

Committee on Athletics
2019-2020 Meeting #4 – COB Dean's Conference Room (CBA-204)
Wednesday, February 19th, 2020, 3:00 – 4:30 p.m.

Present: Jeff Kress, Michael Solt, Cindy Masner, Rebecca Lemme, Naomi Hunt, Jake Grandy, Adam Butz, Sandra Shirley, Amanda Fisher, Tracey Richardson, Khue Duong, Kim Fox, Kimberly Farrell (call in), Jarrod Spanjer (presenter), Stephanie Baugh (presenter) and Brenda Vogel.

- I. Meeting called to order at 3 pm
- II. Minutes of Nov. 20, 2019 approved
- III. Agenda
 - a. Agenda approved
 - b. Presentation – Assistant Director, Student Athlete Development (Stephanie Baugh)
Stephanie discussed her role working with student athletes in promoting emotional well-being, leadership, and personal and professional growth through various programs and workshops. She mentioned Student-Athlete Advisory Committee (SAAC) and overseas service trips in Belize, Panama and Paraguay.
 - c. Presentation – Assistant Athletic Director for Sports Medicine (Jarrod Spanjer)
Jarrod highlighted services provided by the Long Beach State Sports Medicine staff, ranging from various health aspects (assessment, pre-hab orthopedic exams, post-injury rehab) to additional life-skills training (stress, time and crisis management).
The Sports Medicine team works with medical doctors, athletic trainers, strength coaches, sports psychologists, eating-order specialists, psychiatrists, therapists as well as staff at CAPS and Student Health Center.
Part of Jarrod's work also involves writing injury reports, injury claims, weight room protocols, overseeing inventory of stock room, writing Emergency Action Plan (EAP), and reviewing policies with respect to NCAA best practices.
- IV. Announcements

Cindy Massner gave updates on performances of various teams. Bickerstaff Academic Center Grade Check / Academic Integrity would be rolled out this week as part of regular semester check-up.
- V. Adjournment at 4:20 pm.