CSULB Student Health Services
(562) 985-4771
www.csulb.edu/shs

Pregnancy Referral Options

Abortion Services

If you are less than 10 weeks pregnant and choose a medication abortion, the Student Health Services offers this service at a low cost.

- **Family Planning Associates**
  2777 Long Beach Blvd #200
  Long Beach, CA 90806
  (562) 595-5653

- **Planned Parenthood**
  2690 Pacific Ave, Suite 370
  Long Beach, CA 90806
  (800) 576-5544 or (800) 230-7526

- **Her Choice Women's Clinic**
  1155 West Central Avenue #214
  Santa Ana, CA
  (714) 966-9094

Prenatal Care Services

Prenatal care is very important to begin as soon as possible during your pregnancy to deliver a healthy baby. This means visiting a doctor who will provide you with information about how to take proper care of yourself during pregnancy and help you with any medical conditions. If you have health insurance, schedule an appointment with your medical provider to receive a referral for an obstetrician/gynecologist (OB/GYN).

If you do not have health insurance, contact our referral nurse at SHS or apply for Medi-Cal through their website.

The hospitals/clinics below will also help with enrollment and medical care:

- **Mama's Neighborhood for Los Angeles County Health Services**
  (844) 376-2627
  Email: mamas@dhs.lacounty.gov

- **Long Beach Comprehensive Health Center**
  (562) 753-2300
  1333 Chestnut Ave. Long Beach, CA 90813

- **St. Mary's Hospital Dignity Health in Long Beach**
  (562) 491-9000
  1050 Linden Ave. Long Beach, CA 90813

- Call **1-800-311-2229** to be connected to a local health department in your area.

Adoption Services

- **The Adoption Network**
  A Leading Independent Adoption Center providing caring professional adoption services for birth parents and adoptive parents nationwide. Provides information and assistance for planning an adoption.
  (800) 367-2367

- **The National Pro-choice Adoption Collaborative**
  Non-profit collaborative helping expecting people with creating an individualized adoption plan.
  800-772-1115 or 800-982-3678

- **Adoption Agencies**
  A comprehensive list of adoption and foster care agencies in Los Angeles County providing services both locally and nationally.
  800-236-7846

Safe Surrender Laws

Parents are permitted to bring a baby within 3 days of birth to any designated hospital staff or designated fire station in the County of Los Angeles. The baby will be placed in a pre-adoptive home while the adoption process gets underway. In California, the Safely Surrendered Baby Law allows an individual to safely give up an infant with no fear of arrest or prosecution for abandonment if the baby has not been abused or neglected. The law does not require that names be given when the baby is surrendered.

Birth Control Options

You will be able to get pregnant soon after an abortion and after giving birth. Your medical provider will advise you about the timing. If you wish to prevent pregnancy, consider speaking with your medical provider about birth control options.