directors

2018-present      Pathways Volunteer Hospice, Lakewood, CA

2002-2004      Sigma Theta Tau, International Honor Society of Nursing Foundation