Committee on Athletics – Minutes 2020-2021 Meeting #2 – Zoom Wednesday, November 18, 2020, 3:00 – 4:30 p.m.

Present:

Present: Cindy Masner, Joseph Aubele, Jeff Kress, Tiffanye Vargas, Sandra Shirley, Ulices Pina, Chris Karadjov, Melanie Batiste, Brenda Vogel, Portia Resnick, Lu Shu, Michael Solt, Tracey Richardson

- I. Meeting called to order at 3:07
- II. Minutes from October 21, 2020 Amended and Approved
- III. Chris Karadjov announced that we will be seeking nominations for Vice Chair later on the meeting.
- IV. Received Presentations from:
 - a. Traci Larson, Nutritionist : Currently providing team and 1:1 counselling on nutrition through trainer referrals or student athletes can directly booking on line. Traci maintains an Instagram site. that includes useful nutrition information, tips, and recipes. The site is:@BeachSportNeutrition
 - b. La Tanya Sheffield, Head Women's Track and Field Coach/Chair Athletics Diversity and Inclusion Committee: La Tanya discussed the continued focus on preparing student athletes for corporate America and the Inclusive Excellence program focusing on the challenges of diverse individuals and ways to celebrate the differences.
 - c. Stephanie Baugh, Assistant Director, Student Athlete Development: Dr Baugh discussed focus on student athletes overall mental well-being in light of the loss of identity in not being able to complete, the tumultuous political environment and the concerns surrounding the Covid 19 virus. Last year a group of student athletes traveled to Panama to gain cultural exposure. The student athlete advisory committee continues to support student athletes in fostering strong professional identity.
- V. Cindy Masner provided an update on the status of the athletic department overall noting the department continues to receive policy changes impacting Spring activities. Several scenarios are being discussed for upcoming spring sport activities. Discussed the COA acting as a pilot for a mentor group for student athletes. Suggested that a update from the

compliance team would be useful for the committee as prior to mentoring. Will coordinate Erica Piurkowski to present and upcoming COA meeting.

- VI. Brenda Vogel suggested that it could be useful to hear from student athletes on "what they wish faculty would understand about their lives" in future COA meetings.
- VII. Brenda Vogel self-nominated to serve as Vice Chair for 2020-2021. The nomination was approved unanimously by the committee.
- VIII. Meeting was adjourned at 4:06

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COA: https://www.csulb.edu/academic-senate/committee-athletics-coa