



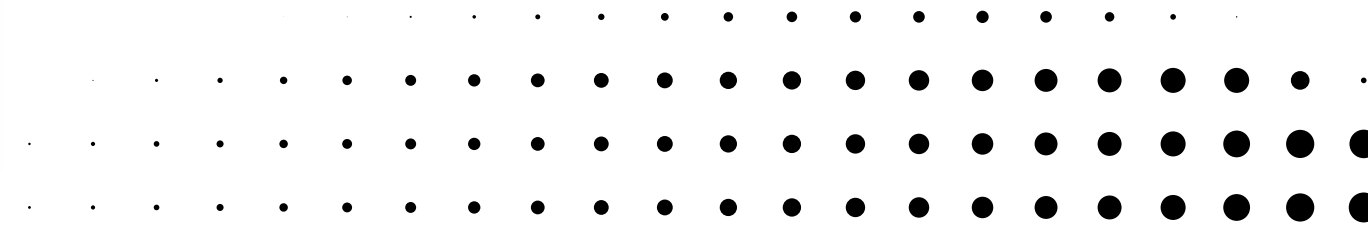
GRADUATE PROGRAM

APPLIED NUTRITION & DIETETICS

CALIFORNIA STATE UNIVERSITY, LONG BEACH

GP Information Session

Mr. James Childers MS, RD





Life at the Beach

- #1 most-applied-to campus in the Cal State System
- Google: CSULB campus resources to see the complete list
- Lots of unique spots and entertainment on campus
- 300+ student organizations including the Student Dietetic Association, Students Active in Community Health, and the Food Science Club
- Close knit community and staff that prioritizes student success

GO BEACH



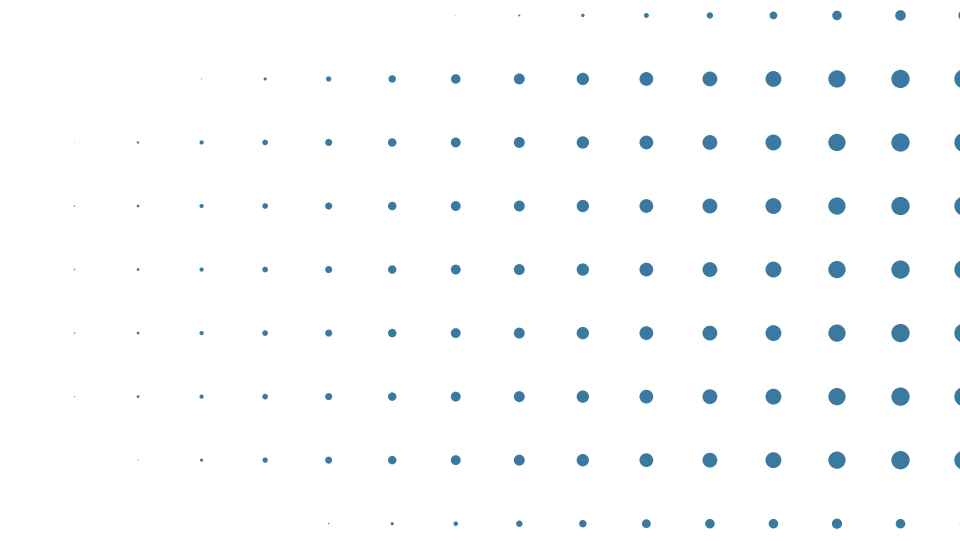
Commuting/Life by the Beach

- Maintaining my job
 - Save money
 - Being close to friends
 - Carpooling
 - Multiple routes
- 10 minutes from Seal Beach
 - Aquarium of the Pacific
 - Long Beach Convention Center
 - Whale watching
 - Swan boat riding





WHAT'S A GP?

- ACEND accredited “Graduate Program/GP” - a new option in place of the “Dietetic Internship/DI”
 - Results in a M.S. in Applied Nutrition and Dietetics and readiness to take the RDN exam
 - More integrated approach to training RDNs
- 





GP vs DI+MS Differences

- No DPD Verification Statement required
- Set pre-reqs required for all applicants (DPD or not)
- Graduate coursework integrated with supervised learning hours
- Competency-based training
- Accelerated pace
- No one is an “intern” – all are “graduate students”





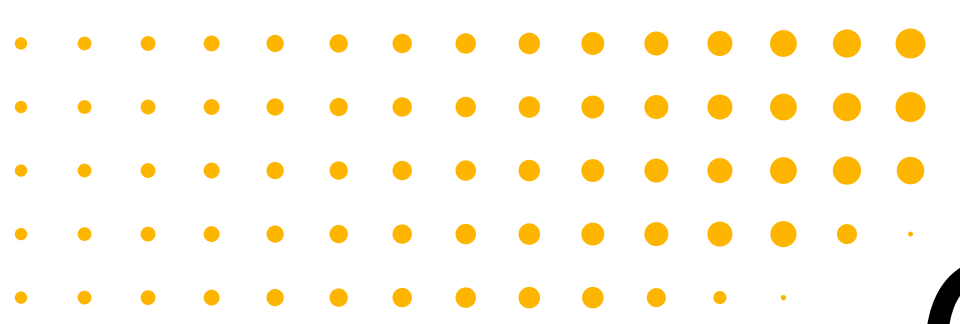
GP vs DI+MS Similarities

- Complete at least 1,000+ supervised hours across clinical, community, food service, and other nutrition settings
- Grads must achieve competency across various practice areas
- Grads receive a Master's degree and readiness for RDN exam



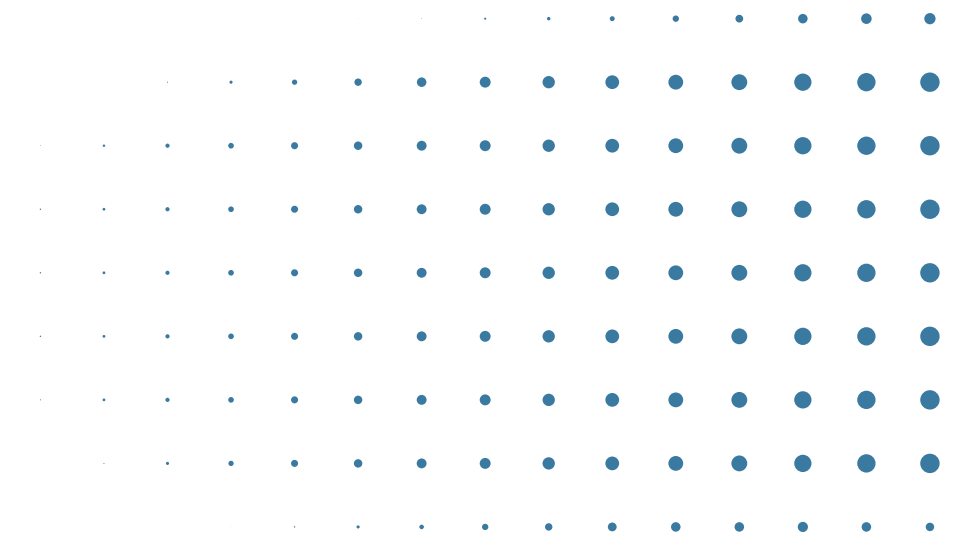
Careers





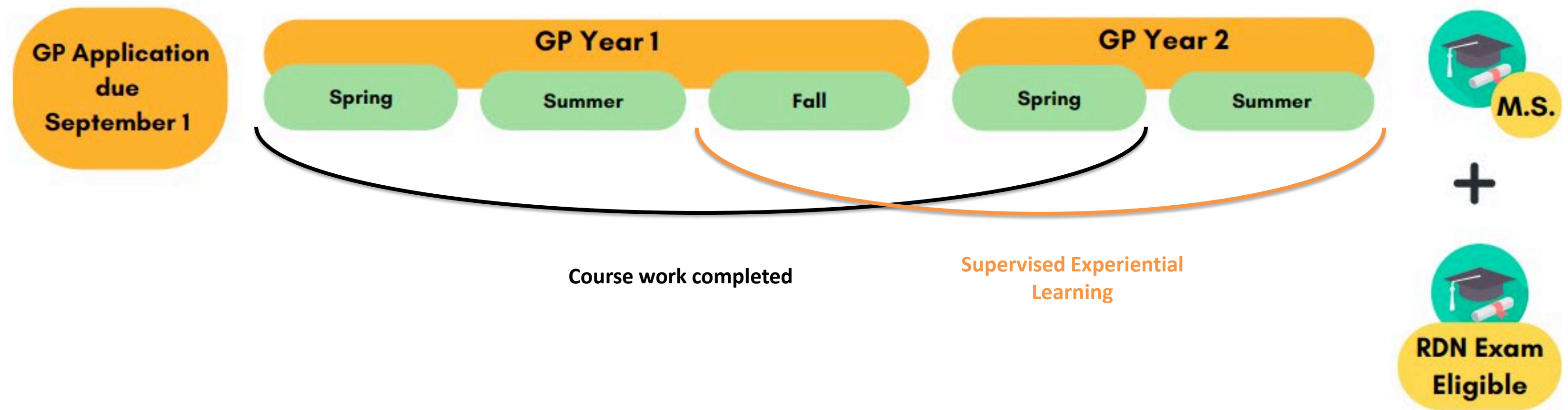
GP@CSULB Mission

To train graduates for **evidence-based practice** as registered dietitian nutritionists equipped to **solve problems**, serve diverse populations with **cultural humility**, and **advocate for good** in their workplaces and communities.



Curriculum Summary

- Full-time, 19-months
- Start in January, ends in August of Year 2



Sample Schedule

Year 1

Spring:

- Classes only
- 2-3 full days/week in person

Summer:

- Classes only
- 2-3 full days/week in person

Fall:

- Mondays: Class all day/into evening
- Wednesday: Night class possible
- Tues-Fri: 32 hours/week supervised learning

Year 2

Spring:

- Monday: Online classes all day
- Wednesday: Online night class
- Tues-Fri: 32 hours/week supervised learning

Summer

- 32 hours/week supervised learning

Year 1 (In-Seat Classes)



Spring

- NUTR 500: Nutrition Assessment
- NUTR 501: Evidence Based Practice & Research
- NUTR 561: Community Nutrition Programs & Policies
- NUTR 502: Foodservice for a Diverse Population

Summer

- NUTR 504: Medical Nutrition Therapy 1
- NUTR 506: Practice Applications- Nutritional Genomics, Pharmacology, and Supplements
- NUTR 510: Career Success Strategies for Nutrition Professionals
- NUTR 503: Eating for the Planet - Sustainability & Food Systems

Fall

- NUTR 507: Managing People, Budgets, and Problems in Food & Nutrition Settings
- NUTR 508: Medical Nutrition Therapy 2
- NUTR 505: Culturally Sensitive Nutrition Counseling & Education
- NUTR 520: Supervised Experiential Learning (Tues-Friday)

Year 2 (Online Classes + Distance SEL Option)



Spring

- NUTR 509: Dreams To Dollars - Marketing, Entrepreneurship, and Grant Writing for Nutrition
- NUTR 511: Capstone Project
- NUTR 520: Supervised Experiential Learning (Tues-Friday)
- Special Emphasis Elective Course

Summer

- NUTR 520: Supervised Experiential Learning (Tues-Friday)



Admissions

APPLICATION TRACK #1: TRADITIONAL Bachelor's Degree + Prerequisites



Bachelor's Degree from U.S. institutional accredited college or university awarded by December



Evidence of prerequisite courses with a "C" or better

- | | |
|--|--|
| • College algebra or higher (MATH 113) | • Microbiology (BIOL 201) |
| • Introductory nutrition (NUTR 132) † | • Anatomy (BIOL 208) |
| • Intro to food preparation (HM 176) | • Physiology + lab (BIOL 207) |
| • Food science (FSCI 232) | • Life course nutrition (NUTR 331)* † |
| • Statistics (PSY 110/STAT 118) | • Advanced nutrition (macro and micronutrient metabolism) or equivalent, typically covered across 1-2 course series (NUTR 436A/B)* † |
| • Psychology (PSY 100, SOC 330) | |
| • General chemistry + lab (CHEM 111A) | |
| • Organic chemistry + lab (CHEM 227) | |

* These courses are less likely to be found at a community college

† Preferred to have taken at least one nutrition course within the last 5 years.



Applying

- **Applications due beginning of September**
- Cal State Apply and DICAS opens beginning of August

Refer to GP website for details!



Applying



Welcome to The California State University

Thank you for your interest in The California State University. You can apply for the 2024-2025 cycle here, including Fall 2024, Winter 2025, Spring 2025, and Summer 2025. [Click here to apply to the 2023-2024 cycle.](#)

You can apply for the Summer Arts 2024 program here.

To determine the exact deadline for your desired program, visit the [Application Dates & Deadlines](#) page.

Refer to the [Applicant Help Center](#) for additional information, including [browser requirements](#). Here, you can chat with us for live support.

Sign in with your username and password below. First time here? Select Create an Account to get started.

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	<input type="password"/>

Sign In

Create an Account

[Forgot your username or password?](#)

[Reapplying to The California State University?](#)



Welcome to DICAS

This application cycle is closing soon!

The 2023-2024 DICAS application cycle will close on July 14, 2024. Be sure to check your program deadline dates and submit your application to your programs before those dates. Additionally, review the final application processing dates in the [DICAS Applicant Help Center](#). The 2024-2025 application cycle will open in early August.

Welcome to DICAS, the centralized application service for dietetics. DICAS is a service of the Academy of Nutrition and Dietetics.

DICAS offers a convenient, web-based application service that allows applicants to apply to participating dietetics supervised practice programs and/or graduate dietetics programs by completing a single online application.

If you need accommodations or assistance regarding the accessibility of DICAS, please contact customer support at 617-612-2855.

Sign in with your username and password below. First time here? Select Create an Account to get started.

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	<input type="password"/>

Sign In

Create an Account

[Forgot your username or password?](#)

[Re-applying to DICAS?](#)



Application Checklist

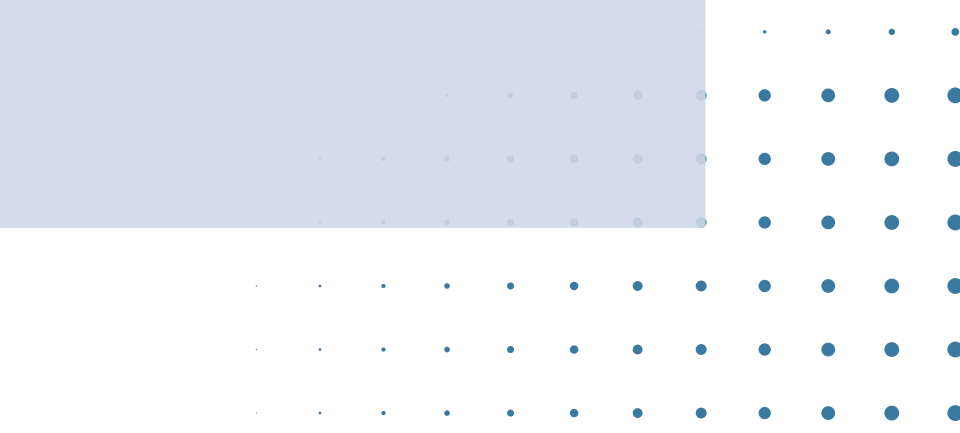
Submit to BOTH Application Portals

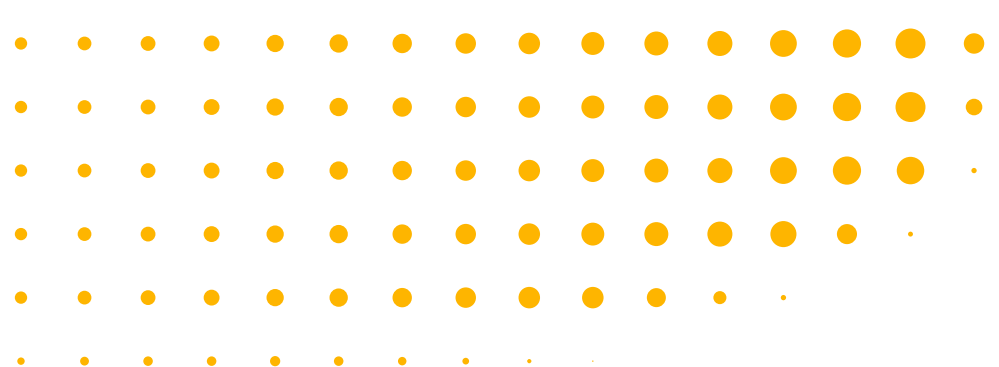
- Official Transcripts
- Contact info for 3 references
 - One (1) reference from a professor or faculty member
 - One (1) reference from a supervisor.
 - One (1) reference letter of applicant's choice
- Personal statement
- Resume/CV

Cal State Apply

- \$70 application fee
- Complete their application (basic information)
- Demonstration of Writing Proficiency (GRE or writing sample – see website)

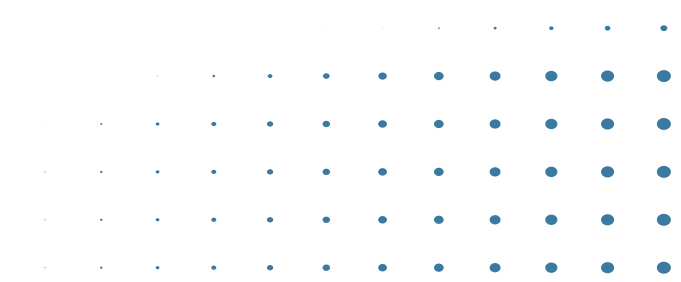
DICAS

- \$50 application fee
 - Complete the DICAS application (enter your coursework, experience, and answer questions)
 - Answer 6 short-answer questions for the GP
- 



Tips

- Find references sooner rather than later
 - inform them of your timeline
- As soon as applications open:
 - Order transcripts to send to CSU Apply and DICAS
 - Enter your reference email addresses so they receive the links to upload letters to CSU Apply and DICAS. Letters can be the same.



Timeline

- **Application Deadline for Cal State Apply and DICAS Applications reviewed by CSULB Admissions**

September
1st



- **GP Admissions Committee reviews the final pool of applicants, and Zoom interviews will occur**

Month of
October



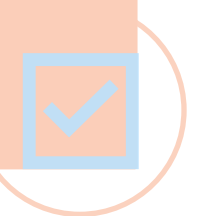
- **Applicants are notified of their admission status**

October 31



- **Applicants must accept/decline the admissions offer**

November
15



- **Required on-campus orientation activities for GP students**

January 13-
15, 2027



- **First day of classes**

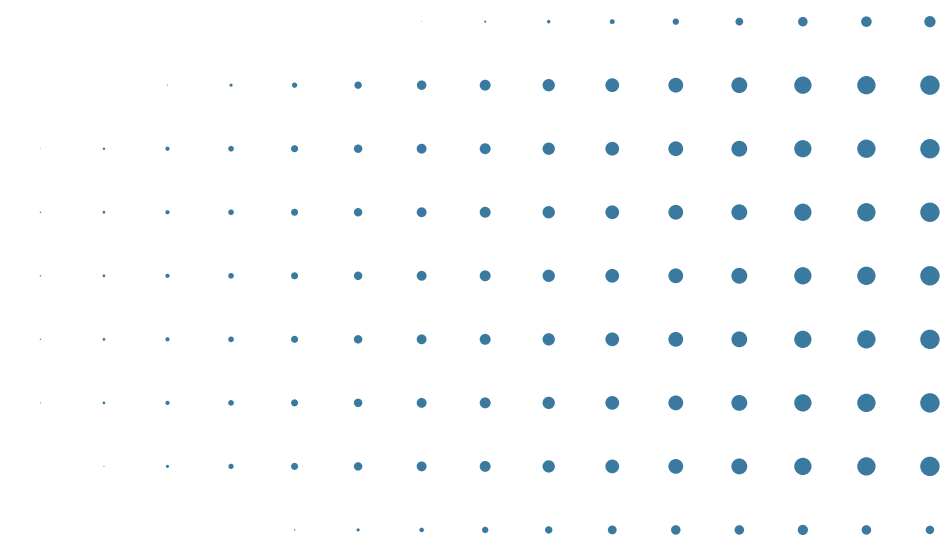
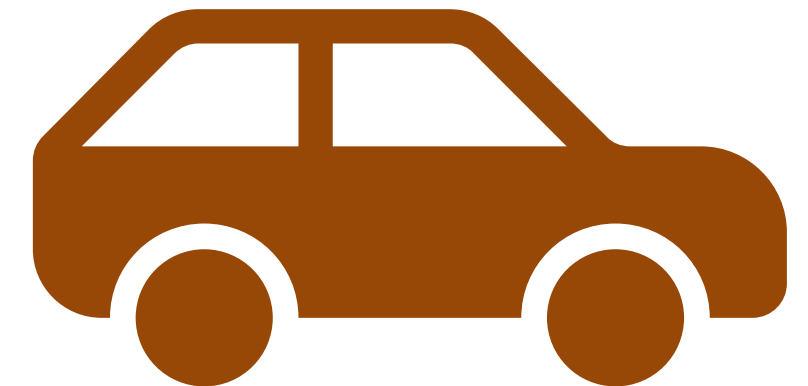
January 20,
2027





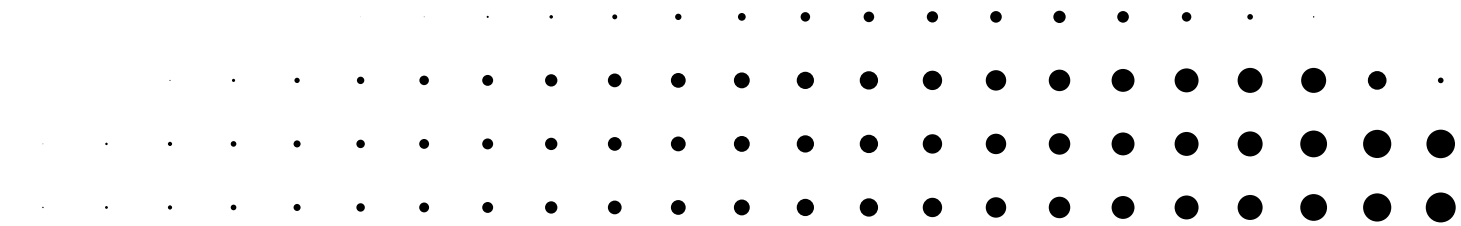
Costs

- Rough estimate of total tuition/fees for a California resident: \$18,558
- Other expenses (see [web for breakdown](#))
 - Housing/food
 - Books/supplies
 - Transportation (must have a working car)
 - Drug testing/liability insurance/background checks
 - Membership to AND



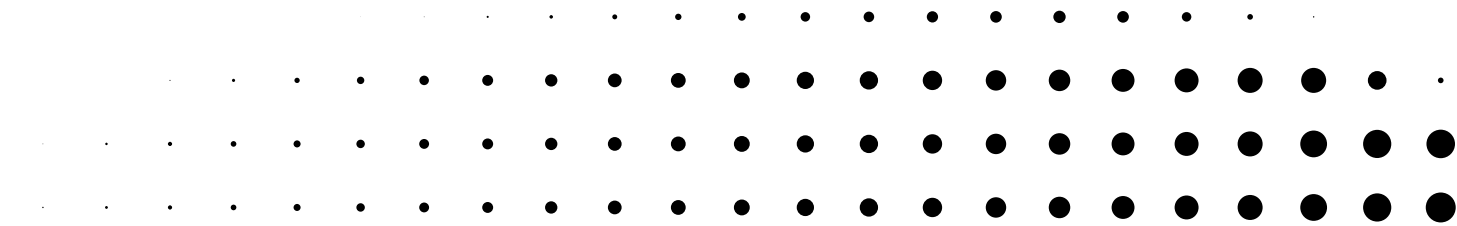
Program Specifics

- Supervised practice (SEL)
 - What it is like
 - Types of sites
- Distance option in Year 2
 - Self Select option



Program Specifics

- Special emphases
 - Sports
 - Community
 - Media & Communications
- Dictates your elective choice as well as your specialty rotation choice



Program Specifics

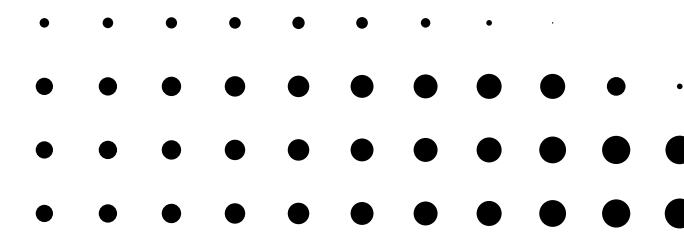
- Capstone project

Part I: Writing Assignment

Capstone Project

There are several options for a Capstone Project that students may complete as their culminating project for NUTR 511. Graduate students of the GPAND are expected to focus their selected Capstone paper within their area of emphasis (Community Nutrition, Sports Nutrition, Media and Communications). With the approval of Capstone advisor, students may select one of the four following projects:

1. **Evaluation of an existing program** – Students evaluating an existing program will collaborate with an identified preceptor, provide a description of the program, explain the purpose of the evaluation, describe the methods and procedures used to evaluate the program, identify the logistics of carrying out the evaluation, and present the results of the evaluation.
2. **Written project plan for a program** – Students creating a project plan for a program will collaborate with an identified preceptor, determine an appropriate project or need within a work setting, write up appropriate aims or objectives, develop an intervention, **EITHER** implement the proposed intervention and collect data after the intervention, **OR** have a panel of 4-5 subject matter experts review your proposed project plan, and summarize the principal findings.
3. **Grant proposal** – Students writing a grant proposal for a dietetics/public health initiative will identify the problem for which the grant would be used, explain the significance, list the hypotheses/questions to be answered, review the literature associated with the problem, create goals and objectives, methods, create a timeline and budget, and explain how the intervention would be evaluated.
4. **Systematic review of the literature** – Students conducting a systematic review will define a study question, create a strategy to identify appropriate literature, read and review the literature, extract the appropriate information from the literature, summarize the findings, present conclusions, and make recommendations based on the systematic review. Students selecting this option must follow standard guidelines for conducting a review, ideally PRISMA or STROBE. For more information on this option, refer to the JAND. The exact dates (including) day of the search period should be reported.





Stay Updated!

Get on the GP Email list:

1. Email this address: LISTSERV@list.csulb.edu
2. With no subject
3. Body text reading: SUBSCRIBE CHHS-FCS-GPAND
4. Accept via a confirmation email