

DEPARTMENT OF HUMAN DEVELOPMENT



GROW THROUGH WHAT YOU GO THROUGH

HDEV 2023 - 2024 | NEWSLETTER

CHAIR'S LETTER



DR. KIMBERLY KELLY

As we bring this year to an end, I am filled with immense pride and gratitude reflecting on the journey we've shared this academic year in the Human Development Department. It's hard to believe that it's been nearly a year since I stepped into the role of Department Chair, and what a remarkable year it has been!

One of this year's highlights has been witnessing the incredible achievements of our HDEV faculty. From numerous research publications to prestigious University awards and millions of dollars in grants, our faculty have continued to push the boundaries of knowledge in their respective fields, making HDEV proud. Their dedication to scholarship and teaching innovation has not only elevated the reputation of our department but has also inspired our students to pursue excellence in their academic pursuits.

Speaking of our students, I am continually amazed by their accomplishments both inside and outside the classroom. Whether gaining acceptance to prestigious graduate programs, participating in internships, or building community for current and future students,

HDEV students consistently demonstrate a commitment to excellence and a passion for making a positive impact on local and global communities. It's truly inspiring to see their growth and development throughout their time with us.

In addition to celebrating faculty and student successes, this year has been marked by a number of exciting events and initiatives within our department. From guest lectures by renowned scholars to workshops and collaborations, HDEV has contributed to the vibrant intellectual community at CSULB. These events not only enrich the academic experience of our students but also provide valuable community-building opportunities for faculty and staff. As a result, more and more students are joining HDEV!

Looking ahead, I am filled with optimism and enthusiasm for the future of our department. Together, we have achieved so much in the past year, and I have no doubt that we will continue to build upon this momentum in the years to come.

I want to take this opportunity to express my heartfelt thanks to our students, faculty, and staff for their hard work, dedication, and passion. It is your collective efforts that make our department truly special, and I am honored to serve as your Chair. Here's to another year of success, growth, and collaboration!

Warmly,

Kimberly R. Kelly, Department Chair

Event Recap

2023

Aug 30 ○ Week of Welcome

Oct 17 ○ CLA Day

Oct 23 ○ HDEV Career Panel

Nov 3 ○ HDEV Alumni Panel

2024

Jan 30 ○ Week of Welcome

Mar 22 ○ College Counselors Open House

Mar 26 ○ HDEV Social: Pizza Party

Mar 29 ○ Internship Fair

Apr 13 ○ Day at the Beach

May 3 ○ Research & Internship Showcase

May 17 ○ 2023-2024 Grad Reception

May 21 ○ Commencement

FALL 23'



AUGUST 30

WEEK OF WELCOME - Fall!



Recognizing the efforts of all those who dedicated their time to table for HDEV: Ann, Kristy, Claudia, Wendy, and Minerva. Special thanks to our exceptional lecturers, Leona, and Rachna, as well as our enthusiastic PR team: Bianca and Briana, and the Social Media team: Saidee, Rebecca and Nancy for their valuable contributions during WoW!

NEWSLETTER



HDEV 2023-2024

HDEV ALUMNI EVENT —————*————— NOVEMBER 3

In November, the Social Media team took the initiative to create content and promote the Human Development career path seminar.

The Human Development Social Media team Saidee Gamez and Rebecca Hernandez planned and hosted the Occupational Therapy Panel Event featuring HDEV Alum: Jessica Contreras, a current entry-level doctorate graduate student at the University of Southern California (USC).

This event proved to be a success, drawing over 50 attendees. Among them were HDEV students, faculty, and a handful of HDEV-curious students. We thank Saidee Gamez and Rebecca Hernandez for planning and executing a great event!



Interested in learning about Occupational Therapy?

Meet with second-year entry-level doctoral occupational therapy students from the University of Southern California (USC)

Friday, November 3rd

to learn more about USC's E-OTD program, and more!

Read caption below for details
























































































































































































































































































































































































































































<

SPRING 24'



JANUARY 30/31

WEEK OF WELCOME - Spring!

A huge congrats and thank you to the volunteers at Week of Welcome on January 30th and the 31st. We had two beautiful and sunny days, and our efforts resulted in recruiting 42 more students who are interested in learning more about HDEV!



Recognizing the efforts of all those who dedicated their time to table for HDEV: Ann, Kristy, Sandra, Claudia, Wendy, and Minerva. Special thanks to our exceptional lecturers, Leona, Jamie, Justin, and Rachna, as well as our enthusiastic PR team, Elsa and Achilles, and the Social Media team, Saidee, Rebecca and Michell for their valuable contributions during the Week of Welcome!

NEWSLETTER



HDEV 2023-2024

SPRING 24'



MARCH 22

Community College Counselors Open House

HDEV hosted the first-ever community college counselors' open house on campus. The event provided valuable insights, and each counselor expressed strong support for directing students to HDEV in the future. We extend our gratitude to the PR Committee, PR interns, Wendy, and Minerva for their efforts in planning, preparing, and presenting. Special recognition goes to Heather, Christine, and Justin, along with HDEV students and alumni Mariana Villegas and Bryan Sanchez, for their support.



HDEV
HUMAN DEVELOPMENT
CALIFORNIA STATE UNIVERSITY

NEWSLETTER



HDEV 2023-2024

SPRING 24'



MARCH 26

STUDENT SOCIAL - PIZZA PARTY

The Spring PR interns, Elsa and Achilles, with the Social Media team proposed, planned, and hosted a social event for HDEV students and faculty in March. The first of its kind since the pandemic, the event provided a valuable opportunity for students to socialize outside of class.



The HDEV Student Social, a pizza party with a raffle drawing for a tote bag, proved to be a success, drawing over 30 attendees. Among them were HDEV students, faculty, and a handful of HDEV-curious students. A huge congratulations to Elsa and Achilles for planning and executing a great event!

NEWSLETTER



HDEV 2023-2024

Internship Fair

Dr. Ann Kim, HDEV internship coordinator and Sonal Bijitkar, our internship ambassador, hosted an internship fair with seven community organizations during the HDEV Spring Internship Bonaza. Future HDEV 470 students benefited greatly from the chance to talk with these orgs about their open internship positions.



Participating Organizations:

- 1736 Family Crisis Center
- Advanced Behavioral Health
- Advances in Mental Health & Addictions Treatment Center
- Child Abuse Services Team (CAST)
- Career and Development Center (CDC)
- Ground Education
- Families of Good Health Department of St. Mary Medical Center



SPRING 24' ————— ✱ ————— APRIL 13

DAY AT THE BEACH

The biggest recruitment day for our department, the College of Liberal Arts, and CSULB!

Many thanks to Kristy, Wendy, and Minerva for coordinating, and thanks to HDEV faculty, Shelley, Sandra, Beth, Emily, Claudia, and Rachna, for spending their Saturday tabling for HDEV!



NEWSLETTER ————— ✱ ————— HDEV 2023-2024

SPRING 24'



MAY 3

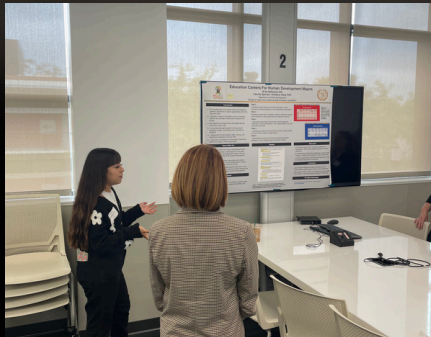
STUDENT RESEARCH & INTERNSHIP SHOWCASE



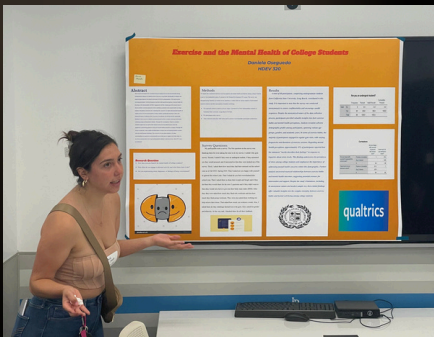
HDEV
undergraduate
students present
their research
and internship
projects.



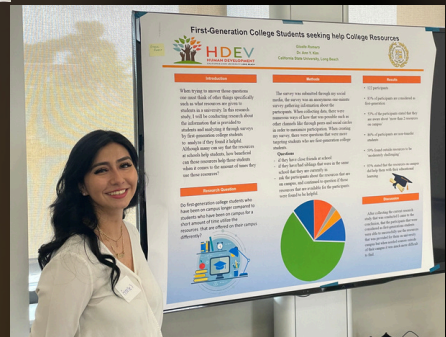
College sleep quantity
and quality and how it
affects Academic
Performance
by Kenneth Chino
Lumba Bailon



The Covid-19
Pandemic's Perceived
Impact on College
Student's Imagined
Future: A Qualitative
Study by Jacob Cabral



Education Careers
For Human
Development
Majors
by Brisa Balbuena



Exercise and the
Mental Health of
College Students
by Daniela
Osegueda

First-Generation
College Students
seeking help
College Resources
by Giselle Romero



NEWSLETTER



HDEV 2023-2024

SPRING 24'



MAY 17

2023-24 AWARDS & GRAD RECEPTION



On May 17th, HDEV faculty and staff joined together to celebrate our distinguished award winners, honors recipients, and all HDEV graduates. Graduates, families, and friends enjoyed brunch at the Ngai Alumni Center and we celebrated another year of impressive HDEV graduates!

Congratulations, Class of 2024!

NEWSLETTER



HDEV 2023-2024



DEPARTMENT AWARDEES

OUTSTANDING GRADUATES

SAIDEE C. GAMEZ

MARIANA L. VILLEGAS

ALICE HURST VISIONARY AWARD

CHARDAYNAE BRAME

ASHLYNN SNGIEM

COMMUNITY ENGAGEMENT AWARD

KAYLEE G. BRUBAKER

LESLY COVARRUBIAS

ALUMNI AWARD

HOLLY HERNANDEZ - ULTRAGENYX

CALIFORNIA STATE UNIVERSITY, LONG BEACH

DEPARTMENT OF HUMAN DEVELOPMENT

HDEV HONORS RECIPIENTS

RECIPIENTS EARNED A 3.5 GPA OR HIGHER

Karla Arizaga
Brisa Balbuena
Chardaynae Brame
Kaylee G. Brubaker
Sabrina Sue Cable
Samantha Mabel Cedillo
Emily Lauren Chan
Lesly Covarrubias
Allan Cuellar
Audrey L. Davis
Grace Doyle
Saidee Gamez
Sabija Haxhicani
Marissa Hernandez-Gomez
Queenie Hua
Rachel Jacobsen

Vanessa A. Kanistanaux
Christin Locke
Elsa Julianna McFadden
Ashley Thao My Nguyen
Tess Nguyen
Diane Nguyen
Elizabeth Noel
Kathryn Roa
Joshua Sanchez
Robin Schneiderhan
Jessica Vazquez
Nicole Lauren Vega
Haley Villalpando
Mariana L. Villegas
Karyn Wasef
Yanette Zepeda

CALIFORNIA STATE UNIVERSITY, LONG BEACH
DEPARTMENT OF HUMAN DEVELOPMENT



8+
articles
published



2
books
published

8
external grants
submitted

FACULTY RESEARCH

2
fellowships

\$2.43 million
in grants



WELCOME NEW LECTURER: **JUSTIN LUUGA**

WE WELCOME OUR NEWEST LECTURER, JUSTIN LUUGA. JUSTIN IS AN HDEV ALUM AND COMES TO US HAVING COMPLETED THE MASTER'S PROGRAM IN GERONTOLOGY WITH A CERTIFICATE IN APPLIED DISABILITY STUDIES AT CSULB. HE ALSO SERVED IN THE U.S. ARMY AND BRINGS A WEALTH OF RESEARCH AND LIVED EXPERIENCE TO THE CLASSROOM. WELCOME, JUSTIN!

- KIMBERLY R. KELLY, P.H.D.



SOCIAL MEDIA MANAGEMENT

SAIDEE GAMEZ

HDEV OUTSTANDING GRADUATE



**GUADALUPE
MICHELL
MORALES
GARFIAS**



REBECCA HERNANDEZ

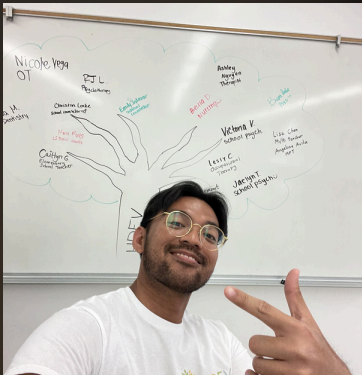




PR INTERNS - SPRING

ELSA MCFADDEN

"In my role as a Public Relations Intern for Human Development, I've not only helped organize and execute impactful events, but I've also gained skills in creating flyers and using social media for effective outreach. This internship has given me a newfound confidence that I can carry forward into my future endeavors."



ACHILLES PERALTA

"My favorite part in interning for the HDEV department has been interacting with all sorts of people, from students to faculty members, in person and without the pressures of the classroom setting."

FALL PR INTERNS

BIANCA RANGEL GARCIA & BRIANA LASCANO



HDSA



CSULB

HUMAN DEVELOPMENT STUDENT ASSOCIATION



MEMBERS THROWBACK!

*You could become the next
HDSA officers!*

Email HRE@csulb.edu for more details

**ARE YOU INTERESTED IN
GETTING INVOLVED?**

SIGN UP IN FALL!

SEE YOU
IN
2024-2025!
GO BEACH!



CALIFORNIA STATE UNIVERSITY, LONG BEACH
DEPARTMENT OF HUMAN DEVELOPMENT