

BS in Recreation - *Option in Recreation Therapy*
Lower Division Worksheet
2025-2026 Catalog

→ You must have a **minimum 2.4 overall GPA** in order to declare the Recreation Therapy major.

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following MSDR courses in order to declare your major:

	PSY 100: General Psychology (3) GE AREA: 4C	<i>GE composition ready</i>
	Any GE Foundation 1A: English Composition course (3)	<i>appropriate English placement</i>
	Any GE Foundation 1B: Critical Thinking course (3)	<i>see catalog</i>
	Any GE Foundation 1C: Oral Communication course (3)	<i>none</i>
	Any GE Foundation 2: Math Concepts & Quant Reasoning course (3)	<i>appropriate math placement</i>

Additional Lower Division major courses:

	REC 141: Introduction to Leisure Services (3)	<i>one GE foundation course (corequisite) Open to pre-REC majors</i>
	ONE (1) of the following options: ☐ BIOL 207: Human Physiology (4) GE Area: 5B/5C AND ☐ BIOL 208: Human Anatomy (4) OR ☐ An approved physiology & anatomy course: _____ (min 4 units)	207: GE 2 & at least one GE 1 category 208: a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261 or MICR 200

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at <https://www.csulb.edu/student-records/fall-2025-ge-requirements>

✓A 'C' or better is required in all courses