



2026 - 2027 Bachelor of Arts in Human Development

39 Units

Use this checklist in combination with your official Academic Requirements Report (ARR). This checklist is not intended to replace advising. Consult the advisor for appropriate course sequencing. *Curriculum changes in progress. Requirements subject to change.*

To be considered for admission to the major, complete the following Major Specific Degree Requirements (MSDR) by 60 units:	
<ul style="list-style-type: none"> Complete two of the following with a "C" or better: HDEV 180, ANTH 120, PSY 100, SOC 100, and a minimum 2.25 overall GPA Grades of "C" or better in GE Foundations 	

Courses	Prerequisites
HDEV Specified Lower Division - Complete 6 UNITS of the following courses with grades of "C" or better (6 units total):	
HDEV 180: Lifespan Human Development (3)	
ANTH 120: Introduction to Cultural Anthropology (3)	
PSY 100: General Psychology (3)	Eligible for GE Composition
SOC 100: Principles of Sociology (3)	Corequisite: One GE Foundation
Complete ONE of the following courses with a grade of "C" or better (4 units total):	
HDEV 190/PSY 110/SOC 170: Elementary Statistics (4)	Eligible for GE Math; or Corequisite: HDEV/PSY/SOC 90

HDEV Core - Complete ALL of the following courses with grades of "C" or better (20 units total):	
HDEV 307: Childhood Development in a Diverse World (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a Grade of "C" or Better
HDEV 310: From Data to Insights: Qualitative Methods in Human Development (4)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a "C" or Better; Upper Division Standing
HDEV 320: From Data to Insights: Quantitative Methods in Human Development (4)	GE Foundations; HDEV 190 or Equivalent; HDEV 307 and 357; All with Grades of "C" or Better; Upper Division Standing
HDEV 327: Approaches to Adolescence and Emerging Adulthood (3)	ANTH 120 or HDEV 180 or PSY 100 or SOC 100; Upper Division Standing
HDEV 357: Adulthood and Aging in a Diverse World (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a Grade of "C" or Better
HDEV 470: Seminar/Practicum (3)	HDEV 320 with a Grade of "C" or Better; or Consent of Instructor

HDEV Upper Division Electives - Complete 6 UNITS from the following courses, including at least 3 UNITS at the 400-level (excluding HDEV 490), with grades of "C" or better (6 units total):	
HDEV 300: Death and Dying (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100; Upper Division Standing
HDEV 303: Interdisciplinary Approaches to Health Disparities (3)	Upper Division Standing
HDEV 305: Life Course and Generation in the Arab World (3)	Upper Division Standing
HDEV 306: Immigrant Youth in Long Beach (3)	Upper Division Standing
HDEV 308: Pseudoscience vs. Science: The Impact of (Un)Scientific Data on Human Development (3)	GE Foundations; Upper Division Standing
HDEV 331: STEP into Human Development: Skills, Training, Experience, and Purpose (1)	Prerequisite: ANTH 120 or HDEV 180 or PSY 100 or SOC 100 Corequisite: HDEV 333
HDEV 333: Professionals in Human Development (1)	Prerequisite: ANTH 120 or HDEV 180 or PSY 100 or SOC 100 Corequisite: HDEV 331
HDEV 335: Community STEPs: HDEV Training and Experience (1)	Corequisite: HDEV 307 or 327 or 357
HDEV 337: STEPs to Graduate Study: Preparation for HDEV Graduate Study (1)	Corequisite: HDEV 307 or 327 or 357
HDEV 340: Families and Work: Life Course Processes (3)	HDEV 307 and 357 with Grades of "C" or Better
HDEV 360: Cultural Foundations for Human Development (3)	HDEV 307 and 357 with Grades of "C" or Better
HDEV 375: Everyday Ruptures: Risk and Resilience in Human Development (3)	HDEV 307 and 357 with Grades of "C" or Better

Courses	Prerequisites
HDEV 402: Development of Thought: Structure, Process, and Cultural Influences Across the Life Span (3)	GE Foundations
HDEV 403: The Acquisition of Culture: Socialization in Cross-Cultural Perspective (3)	GE Foundations
HDEV 404: Living and Dying in a Digital Age (3)	HDEV 310 or 320 with a Grade of "C" or Better; or Consent of Instructor
HDEV 405: Latin American Childhoods (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a "C" or Better; Upper Division Standing
HDEV 406: Personal Narrative & Storytelling: Emotion, Cognition, and Culture (3)	HDEV 310 or 320 or COMM 352 or LING 329 or 477 or PSY 220 with a Grade of "C" or Better; or Consent
HDEV 407: Cultural Perspectives on Child and Adolescent Mental Health (3)	GE Foundations
HDEV 408: Impacts of Race and Racism on Human Development Across the Lifespan (3)	GE Foundations
HDEV 410: Recipes for Resistance (3)	GE Foundations; Upper Division Standing; or Consent
HDEV 416: Society to Synapses: Relationships, the Brain, and Shaping the Human Mind (3)	HDEV 310 or 320 or PSY 220 with a Grade of "C" or Better
HDEV/PSY 417: Critical Perspectives in Successful Aging (3)	ANTH 454 or GERN 400 or HDEV 357 or PSY 365 with a Grade of "C" or Better; or Consent of Instructor
HDEV 490: Selected Topics in Human Development (3)	GE Foundations; Upper Division Standing; Consent
Biological Foundation Area - Complete ONE of the following courses with a grade of "C" or better (3 units total):	
HDEV 218: Environmental Justice, Health, and Human Development (3)	One GE Foundation
HDEV 303: Interdisciplinary Approaches to Health Disparities (3)	Upper Division Standing
HDEV 416: Society to Synapses: Relationships, the Brain, and Shaping the Human Mind (3)	HDEV 310 or 320 or PSY 220 with a Grade of "C" or Better
ANTH 110: Introduction to Physical Anthropology (3)	
ANTH 155: Medical Technologies & Human Bodies (3)	
ANTH 315: Human Variation (3)	
ANTH 319: Human Growth and Development (3)	
ANTH 435: Human Evolution (3)	ANTH 110
ANTH 436: Medical Anthropology (3)	
BIOL 101: Introduction to Human Disease (3)	Corequisite: GE Composition
BIOL 200: General Biology (4)	Completion of GE Math & One Course from GE Area 1
BIOL 205: Human Biology (4)	Completion of GE Math & One Course from GE Area 1
BIOL 207: Human Physiology (4)	Completion of GE Math & One Course from GE Area 1
BIOL 300: Human Immunology: In Self-Defense (3)	GE Foundations; Upper Division Standing
BIOL 301: Biology of Human Aging (3)	GE Foundations; Upper Division Standing
CAFF/H SC 423: Consumer Health (3)	GE Foundations; Upper Division Standing
GERN 401: Human Aging (3)	GE Foundations; Upper Division Standing
GERN 430: Aging and Dementia (3)	Upper Division Standing or Consent of Instructor
GERN/NUTR 439: Nutrition and Aging (3)	NUTR 132 or BIOL 207 or BIOL 301 or GERN 400; or Consent of Instructor
GERN 440: End of Life Issues for Older Adults & Their Families (3)	Upper Division Standing
GERN 474: Global Aging (3)	Upper Division Standing
GERN 475: Women & Aging: Lessons from the Golden Girls (3)	Upper Division Standing or Consent of Instructor
GERN 482: Health Assessment of the Aging Client (3)	Upper Division Standing or Consent of Instructor
H SC 201: Introduction to Public Health (3)	GE Composition
H SC 210: Personal Health and Wellness (3)	GE Composition
H SC 250: Public Health Biology (3)	GE Composition
H SC 260: Introduction to Public Health Informatics and Technology (3)	

Courses	Prerequisites
H SC 327: Advanced Substance Use Policy and Advocacy (3)	Upper Division Standing
H SC 332: Mental Health and Community Wellbeing (3)	Upper Division Standing
H SC 350: Introduction to Health Advocacy and Policy (3)	Upper Division Standing
H SC 407: Health Equity and Social Justice in the US (3)	GE Foundations; Upper Division Standing
H SC 410: Asian American Health (3)	Upper Division Standing
H SC 411A: Health Science for Elementary Teachers (3)	Upper Division Standing; CPR Certification
H SC 411B: Health Science for Secondary Teachers (3)	Upper Division Standing; CPR Certification
H SC 412: African American Health (3)	Upper Division Standing
H SC 413: Latino Health (3)	Upper Division Standing
H SC 420: Global Health (3)	GE Foundations; Upper Division Standing
H SC 421: Health Behavior (3)	HDEV Majors; or KIN-Fitness Pre-Majors/Majors; or H SC Minors/Pre-Majors/Majors
H SC 422: Environmental Health (3)	GE Foundations; Upper Division Standing
H SC 425: Human Sexuality and Sex Education (3)	GE Foundations; Upper Division Standing
H SC 426: HIV/AIDS Policy and Advocacy (3)	Upper Division Standing
PSY 241: Psychobiology (3)	PSY 100; GE Composition
PSY 340: Physiology of Behavior (3)	PSY 100, 220, 241
PSY 341: Neuropsychology (3)	PSY 100, 220, 241
PSY 342: Psychopharmacology (3)	PSY 100, 220, 241
PSY 378: Health Psychology (3)	PSY 100; Upper Division Standing

In order to graduate from CSULB, students must complete General Education/GWAR/Major requirements and have a minimum of 120 units (40 must be upper division) with at least a 2.0 in all GPAs (Overall, CSULB, Major).

Additional Information

- See [online Catalog](#) for additional course information, limitations, and requirements.
- Some courses may also fulfill GE requirements. Visit the GE website for course selection: csulb.edu/student-records/general-education-requirements.
- A course can only be used to satisfy one major requirement. **Double counting is not allowed within the major.**
- Majors will not be permitted to take any upper division classes in the major for Credit/No Credit.

Department of Human Development
College of Liberal Arts Advising Center (ATLAS)

csulb.edu/college-of-liberal-arts/human-development
csulb.edu/atlas

Checklists are available on the [ATLAS website](#)