

## **Diversity, Equity, Inclusion, Access, Culture and Climate Committee (DEIA-CCC)**

### **Agenda**

**Wednesday, November 12<sup>th</sup>, 2025**

**2:00 p.m.-3:30 p.m.**

**In person, AS 125**

#### 1. Call to Order

The meeting was called to order at 2:06 PM by the co-chair.

#### 2. Attendance/Quorum

Jeannette Acevedo, Ash Preston, Sophia Benitez, Sarah Corona, Alondra Enriquez, Amber George, Thalia Campos, Dr. Shabnam Sodagari, Angela Cervana, Khalid Albazi

Guest: Kirstyn Y. S. Chun, Psy. D.

#### 3. Approval of agenda: November 12<sup>th</sup>, 2025

- Motion: Thalia moved to approve the November 12, 2025 agenda
- Second: Amber
- No additions or changes were proposed.
- Result: The agenda was approved by unanimously

#### 4. Approval of minutes: October 8<sup>th</sup>, 2025

- Two edits were noted for the October 8 minutes:
  - Attendance
    - Add Jaquill Harris to the attendance list as one of the presenters.
- DEI Collaborative wording
  - Clarify language to reflect that ASI representatives presented at the DEI Collaborative meeting, rather than stating that Jeanette would be attending.
- Motion: Dr. Shabnam moved to approve the October 8, 2025 minutes with the two corrections noted.
  - Second: Sarah.
  - Result: Minutes were approved as amended.

#### 5. Reports and announcements

##### DEI Collaborative

- Jeanette shared that she was unable to attend the most recent DEI Collaborative meeting due to jury duty.
- Plan to request an update from Neil at a future meeting when he is back from travel.

##### Office of Belonging & Inclusion – APIDA Resource Center Search

- The Office of Belonging & Inclusion is conducting a search for the Assistant Director of the Asian Pacific Islander and Desi American Resource Center
- On-campus candidate visits and community forums are scheduled in CDC 250 as follows:
  - Monday, November 17, 2:15–3:15 PM

- Tuesday, November 18, 2:15–3:15 PM
- Wednesday, November 19, 2:15–3:15 PM
- Community forums will include candidate presentations and Q&A.
- Ash emphasized that these assistant director roles are critical positions for serving APIDA student populations and encouraged DEIA-CCC members to attend and provide feedback.

#### “Restore Your Sole” – Black Resource Center / Men of Color Collaboration

- Announcement of “Restore Your Sole”, a collaborative event with the Black Resource Center, Men’s Success Initiative, and the LGBTQ+ Center focusing on mental health for Black and Brown men of color.
- Special guest: Leroy Mitchell, who has extensive experience working with young men of color around mental health.
- Hands-on workshop format: participants are invited to bring a pair of shoes to clean; all supplies will be provided.
- Printed flyers were shared with the committee for distribution.

#### Latina Connection Conference

- The Latina Connection Conference has been confirmed for February 20 (next semester).
  - RSVPs are now open.
  - Flyers and a QR code were provided; a digital version will be shared via email (including to the Latino listserv).
- Once a detailed agenda is finalized, additional information will be disseminated to potential facilitators and students.

#### Museum Exhibition – Solastalgia

- Amber distributed exhibition guides and programs for the current Kleefeld Contemporary show (Solastalgia).
- She noted that guides have also been shared with the campus groups that presented at the last DEIA-CCC meeting.
- Some members mentioned that their departments had already visited the exhibition together.

#### Library Zine Workshop – Native American Heritage Month

- The Library will host a zine-making workshop in Special Collections (Library, 3rd floor) as part of Native American Heritage Month.
- Presenter: Dr. Kimberly Robertson (American Indian Studies), who will speak on her art, activism, and fieldwork.
- Participants will then create zines; all supplies are provided.
- Date and time: Tuesday, November 18, 12:00–1:30 p.m. (with flexibility for attendees to stay longer for crafting).
- Ash asked that the event be posted on social media so DEIA-CCC members can repost and amplify; the Library will coordinate with its social media staff.

## 6. New business:

### A. Guest Presenter: Dr. Kirstyn Y. S. Chun, Psy.D., Counseling and Psychological Services (CAPS)

#### CAPS Overview & Organizational Structure

- CAPS is housed within Student Affairs:
  - Vice President for Student Affairs: Beth.
  - Associate Vice President for Health & Wellness: Damian.
  - CAPS Director: Amanda.
- Client population:
  - CAPS provides clinical services for students only.
  - Faculty and staff access mental health support through FSAP/EAP as part of their benefits.
- Staffing snapshot:
  - Psychotherapists:
    - 11 doctoral-level clinicians and 7 master's-level clinicians.
    - Mix of tenure/tenure-track counseling faculty, 3-year and 1-year contracts, and emergency hires.
  - Doctoral interns: 3 (APA-accredited internship; 5th-year doctoral students under supervision).
  - Case Manager (LCSW): 1 (connects students to off-campus providers and insurance-based care).
  - Peer/Outreach Program: undergraduate and graduate student peer educators supporting prevention and mental health education.
  - Dr. Chun noted a shift over time away from long-term tenure-track positions toward more temporary and emergency hires, which impacts continuity of care and staff morale.

#### Services & Access

##### Location & hours:

- Main CAPS office: Brotman Hall 226 (BH 226)
- Walk-in crisis/urgent services: Monday–Friday, generally 8:00 AM to 4:00 PM
  - Students in crisis can walk in or be escorted by faculty/staff.
- After-hours support:
  - 24/7 phone line handled after hours by an external provider (licensed clinicians), who do not have direct access to campus records but can provide crisis support.
- Core services:
  - Individual therapy: short-term model with approximately 4–5 sessions for a student's entire academic career, due to high demand and staffing constraints.
  - Group therapy: typically 10-week groups.
  - Three-session psychoeducational workshops: e.g., Anxiety Toolbox, Healthy Relationships.
  - Drop-in and identity-focused support spaces: e.g., for undocumented and mixed-status students, LGBTQ+ students, students of color, and others.

- The committee discussed the impact of moving many groups out of resource centers and back into BH 226, which has led to noticeably lower participation compared to when groups were held in the centers themselves.

#### Crisis Response, CARES, and Faculty Role

- Referring students in distress:
- Faculty and staff can:
  - Encourage students to call or walk to CAPS (BH 226), and
  - Escort students to CAPS when possible, especially if the student is visibly distressed or having difficulty functioning.
- Committee members asked how “pushy” they should be. CAPS suggested to offer options, normalize help-seeking, and, when in doubt, call CAPS to consult about next steps.

#### CARES Team referrals:

- For students who are not engaging with suggested services and appear to be at risk or severely struggling, faculty/staff may submit a CARES referral (online).
- The CARES team (including Student Affairs and other campus partners, sometimes campus police or housing) may conduct welfare checks.
- Concerns were raised about police presence and potential trauma for students; CAPS staff acknowledged these tensions and encouraged thoughtful use of CARES.

#### Sociopolitical Context & Student Mental Health

Dr. Chun highlighted several intersecting issues affecting student mental health:

- Immigration enforcement and legal status:
  - Students and families fear ICE presence on or near campus, at bus stops, and in the community.
  - Concerns about travel, risk of deportation, and whether it is safe to attend classes in person.
  - Impact on undocumented, mixed-status, and international students (e.g., visa limitations, ability to visit family).
- Basic needs and financial stressors:
  - Anxiety about SNAP, financial aid processing, federal work-study, Medi-Cal, and work permits.
  - Food insecurity and housing instability.
  - Cultural mismatch between available food resources and students’ home cuisines (e.g., pantries offering foods families may not know how to prepare).
- Racial profiling and police violence:
  - Ongoing impact on Black students and other students of color, particularly in the wake of highly publicized incidents.
- Inequities in access to mental health care:
  - Understaffing, limited sessions, and barriers to off-campus care disproportionately affect marginalized students.

Resources highlighted:

- Bob Murphy Access Center (BMAC) and the Dean of Students Office for academic accommodations (e.g., hybrid options) when immigration or safety concerns limit students' ability to attend in person.
- Dream Success Center and off-campus resources such as the L.A. County Office of Immigrant Affairs for legal information and support.

B. Discussion with a representative from CAPS to learn about the current issues and challenges of that office identify shared priorities and potential collaborations with our committee.

#### Coalition Building & Next Steps

- The committee discussed ways CAPS and DEIA-CCC can support each other's work, including:
  - Strengthening two-way communication between CAPS and identity-based resource centers (QRC, BRC, Latinx center, APIDA center, etc.).
  - Recognizing that location matters: students are more likely to attend healing spaces and groups when they are held within the centers rather than in BH or Student Health.
  - Continuing to co-host healing spaces and workshops that respond to current events and student needs.
- Khalid (ASI) expressed interest in workshops on mental health and coping skills for students.
  - In the past, CAPS has presented directly to ASI; moving forward, this may occur via Zoom or targeted in-person collaborations.
  - Sample topics include stress management and anxiety management.
- Ash and Jeanette reiterated that DEIA-CCC will continue inviting campus partners like CAPS to share updates and explore joint programming that supports students' sense of belonging and well-being.
- The committee is planning to invite guests from:
  - Health & Wellness (to discuss wellness-focused workshops and services), and
  - Advising (Office of Academic Advising) at an upcoming meeting.
- Members also expressed interest in having a representative from BMAC join a future meeting, recognizing that the previous representative recently left campus and a new staff member will need to be identified.

7. Adjournment: 3:21 PM