

Committee on Athletics Meeting Minutes
Wednesday, April 20, 2022 Meeting #7 - Zoom

Present: Chris Karadjov, Gary Metzker, Michael Solt, Sandra Adams, Xuan Huang, Andy Vaca, Corinne Garthoff, Xitclalli Ramirez, Milton Ordonez, Jose Raya Perez, Portia Resnick, Arline Walter, Brenda Vogel, Liana Marin and Mauricio Ingrassia.

- I. **Call to Order at 15:06.** Agenda approved by Michael. Seconded by Gary.
 - II. **Approval of minutes from March 16, 2022:** Minutes approved by Andy. Seconded by Milton.
 - III. **Announcements:** Black and Gold Banquet on Monday, April 25 at 5:15 to 7 in the Pyramid. RSVP Corinne.garthoff@csulb.edu. Also, Journalism and Public Relations Day focused on the intersection of sports and entertainment.
- IV. **Agenda**

Item A: Liana Marin (student-athlete development coordinator) Only been here for a month. Oversee two groups in athletes: SAAC, a student-run group, a governing council with two students from each team. The second group is Diversity, Equity and Inclusion. Liana is finishing her M.ED. at USC. She specializes in student-athlete development.

Her areas of development are: leadership and self discovery, professional and career development, diversity, equity and inclusion, life skills and health and wellness practices and community service, civic engagement and campus involvement.

Programs are tailored to each academic year: Freshman foundation, Sophomore success, Junior journey and Senior sendoff.

Item B: Mauricio Ingrassia (head coach women's soccer team) – The Stanford athlete that died by suicide was a teammate of some of the LBSU players. It was terrifying as a leader of young women. We implemented a few things: Three weeks in a row was self-care Wednesday. Go take care of yourself. Go do things that make you feel centered again. Mental health check-ins with each player. That has gone over well.

Mauricio also said whenever someone needs a day off, no questions asked. He wants players to have fun in practice, that is a therapy session for them. If they need 90 minutes to themselves, they just have to ask him. Only a couple of players have asked. They appreciate the Wednesdays off and then Thursdays are super fired up. He is going to surprise the players when the regular season starts.

This generation is way different from years past. Everything happens in their cellphones, their apps. I thought I was hip, but now all the songs are in their ear buds. From a mental health standpoint, Mauricio likes where the players are at. He is even taking classes, getting his MBA. He has empathy for them. Mauricio can only deal with one Zoom class at the time. He gets strict if players are at-risk. Making students go to study center during practice.

Recruiting is going on. A bit of international recruiting is happening, bringing in a forward from Sweden, who scored a goal last week for the national team. Also a player from Japan is coming. She doesn't master the English language yet, but she really wants to come to LBSU. She is doing two days of an official visit then she's on her own. She's paying her own way. This is a first for LBSU women's soccer. The team has a presidential scholar who is an incoming freshman.

Mauricio is 25 years away from classroom. He is four classes in, started last fall.

Mauricio said NIL is not a factor yet. But twins from Arizona chose Colorado which has an NIL program. Season preview: incoming class is ranked No. 32 or 33 in the national, might be a top 25 class. One transferring in from the University of Arizona and ASU. Cherry Cox is a top recruit coming from Beach Football Club. Non-conference schedule has USC at home, Pepperdine at home. For first time, he has a full time second assistant.

V. Adjournment: Meeting ended at 4:02. Next meeting is May 18, 2022

COA: <https://www.csulb.edu/academic-senate/committee-athletics-coa>

Recurring Zoom link: <https://csulb.zoom.us/j/84001105418>