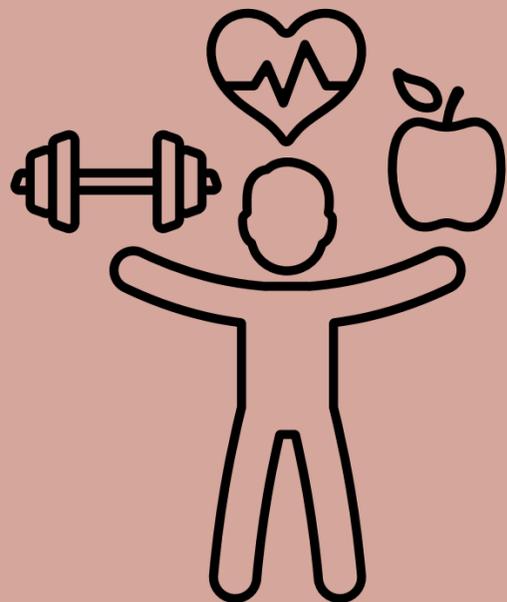


Career Tips from KIN:FIT Faculty

01

Make the most of **pre-internship** hours

- 500 hours required before internship
- The KIN:FIT department can help with placement and experiences!



02

Treat the **internship** like a **job interview**

- Internships can lead to full-time employment in the future
- Show up with professionalism and openness to learn from the placement site and your supervisor



03

Join **professional associations** and attend their **conferences and workshops**

- [American College of Sports Medicine](#)
- [National Strength and Conditioning Association](#)
- [IDEA Health and Fitness Association](#)
- [American Council on Exercise](#)
- [National Sports Medicine Academy](#)

