

Mindful Practices for Working in the Field during COVID-19



Make it a habit and remember to:

- Always wear a protective mask and maintain a safe distance (at least 6 feet) when photographing people.
- Use a telephoto lens when possible.
- Carefully clean camera body and lenses with isopropyl alcohol (60%+) or disinfectant before and after use. *Lightly mist with spray bottle & wipe or use disinfectant wipe or paper towel dipped in alcohol. Use Q-tip or similar to get into small areas.*
- Do not share your camera or show pictures on the back of the camera to others when working.
- Avoid placing camera bag on public surfaces. If you do, wash or thoroughly sanitize with spray cleaner after use.
- Carefully clean computer keyboard and cell phone after use in the field.
- Thoroughly wash hands regularly after handling electronic equipment. Carry sanitizing hand wipes in your camera bag.

Keep in mind: Camera and computer equipment are made of metal, plastic and glass. Recent studies find that the coronavirus can live on those surfaces up to 2 to 5 days.

Helpful Links:

- [How to Disinfect Camera Equipment and Spaces](#)
- [How to dress to save your life: L.A. Times photojournalists take on a whole new danger](#)
- [Photographers Discuss Precautions to Take When Returning to Work Post COVID-19 Restrictions](#)