

Bachelor of Science in Kinesiology

Option in Fitness

GENERAL EDUCATION REQUIREMENTS:

Written Communication
 Oral Communication
 Critical Thinking
 Mathematics *(if statistics course is not GE approved)*

GPA REQUIREMENT:

3.0 cumulative and for major-specific coursework

AA-T AVAILABLE



EQUIVALENT COURSE OUTLINE



Fullerton College
 Excellence. Elevated.



CALIFORNIA STATE UNIVERSITY
LONG BEACH

REQUIRED COURSEWORK

PE 252 F	KIN 201 Introduction to Kinesiology
One of the following MATH 120 F MATH 120HF PSY 161 F PSY 161HF SOC 120 F	One of the following STAT 108 Statistics for Everyday Life STAT 118 Introductory Business Statistics PSY 110 Introductory statistics HDEV 190 Elementary Statistics in Social and Behavioral Sciences SOC 170 Elementary Statistics
NUTR 210 F	NUTR 132 Introductory Nutrition
One of the following PSY 101 F PSY 101 HF	PSY 100 General Psychology
ANAT 240 F	BIOL 207 Human Physiology
ANAT 231 F	BIOL 208 Human Anatomy
PE 236 F	ATEP 207 Prevention and Care of Athletic Injuries
Four of the following: PE 112 PE 127 F PE 182 F OR PE 193 F PE 134 PE 151 F PE 129 F OR PE 148 F PE 117 F PE 114 F PE 102 F	Four of the following: KIN 106A Fencing-Foil I KIN 112A Racquetball KIN 151A Weight Training & Conditioning KIN 125A Swimming I KIN 127A Aqua Aerobics KIN 142 Group Exercise Cardio KPE 145A Gymnastics KIN 146A Jogging 1 KIN 152A Yoga