

BA in Child & Family Studies - Option in Child Development & Family Studies
Major Requirements Worksheet
2025-2026 Catalog

Name: _____ Student ID: _____

All CDFS courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following support courses:

	ANTH 120: Introduction to Cultural Anthropology (3) GE Area: 4C (D3)	none
	PSY 100: General Psychology (3) GE Area: 4C (D3)	GE composition ready
	CAFF 321: Family & Consumer Resource Management (3) GE Area: 4UD (UD D)	GE foundations

Complete ALL of the following major courses:

	CDFS 111: Child Growth & Development (3)	open to Pre-CDFS majors
	CDFS 211: Principles & Practices of Teaching Young Children (3)	a 'C' or better in CDFS 111 or PSY 100 or SOC 100; open to Pre-CDFS majors
	CDFS 310: Diversity in Child Development (3) GE Area: 4UD (UD D)	GE foundations; upper division standing; open to Pre-CDFS majors
	CDFS 311: Prenatal Development, Infancy, & Toddlerhood (3)	a 'C' or better in CDFS 111
	CDFS 312: Family & Personal Development (3) GE Area: 4UD (UD D)	GE foundations; ANTH 120 or PSY 100 or SOC 100; open to Pre-CDFS majors
	CDFS 314: The Older Child (3)	a 'C' or better in CDFS 111
	CDFS 315: Observation & Assessment with Young Children (3)	CDFS 111, CDFS 211, and CDFS 214 or 215; open to Pre-CDFS majors
	CDFS 409: Language, Learning, & the Developing Child: A Cross-Cultural Perspective (3)	none
	CDFS 411: Child Development Applications: Connecting Research, Policy, & Practice (3)	a 'C' or better in CDFS 311 or 314 or HDEV 307 or PSY 361; upper division standing
	CDFS 413: Child & Family in the Community (3)	a 'C' or better in CDFS 312; upper division standing
	CDFS 418: Parent Education (3)	a 'C' or better in CDFS 111; upper division standing
_____	ONE (1) pair of the following Environments & Fieldwork courses: ☐ CDFS 214: Intro to Curriculum for Preschool Children (3) AND ☐ CDFS 414: Preschool Practicum (3) off-site hours required OR ☐ CDFS 215: Intro to Curriculum for Infants & Toddlers (3) AND ☐ CDFS 415: Toddler Practicum (3) off-site hours required	CDFS 214: a 'C' or better in CDFS 111; open to Pre-CDFS majors CDFS 414: a 'C' or better in CDFS 111, 211, 214 CDFS 215: a 'C' or better in CDFS 111; open to Pre-CDFS majors CDFS 415: a 'C' or better in CDFS 111, 211, 215
_____	ONE (1) of the following courses (SYE = Senior Year Experience): ☐ CDFS 405: A Practical Approach to Social Science Research (3) GE Area: 2UD/5UD (UD B) ☐ CDFS 406: Adult Supervision & Mentoring in the Early Childhood Classroom (3) ☐ CDFS 492A: Internship in Child Development & Family Studies (3)	CDFS 405: upper division standing; open to Pre-CDFS majors CDFS 406: CDFS 414 or 415 or 416 CDFS 492A: senior standing; 2.5 overall GPA or a 3.0 major GPA; a 'C' or better in CDFS 411, 413, and in 414 or 415; may not be taken concurrently with CDFS 492B; see CDFS Area Coordinator for permit (application required)

Complete 9 units from the following CDFS Electives:

_____	☐ CDFS 319: Family Stress & Coping (3) GE Area: 4UD (UD D); Writing Intensive ☐ CDFS 402: Child & Family Law (3) ☐ CDFS 407: The Hospitalized Child (3) ☐ CDFS 408: Transition to Parenthood & Family Dynamics (3) ☐ CDFS 410: International Families: Families in Cross-Cultural Perspectives (3) ☐ CDFS 412: Family Interaction (3) ☐ CDFS 416: Administration of Child Development Programs (3) ☐ CDFS 419: Serving Individuals & Families in the Community (3) ☐ Any other CDFS course not used for the major: CDFS _____ (3)	319: GE foundations; ANTH 120 or PSY 100 or SOC 100; upper division standing; open to Pre-CDFS majors 402: a 'C' or better in CDFS 312; upper division standing 407: none 408: open to Pre-CDFS majors 410: a 'C' or better in CDFS 312; typically spring only 412: a 'C' or better in CDFS 312; upper division standing 416: none; typically fall only 419: CDFS 312 Other CDFS: see catalog
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†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses

✓ GE credit is granted based on the term you take the course and is subject to changes

- See the current GE course list at www.csulb.edu/student-records/general-education-requirements

✓ Total units required for CDFS option: 60