

BE A BEACH IX ALLY:

PRACTICE BYSTANDER INTERVENTION

DIRECT

Interrupt the situation and clearly express your concerns to the involved parties. Make sure they understand Affirmative Consent.

DISTRACT

Use distraction or make up an excuse to interrupt the situation

DELEGATE

Enlist the help of others to help you interrupt a potentially dangerous situation

Become a Beach IX Ally!

Equity & Compliance - Title IX Office

(562) 985-8256 • OEC@csulb.edu

SAFER - Confidential Advocates

(562) 985-4770 • SAFER@csulb.edu

University Police

(562) 985-4101



WAYS TO SUPPORT A FRIEND

who has experienced harm

5 Key Practices When Supporting a Survivor of Sexual Misconduct



- **LISTEN to your friend.** Survivors, at times, need to talk about what happened.
- **DON'T PUSH your friend.** Give them the freedom to decide when, where, and how to talk about their trauma.
- **BELIEVE your friend.** Reinforce that survivors are never to blame, and avoid language that implies it.
- **BE PATIENT with your friend.** They will need your support to get through this. Be present and create a safe and nonjudgmental space.
- **ADVOCATE for your friend.** Contact your SAFER Confidential Advocate at SAFER@csulb.edu OR (562) 985-4770 if they are a survivor of sexual misconduct.



Be a BEACH IX ALLY:
Help your friend

If you see your friend engaging in at-risk behavior involving sexual misconduct, you can:

- **Clear Communications:** If you feel safe to do so, share your concerns directly with your friend.
- **Refer to an Expert:** If they are a survivor of sexual misconduct, refer them to a SAFER Confidential Advocate at SAFER@csulb.edu OR (562) 985-4770.
- **Notify Someone:** Help them get resources by:
 - Notifying your Resident Advisor.
 - Contacting the Title IX Coordinator at OEC@csulb.edu OR (562) 985-8256.
- **Safety:** If there are safety concerns, let University Police know by calling (562) 985-4101 (open 24/7). If it's an emergency dial 9-1-1.