

Minor in Nutrition
Requirements Worksheet
2026-2027 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following courses:

	NUTR 132: Introductory Nutrition (3) GE Area: 5B	corequisite: one GE foundation course
	BIOL 207: Human Physiology (4) GE Area: 5B/5C	completion of GE Area 2 and one course in Area 1 (1A, 1B, or 1C)
	NUTR 331: Nutrition through the Life Cycle (3)	BIOL 207; NUTR 132
	NUTR 336: Social & Cultural Aspects of Food & Health (3)	NUTR 132
	TWO (2) of the following: <ul style="list-style-type: none"> <input type="checkbox"/> NUTR 337: Introduction to Nutrition Research Methods (3) <input type="checkbox"/> NUTR 436A: Advanced Nutrition I (3) <input type="checkbox"/> NUTR 436B: Advanced Nutrition II (3) GE Area: 2UD/5UD <input type="checkbox"/> NUTR/GERN 439: Nutrition & Aging (3) <input type="checkbox"/> NUTR 460: Child & Adolescent Nutrition (3) <input type="checkbox"/> NUTR 461: Community Nutrition (3) <input type="checkbox"/> NUTR/KIN 468: Nutrition for Exercise & Performance (3) <input type="checkbox"/> NUTR 470: Applied Sports Nutrition (3) <input type="checkbox"/> NUTR 480: Using Media to Promote Nutrition (3) <input type="checkbox"/> NUTR 490: Selected Topics in Nutrition & Dietetics (1-3) <input type="checkbox"/> NUTR 497: Directed Studies (1-3) 	337: NUTR 331 436A: C or better in CHEM 220B or CHEM 227; NUTR 331 (corequisite) 436B: NUTR 436A (corequisite); upper division standing 439: NUTR 132 or BIOL 207 or BIOL 301 or GERN 400 460: NUTR 132 461: NUTR 331, NUTR 336, SOC 335 468: NUTR 331 470: NUTR 331 480: NUTR 331 490: department consent 497: department consent

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses for the minor

✓ Total units required for NUTR minor: 19

✓ Minimum of 3 semesters required to complete the NUTR minor