

Minor in Recreation
Requirements Worksheet
2025-2026 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following courses:

	REC 141: Introduction to Leisure Services* (3) GE Area: 4C (D3)	one GE foundation course (corequisite)
	REC 225: Programming Recreation Activities* (3)	REC minors only; Fall only
	REC 321: Leadership in Recreation & Leisure Studies (3)	none; Spring only
	REC 340: Leisure in Contemporary Society (3) GE Area: 4UD (UD D)	GE foundations; upper division standing
	REC 351: Foundations of Inclusive Recreation & Recreation Therapy (3)	a 'C' or better in REC 141 or 225; REC minors only
_____ _____	TWO (2) of the following: ☐ REC 220: Universality of Play (3) ☐ REC 322: Recreational Sports Supervision (3) ☐ REC 337: Outdoor Education & Interpretation (3) ☐ REC 428: Principles of Nonprofit/Volunteer Management (3) ☐ REC 430: Recreation in the Ocean Environment (3) ☐ REC 431: Recreation Resource Management (3) ☐ REC 433: Management of Organized Camps (3) ☐ REC 462: Travel, Tourism, & Resort Recreation Management (3) ☐ REC 473: Aging & Leisure (3) ☐ REC 490: Selected Topics in Recreation (1-3)	220: none 322: none; Periodically offered 337: none; Fall only 428: none; Fall only 430: instructor consent; Summer only 431: a 'C' or better in REC 141 or 225; Fall only 433: none; Spring only 462: a 'C' or better in REC 225; Spring only 473: none; Summer/Fall only 490: none; Periodically offered

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses marked with an asterisk *

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at <https://www.csulb.edu/general-education-requirements>

✓ **Total units required for REC minor: 21**