

CAMP NUGGET

CSULB - CHHS - KINESIOLOGY

PROVIDING POSITIVE MOVEMENT EXPERIENCES FOR CHILDREN WITH DISABILITIES 5-12 YEARS OF AGE

Dates

Monday through Friday
June 15th through July 10th, 2020

Time

9AM to Noon

Place

CALIFORNIA STATE UNIVERSITY, LONG BEACH
Department of Kinesiology
1250 Bellflower Blvd. Long Beach, CA 90840

Co-Directors:

Dr. Barry Lavay
Dr. Melissa Bittner

Email:

campnugget@csulb.edu

Website:

www.csulb.edu/campnugget

Social Media:

@LongBeachStateAPE
(Facebook, Twitter, Instagram)

CAMP NUGGET is administered by the Adapted Physical Education Program in the Department of Kinesiology at CSU, Long Beach with support from CSULB Foundation and the College of Health and Human Services. The camp registration fee is already partially reduced due to grants and donations by local service foundations.

Fun!



LONG BEACH
STATE UNIVERSITY

College of Health & Human Services

A California State University Campus



CAMP NUGGET is built upon the strong conviction that movement is important and beneficial for everyone! Children with disabilities should be afforded the same opportunities to enjoy and successfully participate in physical activity. Camp Nugget is designed to provide positive health-related physical fitness, fundamental motor skills, aquatics, cooperative games, and sport experiences for children with disabilities ages 5 - 12. The program provides a positive, active, and fun experience in a small child/staff (4:1) ratio setting.

WHO, CHILD/STAFF RATIO - 4 TO 1

Designed for children with disabilities ages 5 - 12 years. The child/staff ratio is at least 4 children to 1 staff member.

INTENSE ONE-ONE INSTRUCTION

If your child requires intense one-on-one instruction (for example will run away from the group or has other extreme behavior issues), it is the parents' responsibility to provide an assistant with their child.

BENEFITS

- Increased physical fitness
- Improved motor and sport skills
- Improved swim ability
- Increased self esteem and confidence
- Enhanced social interaction & skills
- Fun positive movement experience



QUESTIONS

Email: campnugget@csulb.edu

SCHOLARSHIPS

Camp fees are already reduced for all children due to donations. Limited full and partial scholarships may be available based on financial need.

PROGRAM SCHEDULE

9-10 AM

Warm-up, health-related fitness, and fundamental motor skills.

10-11 AM

Cooperative games, leadup games, sport activities, and relaxation techniques.

11-Noon

Recreational swimming and instruction from qualified instructors.

SWIMMING & FECAL ACCIDENTS

Campers who may have fecal or urine accidents in pool, **MUST WEAR APPROVED WATER PROOF SWIM DIAPERS during ALL swim time.** Regular diapers are not allowed in pool.

PROFESSIONAL STAFF AND SAFETY

- Dr. Barry Lavay, has over 30 years of experience teaching APE.
- Dr. Melissa Bittner, has over 15 years of experience teaching APE within in-school or higher education settings.
- Camp staff are credentialed (or in training), Adapted Physical Education teachers and majority trained in CPR.
- CPR Lifeguards on duty during swim time.

ONLINE REGISTRATION

Online registration: \$400 total (no deposit)

Online registration link:

<https://commerce.cashnet.com/CSULB-CAMPNUGGET>



MATCHING FUNDS DONATIONS

Does the company you work with provide matching funds or grants to assist Camp Nugget? If yes, please provide the name of employee to contact who may provide funds.

fitness



aquatics

Website: www.csulb.edu/campnugget