## FIND A PROVIDER MEDICAL



## Medical - Anthem

- 1. Log in or register at <a href="mailto:anthem.com/ca">anthem.com/ca</a>
- 2. Navigate to and select "Find Care"
- 3. Click on Basic Search as a guest
- 4. Under Select the type of plan or network Medical Plan or Network
- Under Select State, Enter California (HMO and Prudent Buyer Only) or the state where you reside (National PPO Only)
- 6. Enter what type of plan you want to search with (Medical Employer-Sponsored)
- 7. Select your plan
  - A. California Members
    - 1) Full HMO \$20 Blue Cross HMO (CA Care) Large Group Network
    - 2) Premier PPO 80 Prudent Buyer PPO
  - B. Non-California PPO Members
    - 1) Non-California Premier PPO 80- National PPO (Blue Card PPO)
- 8. Click Continue
- 9. Next, Enter the City, County, or Zip
- Next, choose who you like to see. You can search for a doctor by specialty or by name
- 11. Next, select a provider for more details

## Medical - Kaiser

- 1. Go to <a href="https://healthy.kaiserpermanente.org/doctors-locations">https://healthy.kaiserpermanente.org/doctors-locations</a>
- 2. Select your state
- 3. Select Search for and choose either doctors or locations
- 4. Type in ZIP code
- 5. Click on Search