

BS in Public Health - Option in School Health Education
Major Requirements Worksheet
2025-2026 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following lower division courses:

	CHEM 100: Chemistry and Today's World (4) GE Area: 5A/5C (B1/B3)	one GE foundation course (corequisite)
	HSC 201: Introduction to Public Health (3)	GE 1A course; open to Pre-HSC majors
	HSC 210: Personal Health and Wellness (3) GE Area: 5B (B2)	GE 1A course; open to Pre-HSC majors
	HSC 227: Drugs & Health (3)	completion of GE Area 1 (1A, 1B, or 1C); open to Pre-HSC majors
	NUTR 132: Introductory Nutrition (3) GE Area: 5B (B2)	one GE foundation course (corequisite)
	PSY 100: General Psychology (3) GE Area: 4C (D3)	GE composition ready
	ONE (1) of the following: <input type="checkbox"/> BIOL 201: General Microbiology for Health Professionals (4) GE Area: 5B/5C (B2/B3) <input type="checkbox"/> HSC 250: Public Health Biology (3) GE Area: 5B (B2)	BIOL 201: GE foundations; a 'C' or better in CHEM 111A or CHEM 140 HSC 250: GE 1A
	ONE (1) of the following: <input type="checkbox"/> HDEV 190/PSY 110/SOC 170: Elementary Statistics (4) GE Area: 2 (B4) <input type="checkbox"/> STAT 108: Statistics for Everyday Life (3) GE Area: 2 (B4) <input type="checkbox"/> STAT 118: Introductory Business Statistics (3) GE Area: 2 (B4)	appropriate math placement
	ONE (1) of the following: <input type="checkbox"/> BIOL 205: Human Biology (4) GE Area: 5B/5C (B2/B3) OR <input type="checkbox"/> BIOL 207: Human Physiology (4) GE Area: 5B/5C (B2/B3) AND <input type="checkbox"/> BIOL 208: Human Anatomy (4)	205: completion of GE Area 2 and one course in Area 1 (1A, 1B, or 1C) 207: completion of GE Area 2 and one course in Area 1 (1A, 1B, or 1C) 208: a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200

Complete ALL of the following upper division courses:

	ONE (1) of the following: <input type="checkbox"/> COMM 335: Persuasive Speaking (3) <input type="checkbox"/> Approved upper division COMM course: _____ (3)	335: GE foundations see catalog
	HSC 401: Community Health Education (3)	a 'C' or better in HSC 421
	HSC 403: Community Health Statistics (3) GE Area: 2UD/5UD (UD B)	GE foundations; a 'C' or better in PSY 110 or HDEV 190 or SOC 170 or STAT 108 or STAT 118; open to Pre-HSC majors
	HSC 421: Health Behavior (3)	open to Pre-HSC majors
	HSC 422: Environmental Health (3) GE Area: 2UD/5UD (UD B)	GE foundations; upper division standing; open to Pre-HSC majors
	HSC/CAFF 423: Consumer Health (3) GE Area: 4UD (UD D)	GE foundations; upper division standing; open to Pre-HSC majors
	HSC 425: Human Sexuality & Sex Education (3) GE Area: 4UD (UD D)	GE foundations; upper division standing; open to Pre-HSC majors
	HSC 430: School Health Program (3)	a 'C' or better in HSC 421
	HSC 435: Health Promotion & Risk Reduction (3)	a 'C' or better in HSC 421; upper division standing
	HSC 440: Applied Concepts of Health Science (3) GE Area: GWAR Writing Intensive	a 'C' or better in HSC 430; upper division standing

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓A 'C' or better is required in all courses

✓All HSC courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/general-education-requirements

✓Total units required for SHE option: 59-65