Coffee with the Principal – Increasing Parent Engagement in their Children's Educations

Diana Albarran, Jesus Cisneros, Maria Lara Cordova & Jennifer Troolines

School of Social Work, California State University, Long Beach

May 2025



Project Description

- "Coffee with the Principal" was held on March 19, 2025, at Santa Paula High School.
- The event was in collaboration with the high school principal to increase parent awareness of educational resources and increase parent skills in accessing resources.
- The findings of the parent surveys will be provided to the Santa Paula High School principal with the goal of increasing overall parent participation and engagement in their children's education.



Community Assessment

- Santa Paula is an agricultural community, with many residents employed in the local farming industry or local business.
- According to the California Department of Education, the current enrollment in Santa Paula Unified School District is 4,853 students. Of these students, 77.9% are socioeconomically disadvantaged and 34.1% are English learners (California Department of Education, 2019).
- According to data USA (2022) 17.3% of Santa Paula residents live below the poverty line; much higher than national average (U.S. Census Bureau, 2020).





Community Partners

Proposal Goals & Objectives

Problem Statement

Youth from low-income families in Santa Paula lack equitable educational opportunities

Goal #1

Increase parent knowledge of educational resources

Objective # 1

By April 2025, parents will experience an increase of 15% in knowledge

Objective # 2

By April 2026, parents will experience an increase of 30% in knowledge

Goal#2

Increase parent skills in accessing resources

Objective #1

By April 2025, parents will experience an increase of 15% in skills

Objective #1

By April 2026, parents will experience an increase of 30% in skills

Methods of Evaluation

A survey was used to collect information from parents' participating in the events.

- The survey included 13 questions.
- Data were collected using a 4-point Likert scale for key questions measuring their self-reported knowledge and skills from strongly agree/agree/disagree/strongly disagree.

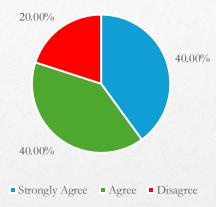
Excel was used to generate and analyze data from survey results.

Summary of Key Findings of Evaluation

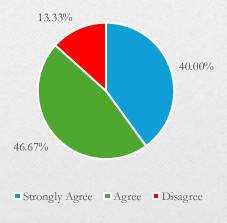
- Among the successes, the parents who attended demonstrated high engagement and appreciation for the information provided.
- A key challenge identified was the difficulty of effectively promoting events and communicating information despite the principal's strong content delivery.
- There is a positive potential for collaboration, as community partners are willing to donate resources to support the school's initiatives.

Results of Evaluation

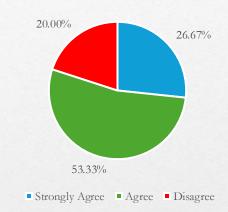
After attending this meeting, I have more knowledge of how to access community resources.



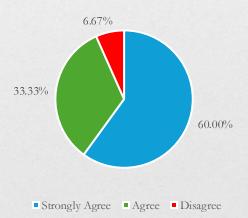
After attending this meeting, I feel more willing to access community resources.



After attending this meeting, I am more confident in my skills to access community resources.



After attending this meeting, I feel more knowledgable about ways I can be involved in my student's education.



Future Recommendations & Implications

Recommendations:

- Spend more time in utilizing public forums to promote school events for parents, such as "Coffee with the Principal"
 - Connect with the City of Santa Paula Parks and Recreation department.
- Use the school's social media platforms earlier in the process and regularly to promote events.
 - Have this take be designated to 1 person to do regularly.
- Shorten surveys to 12 questions
- Create a QR code for online survey

Implications:

- Parents want to be involved but may not be aware of opportunities.
- Promotion of these events need to be consistent.



Acknowledgements!

Primary Partners:

- Santa Paula High School
 - Principal and PTSA

Sponsors & Donors:

- Rabalais
- E & D Hat Co.

The Lemonheads

Diana Albarran, Jesus Cisneros, Maria Lara Cordova, & Jennifer Troolines



References

- Explore Census Data. (n.d.). Data.census.gov. https://data.census.gov/profile/Santa_Paula_city
- Ha, C. (2023). How parental factors influence children's literacy development: Inequity in education. *Education 3-13*, 51(3), 493–508. https://doi.org/10.1080/03004279.2021.1981422
- Santa Paula, California Population 2024. (n.d.). https://worldpopulationreview.com/us-cities/california/santa-paula
- CDE. (2019). California Department of Education. Ca.gov. https://www.cde.ca.gov/