

BS in Nutrition & Food Science - *Option in Nutrition*
Lower Division Worksheet
2025-2026 Catalog

→ You must have a **minimum 3.0 overall GPA** in order to declare the Nutrition major.

→ Courses marked with an asterisk (*) must be completed with a **minimum 2.8 GPA**.

Grade	Course Number & Title (units)	Prerequisites†
Complete ALL of the following MSDR courses in order to declare your major:		
	BIOL 201: General Microbiology for Health Professionals (4) * GE AREA: 5B/5C	GE foundations; a 'C' or better in CHEM 111A or 140
	BIOL 207: Human Physiology (4) * GE AREA: 5B/5C	GE Area 2 & one course in GE Area 1 (1A or 1B or 1C)
	CHEM 111A: General Chemistry (5) * GE AREA: 5A/5C	appropriate chemistry placement; either a 'C' or better in MATH 112A, or MATH 112B or higher taken concurrently
	NUTR 132: Introductory Nutrition (3) * GE AREA: 5B	corequisite: one GE foundation course
	ONE (1) of the following: * ☐ MATH 113: Precalculus Algebra (3) GE AREA: 2 - foundation OR ☐ MATH 112A: Essential Algebra A (3) GE AREA: 2 - foundation AND ☐ MATH 112B: Essential Algebra B (3)	113: appropriate math placement 112A: appropriate math placement or concurrently enrolled in MATH 92A 112B: a 'C' or better in MATH 112A
	ONE (1) of the following: * ☐ HDEV 190/PSY 110/SOC 170: Elementary Statistics (4) GE AREA: 2 - foundation ☐ STAT 108: Statistics for Everyday Life (3) GE AREA: 2 - foundation ☐ STAT 118: Introductory Business Statistics (3) GE AREA: 2 - foundation ☐ BIOL 260: Biostatistics (3)	BIOL 260: BIOL 201 or 207 or 211; a 'C' or better in MATH 111 or 113 or 119A or 122 all others: appropriate math placement
	Any GE Foundation 1A: English Composition course (3)	appropriate English placement
	Any GE Foundation 1B: Critical Thinking course (3)	see catalog
	Any GE Foundation 1C: Oral Communication course (3)	none

Additional lower division major courses:

	BIOL 208: Human Anatomy (4)	a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, or DANC 261
	CHEM 227: Fundamentals of Organic Chemistry (3)	a 'C' or better in CHEM 111A or 112A
	FSCI 232: Food Science (3) GE AREA: 5B	none
	HM 176: Fundamentals of Food Preparation (3)	none
	PSY 100: General Psychology (3) GE AREA: 4C	GE composition ready

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/student-records/fall-2025-ge-requirements

✓ A 'C' or better is required in all courses