Supervisory RD Highlight Giovanne Dimas, RD

Current Position:

Director-Food Services@ Providence Little Company of Mary San Pedro

Education:

B.S Dietetics & Food Administration from CSULB

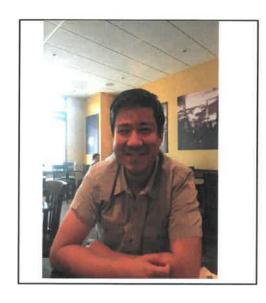
Specialty:

Food Service Management

Career History:

Clinical Dietitian for 2 years at rehab only facility focusing on adolescent paraplegic and quadriplegic population.

Food Service management for the last 10 years. Have worked in all 3 major pediatric hospitals in SoCal and 4 Adult acute care facilities



Awards:

Account of the Year 2009 for Sodexo at Children's Hospital Los Angeles

Organization Involvement:

Academy of Nutrition & Dietetics

In your eyes, what is your biggest accomplishment?

Automation of the diet office @LBMMC as a project manager. Required lots of coordination within the kitchen and Information systems

What is your best advice for an aspiring dietitian?

Don't underestimate your interpersonal skills.

Supervisory RD Highlight Stephanie Lew, MS, RDN

Current Position:

Patient Services Manager at Long Beach Memorial Medical Center, Miller Children and Women's Hospital & Community Medical Center in LB

Education:

BS, MS and Dietetic Internship at Cal State Univ., Los Angeles



Research:

None at the moment, but this is definitely a goal for her to be involved with more research.

Organization Involvement: AND & ASPEN member.

Specialty:

She has a Certificate of Training in Weight Management and is actively pursuing her Clinical Nutrition Support Clinician credential.

Career History:

Her first job as a RD was as a Clinical Dietitian at Lakewood Regional Medical Center. She then went to Beverly Hospital in Montebello to gain more experience with updating clinical practices and participating in community programs.

An Interview with Stephanie Lew In your eyes, what is your biggest accomplishment?

At this point in her career she feels that all of her accomplishments are intangible. She has fostered a positive work environment that is dedicated to building future Dietitians. She has trained only a handful of dietitians but she really enjoys seeing the their journey and knowing that she was involved with helping them accomplish their goals.

What is your best advice for an aspiring dietitian? Stay open-minded, remain

grounded and have fun!

Supervisory RD Highlight Kelly Melanson, B.S, RD

Current Position:

Registered Dietitian at Center for Discovery (CFD) in Lakewood, CA and Downey, CA

Education:

B.S in Dietetics and Minor in Biology at California State University Sacramento

Specialty:

Eating Disorders and Mental Health

Research:

During undergrad, I was fortunate to intern and work at the USDA Western Human Nutrition Research Center in Davis, CA where I worked with the Principal Dietitian on various human feeding studies.



Career History:

Directly following my internship, I was hired as an on-call Dietitian at Center for Discovery in Sacramento, CA. I then accepted a full-time RD position at CFD's Eating Disorder Residential program in Lakewood, and the Mental Health Residential program in Downey, CA.

Awards:

Employee of the Month at Center for Discovery Lakewood

Organization Involvement:

Academy of Nutrition and Dietetics (AND)

An Interview with Kelly:

In your eyes, what is your biggest accomplishment?

Becoming a Registered Dietitian and working with clients struggling with eating disorders. Working in the mental health field can be very challenging both physically and emotionally, but also tremendously rewarding.

What is your best advice for an aspiring dietitian?

Make sure you are passionate about what you do and never be afraid to try something new. Also, have confidence in your ability and continuously seek out additional opportunities to learn both personally and professionally.

Supervisory RD Highlight Nikki Robles, RDN

Current Position:

Clinical Nutrition Manager at Providence Little Company of Mary, Torrance and San Pedro Locations -Includes: Transitional Care Center, Subacute Center, and the Radiation Oncology Center

Education:

BS Dietetics from Cal State LA, 1978 CUDP Cal State LA (Internship) 1978

Specialty:

Clinical Nutrition Management

Research:

None

Publications:

None

Awards:

- National Management Association Leadership Excellence Award
- Providence Mission Spirit Award



Career History:

39 years at Providence Little Company of Mary

- Began as Assistant Food Service Director
- Then... Staff Dietitian, Clinical Nutrition Manager, System Clinical Nutrition Manager for several hospitals, Food Service Director and currently Clinical Nutrition Manager Providence LCM

Organization Involvement:

- AND
- CAND
- LAD
- AND Clinical Nutrition Management Practice Group
- California Representative for Nutrition Clinical Design Team for the 50 Providence St. Joseph Health Hospitals.
- Member of the CSULB
 Dietetic Internship
 Selection Committee over the last 18 years

An Interview with Nikki...

In your eyes, what is your biggest accomplishment?

- Implementation of a Nutrition Screening Process
- Implementation of a Malnutrition Identification and Documentation Process
- Built and implemented an Automated Diet Office System (Cbord)
- Planned and implemented Room Service

What is your best advice for an aspiring dietitian?

- Keep your options open
- Be willing to try new things
- Always follow evidence based medicine

Supervisory RD Highlight **DEBBIE "DIET" TINDLE, RD**

Current Position: CNM III, OC Systems Manager

Education:

BS – Dietetics & Food Administration

Specialty:

Bariatrics, Clinical Management

Research:

The Elimination of the Full Liquid Diet – Future Dimensions in Clinical Nutrition Management, Vol. XXII, No.4, Fall 2003

Publications:

Nursing Currents, Abbott Nutrition Health Institute-Collaborative Nutrition Initiatives Promote Enhanced Patient Outcomes, July 2013, Vol 2, Issue 2

Elimination of the Full Liquid Diet, 2004 Sodexo -The Spirt of Excellence: How Healthcare Organizations Are Achieving Service, Quality and Satisfaction



Career History:

Outpatient Internal Medicine/Bariatrics Home Health Consulting In-Patient Clinical RD Internet Radio Co-Host Food Services Director CNM Systems Manager

Awards:

Carol Hayes Torio Excellence in Management, 2015 CDA –Orange District,

Distinguished Alumni – CSULB, Intern Mentoring & Training, 2008-2016

Preceptor of the Year 2015-2016, Oakwood University Distance Learning Internship

CNM of the Year 2009, Morrison Management

Manager of the Year 1996, Santa Ana Hospital, CA

Organization Involvement:

AND-CNM Practice Group Symphony Irvine, Advisory Board Member & Concert Master

An Interview with Debbie "Diet" -

In your eyes, what is your biggest accomplishment?

Successfully facilitating a Continuous Quality Improvement (CQI) multidisciplinary team (28 department directors) to achieve a 98 score with commendations for a triannual survey

What is your best advice for an aspiring dietitian?

Stay engaged with consumers and current with research, network with peers and mentors, and give back by promoting interns and students into our dynamic field of Nutrition and Dietetics.