

California State University, Long Beach  
Housing & Residential Life COVID-19 Notice and Disclosure

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### **Covid-19 Related Policy Highlights**

1. You agree to abide by the policies in the Community Living Guide, as well as these additional policies (adopted with guidance from the Centers for Disease Control and Prevention, Long Beach City Health Department, and campus and system officials.):
  - a. You must wear a hands-free double-layered face covering designed to restrict droplet transmission in the while in any interior spaces outside of your assigned suite or room, this includes hallways and lounges in the residence halls.
  - b. You agree not wear a mask in the dining hall until you are seated to eat.
  - c. You are not permitted to have guests that do not reside in campus housing. This includes commuting students, friends from home, and family members. Allowing others to access to the property may be dangerous or unsafe and could expose you or others to COVID-19.
2. You understand and agree that you must comply with all federal, state, and local directives, orders, or mandates related to COVID-19 as well as any CSULB directive or policy.
3. You understand that with an abundance of concern for safety and security, residents that violate the policies within this document or policies within the Resident Handbook may be removed from Housing immediately.

### **Guidelines**

1. You need to take responsibility for yourself and your community during this time. You understand and agree to the following COVID-19 guidelines (adopted with guidance from the Centers for Disease Control and Prevention, Long Beach City Health Department, and campus and system officials), which are not requirements but are highly suggested for the safety of all:
  - a. Perform daily self-checks (i.e. temperature, symptoms, etc.) and follow procedure (outlined in Guideline #3 below) if a change is noted, as well as any campus procedures.
  - b. Frequently wash hands with soap and water for at least 20 seconds or use an alcohol-based hand rub with at least 70% alcohol.
  - c. Avoid touching your eyes, nose, or mouth with unwashed hands.
  - d. Clean and sanitize surfaces in your room regularly. (Note: cleaning supplies for personal rooms are not provided by HRL – please bring your own cleaning supplies to maintain your student room (i.e. mini vacuum, wipes, etc.))
  - e. Open windows as much as possible to circulate fresh air into the room.
  - f. Practice good respiratory etiquette, including covering coughs and sneezes, even while wearing a mask.
  - g. Avoid close contact with people who are sick.
  - h. Get adequate rest.
  - i. Eat a well-balanced diet and stay hydrated.
  - j. Get a flu shot when available.
  - k. Minimize returns home and off-campus excursions; limit to work, shopping, etc.
  - l. Keep track of people with whom you come in contact, in the event that contact tracing is required.
2. If you, your suitemate, or someone you have come into contact with have been exposed to or become ill with COVID 19 or any other highly infectious disease, you will be required to be tested and may be relocated and quarantined for the recommended timeframe. Student Health Services (SHS) will determine length of time required for quarantine, which will require the following:
  - a. Stay home and avoid contact with others. Do not go to school or work.
  - b. Do not take public transportation, taxis, or ride-shares.
  - c. Keep your distance from others (at least 6 feet).
  - d. Follow any direction from SHS.

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3. If you become ill, you will:
  - a. Notify HRL staff or SHS immediately. Call ahead before you go to SHS, doctor's office, or emergency room.
  - b. Consider returning to your permanent home address for care. If you do not return home, you will be relocated and isolated for the recommended timeframe. Student Health Services (SHS) will determine length of time required for isolation.
  - c. Not go to class or work.
  - d. Not go to the dining hall (arrange for meal delivery with HRL).
  - e. Follow any direction from SHS.

### **Depopulation**

1. You will be required to have a depopulation plan on record with HRL.
2. In the event the university is instructed to depopulate quickly, you must be prepared to move out within a short time frame (i.e. 2-5 days, depending on directives), which includes taking all of your belongings with you.